

# OREGON SCHOOL OF MASSAGE

## Winter 2025 Class Schedule

Version 2 10/31/24	Monday 1/6-3/10	Tuesday 1/7-3/11	Wednesday 1/8-3/12	Thursday 1/9-3/13	Friday 1/10-3/14	Sat/Sun
<b>Morning</b> 9am-12pm		<b>Massage Fundamentals</b> ♦ (+Sat 2/1 & 2/22) Hueller - Salem	<b>APS Seminar</b> ▲ Hueller - Online 1/8, 2/5, 3/12	<b>Business Intro</b> Dixon Barry - Salem 1/9 - 2/6  <b>Pathology 2</b> Dixon - Online 9:30a-12:30p  <b>Massage Fundamentals</b> ♦ (+Sat 2/1 & 2/22) Portland - Feldman  <b>Shiatsu I</b> Pyles - Salem		
<b>Afternoon</b> 1:30-4:30pm	<b>Anat &amp; Phys 3</b> Wesley - Online  <b>Communication/Ethics</b> Dixon - Portland 1-4pm  <b>Kines - Upper</b> McLaughlin - Salem  <b>Shiatsu I</b> Ward - Portland  <b>Statutes</b> ▲ Aguayo - Online 2/24 & 3/3, 1-4p	<b>Pathology 1</b> Dixon - Online 1-4pm  <b>Clinic</b> ▲ Berg - Portland (1-5:30p)  <b>Communication/Ethics</b> Dixon Barry - Salem  <b>Massage - A&amp;A</b> Hueller - Salem	<b>Clinic</b> ▲ Dixon Barry - Salem (1-5:30p)	<b>Palpation Skills</b> Feldman - Portland 2/13 - 3/13		
<b>Evening</b> 6-9pm	<b>Massage - Upper</b> McLaughlin - Salem  <b>Shiatsu 2</b> Ward - Portland		<b>Anat &amp; Phys 1</b> McLaughlin - Online	<b>Massage Theory</b> Dixon - Online 1/9-2/6		

**REGISTRATION**

**PRIORITY REGISTRATION:**  
Oct 31st, 2024

**OPEN REGISTRATION:**  
Nov 5th at 10AM

**CORE REG CLOSES:**  
Dec 20th, 2024

**Tuition is due at time of registration.**

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 2/1 & 2/22. **BOLD = Core Classes**

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part A	Online	30	Ward	Jan 8-Mar 12	WE 6-9p	\$750	None
	Advanced Foam Rolling	Online	7.5	Dixon	Feb 11-Mar 11	TU 10-11:30a	\$190	Myofascial Foam Rolling
	<b>Advanced Practice Skills Seminar</b>	<b>Online</b>	<b>6</b>	Hueller	Jan 8-Mar 12	<b>WE 9a-12p; 1/8, 2/5, 3/12</b>	<b>\$135</b>	<b>Clinic or SF Clinic, Final Quarter Declaration</b>
	<b>Anatomy &amp; Physiology 1</b>	<b>Online</b>	<b>30</b>	McLaughlin	Jan 8-Mar 12	WE 6-9p	<b>\$615</b>	<b>None</b>
	<b>Anatomy &amp; Physiology 3</b>	<b>Online</b>	<b>30</b>	Wesley	Jan 6-Mar 10	<b>MO 12-3p</b>	<b>\$615</b>	<b>AP 1</b>
	Body-Based Trauma Relief	Online	4	Dixon	Feb 21	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Jan 24	FR 12-4p	\$105	Comm/Ethics or LMT
	Communicating with Resonance	Online	4	Welton-Miller	Jan 14	TU 9-1p	\$105	None
	Franklin Method: Abdominals	Online	3	Wesley	Jul 30	SU 900-1200p	\$75	NONE, Kinesiology recommended, OR LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	Feb 7	FR 9-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Inquiring into Pain Stories	Online	3	Dixon	Jan 31	FR 100-400p	\$85	NONE
	<b>Massage Theory</b>	<b>Online</b>	<b>14</b>	<b>Dixon</b>	Jan 9-Feb 6	<b>TH 6-9p</b>	<b>\$305</b>	<b>Fundamentals (may be concurrent)</b>
	Myofascial Foam Rolling	Online	7.5	Dixon	Jan 7-Feb 4	TU 10-11:30a	\$190	None
	<b>Pathology 1</b>	<b>Online</b>	<b>30</b>	<b>Dixon</b>	Jan 7-Mar 11	<b>TU 1-4p</b>	<b>\$615</b>	<b>AP 1 (recommended: AP 2)</b>
	<b>Pathology 2</b>	<b>Online</b>	<b>30</b>	<b>Dixon</b>	Jan 9-Mar 13	<b>TH 9:30a-12:30p</b>	<b>\$615</b>	<b>AP1, Path 1(recom:AP 2, AP 3)</b>
	Qigong	Online	3	Dixon	Feb 7	FR 1-4p	\$85	None
	<b>Statutes</b>	<b>Online</b>	<b>6</b>	<b>Aguayo</b>	Feb 24-Mar 3	<b>MO 1-4p</b>	<b>\$130</b>	<b>Comm/Ethics, Clinic (may be concurrent)</b>
	Tai Chi for Better Balance	Online	3	Dixon	Mar 7	FR 1-4p	\$85	None
	Understanding Chronic Pain	Online	3	Dixon	Feb 28	FR 100-400p	\$85	NONE



# Winter 2025 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	<b>Clinic</b>	<b>Portland</b>	<b>45</b>	<b>Berg</b>	Jan 7-Mar 11	<b>TU 1-5:30p</b>	<b>\$900</b>	<b>Mass Assess/App (concurrent)</b>
	<b>Communication/Ethics</b>	<b>Portland</b>	<b>30</b>	<b>Dixon</b>	Jan 6-Mar 10	<b>MO 1-4p</b>	<b>\$615</b>	<b>Massage Fund (may be concurrent)</b>
	Craniosacral Therapy Introduction	Portland	15	Dixon	Jan 17-Jan 19	FR 6-9p; SA&SU 10a-5p	\$370	None
	Hydrotherapy 5 Weeks	<b>Portland</b>	<b>15</b>				<b>\$326</b>	<b>Mass Fund, AP 1 (recommended: AP 2)</b>
	Insurance Billing for LMTs	Portland	3	Davis	Jan 12	Sun 9am-12pm	\$85	Massage Fundamentals or equivalent.
	Intro to Sports Massage	Portland	6	Verschingel	Jan 25	SA10am-5pm	\$165	Massage - Fundamentals
	<b>Kinesiology - Lower Body</b>	<b>Portland</b>	<b>30</b>	<b>Casey</b>	Jan 7-Mar 11	<b>TU 9a-12p</b>	<b>\$615</b>	<b>AP I, Massage Fundamentals</b>
	Lymphatic Detox Introduction	Portland	9	Dixon	Feb 28-Mar 1	FR 6-9p, SA 10a-5p	\$220	Massage Fundamentals
	Massage For Persons With Diabetes	Portland	4	Mozingo	Jan 11	Sat 12-4pm	\$105	
	Massage for End of Life Care	Portland	6	Casey	Feb 8	SA 9a-4p	\$150	Massage Fundamentals
	Massage Basics	Portland	7.5	Feldman	Jan 29-Feb 12	WE 9-11:30p	\$75	None
	Massage Room Design	Portland	5	Smith	Jan 26	Su 10a-3:30p	\$135	
	<b>Massage - Fundamentals</b>	<b>Portland</b>	<b>45</b>	<b>Feldman</b>	Jan 9-Mar 13	<b>TH 9a-12p; SA 2/1 &amp; 2/22</b>	<b>\$1156</b>	<b>Recom: Concurrent with Comm/Ethics</b>
	<b>Massage - Lower Body</b>	<b>Portland</b>	<b>30</b>	<b>Casey</b>	Jan 7-Mar 11	<b>TU 1-4p</b>	<b>\$615</b>	<b>Mass Fund., Comm, Kines Lower (may be concurrent)</b>
	Manual Resisted Muscle Testing	Portland	15	Libby	Feb 1-Feb 2	Sat-Sun 9am-5:30pm	\$340	Kinesiology - Upper Body or Lower Body
	Myofascial Massage Introduction	Portland	12	Dixon	Feb 8-Feb 9	SA&SU 10a-5p	\$290	Massage Fundamentals
	<b>Palpation Skills</b>	<b>Portland</b>	<b>15</b>	<b>Feldman</b>	Feb 13-Mar 13	<b>TH 1:30-4:30p</b>	<b>\$326</b>	<b>Mass/Kines Up &amp; Low (may be taken concurrent w/ 2nd session)</b>
	Reiki 2nd Degree	Portland	18	Knorr	Jan 24-Jan 26	FR 6-8p & SA-SU 9a-6p	\$450	Reiki 1st Degree (at least 3 mos prior to Reiki 2)
	<b>Shiatsu I - Short Form (Back)</b>	<b>Portland</b>	<b>30</b>	<b>Ward</b>	Jan 6-Mar 10	<b>MO 1:30-4:30p</b>	<b>\$615</b>	<b>AP 1 (concurrent) or LMT</b>
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Jan 6-Mar 10	MO 6-9p	\$750	Shiatsu 1
	Shiatsu Short Form - Tutorial	Portland	3	Ward	Jan 9-Mar 13	TBD	\$115	Must take with Shiatsu SF Clinic.
	Shiatsu Short Form Clinic	Portland	45	Ward	Jan 9-Mar 13	TH 1-5:30p	\$900	
	Thai Massage - Level I	Portland	16	Weitzer	Feb 21-Feb 23	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$440	None

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	<b>Business of Massage - Introduction</b>	<b>Salem</b>	<b>15</b>	<b>Dixon Barry</b>	Jan 9-Feb 6	<b>TH 9a-12p</b>	<b>\$325</b>	<b>Mass Up &amp; Low (Shiatsu SF Clinic, Clinic, Massage A&amp;A may be concurrent)</b>
	<b>Clinic</b>	<b>Salem</b>	<b>45</b>	<b>Dixon Barry</b>	Jan 8-Mar 12	<b>WE 1-5:30p</b>	<b>\$900</b>	<b>Mass Assess/App (concurrent)</b>
	<b>Communication/Ethics</b>	<b>Salem</b>	<b>30</b>	<b>Dixon Barry</b>	Jan 7-Mar 11	<b>TU 1:30-4:30p</b>	<b>\$615</b>	<b>Massage Fund (may be concurrent)</b>
	<b>Kinesiology - Upper Body</b>	<b>Salem</b>	<b>30</b>	<b>McLaughlin</b>	Jan 6-Mar 10	<b>MO 1:30-4:30p</b>	<b>\$615</b>	<b>AP I, Massage - Fundamentals</b>
	Massage Basics	Salem	7.5	Hueller	Jan 29-Feb 12	WE 1:30-4p	\$75	None
	<b>Massage - Assessment &amp; Application</b>	<b>Salem</b>	<b>30</b>	<b>Hueller</b>	Jan 7-Mar 11	<b>TU 1:30-4:30p</b>	<b>\$615</b>	<b>Mass/Kines- Up &amp; Low, Hydro, Path 1</b>
	<b>Massage - Fundamentals</b>	<b>Salem</b>	<b>45</b>	<b>Hueller</b>	Jan 7-Mar 11	<b>TU 9a-12p; SA 2/1 &amp; 2/22</b>	<b>\$1156</b>	<b>Recom: Concurrent with Comm/Ethics</b>
	<b>Massage - Upper Body</b>	<b>Salem</b>	<b>30</b>	<b>McLaughlin</b>	Jan 6-Mar 10	<b>MO 6-9p</b>	<b>\$615</b>	<b>Mass Fund., Comm, Kines Upper (may be concurrent)</b>
	On-Site Chair Massage I	Salem	6	Aguayo	Feb 3	Mon 10a-5p	\$165	Massage - Fundamentals
	SEO & Social Media for Your Business	Salem	5	Lee	Feb 22	SA 9a-3p	\$130	None
	<b>Shiatsu I - Short Form (Back)</b>	<b>Salem</b>	<b>30</b>	<b>Pyles</b>	Jan 9-Mar 13	<b>TH 9a-12p</b>	<b>\$615</b>	<b>AP 1 (concurrent) or LMT</b>

*Dates and times are subject to change.*

**Keep your eyes open for updated versions - new classes may be added!**

