

# Winter 2019 Class Schedule Portland

Version 7 1/10/2019	Monday 1/7-3/11	Tuesday 1/8-3/12	Wednesday 1/9-3/13	Thursday 1/10-3/14	Friday 1/11-3/15	Sat/Sun 1/12 - 3/16
<b>Morning 9am-12pm</b>			<b>Kinesiology Lower</b> Anne Conary  <b>Statutes</b> Melanie Morin (2/20 & 2/27)		<b>Hydrotherapy Weekend</b> Kitty Lawrence (3/8-3/10)	
<b>Afternoon 1:30-4:30pm</b>	<b>Shiatsu II</b> Wendy Ward	<b>Anat &amp; Phys II</b> Gay Blackwell (1- 4pm)	<b>Pathology I</b> Gay Blackwell (1- 4pm)  <b>Massage Lower</b> Michael Dixon Barry  <b>Comm/Ethics</b> Kristy Bess	<b>APS Seminar ^</b> Anne Conary (1/10, 2/7, 3/14)  <b>Massage Theory</b> Marian Dixon (2/14-3/14)  <b>Shiatsu SF Clinic ^</b> Wendy Ward (1-5:30pm)	<b>REGISTRATION</b>  <b>FINAL QUARTER:</b> NOV 6, 2018  <b>CONTINUING:</b> NOV 13, 2018  <b>Tuition is due at registration.</b>	
<b>Evening 6:30-9:30pm</b>	<b>Comm/Ethics</b> Alan Wells  <b>Shiatsu I</b> Wendy Ward  <b>Palpation Skills</b> Marian Dixon (2/11 - 3/11)	<b>Anat &amp; Phys III</b> Gay Blackwell  <b>Clinic ^</b> Michael Dixon Barry (5:00p - 9:30p)  <b>Massage Fundamentals♦</b> Lisa Barck Garofalo	<b>Anat &amp; Phys I</b> Gay Blackwell  <b>Massage Upper</b> Melanie Morin  <b>Business Intro</b> Michael Dixon Barry (1/9 - 2/6)	<b>Kinesiology Upper</b> Anne Conary  <b>Pathology II</b> Gay Blackwell  <b>Shiatsu III</b> Wendy Ward		
♦ <b>Massage Fundamentals:</b> Includes one <b>required</b> class Sat in Portland (2/2- 9am-4:30pm) <b>and</b> one weekend at Breitenbush Hot Springs (2/22-2/24, Fri pm - Sun aft)						
^ Attendance is <b>required</b> at ALL classes <b>APS Seminar</b> class times: 1/10 (1:30-4:30pm) 2/7 (1:30-3:30pm) 3/14 (1:30-2:30pm)						

Core Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	6	Conary	Jan 10-Mar 14	Thu 1:30-4:30pm	\$115	Clinic or SF Clinic
Anatomy & Physiology I	30	Blackwell	Jan 9-Mar 13	Wed 6:30-9:30pm	\$530	None
Anatomy & Physiology II	30	Blackwell	Jan 8-Mar 12	Tue 1-4pm	\$530	AP I
Anatomy & Physiology III	30	Blackwell	Jan 8-Mar 12	Tue 6:30-9:30pm	\$530	AP I
Business of Massage - Introduction	15	Dixon Barry	Jan 9-Feb 6	Wed 6:30-9:30pm	\$280	Mass Up & Low
Clinic	45	Dixon Barry	Jan 8-Mar 12	Tue 5-9:30pm	\$775	Mass Assess/App (concurrent)
Communication/Ethics	30	Wells	Jan 7-Mar 11	Mon 6:30-9:30pm	\$530	Massage Fundamentals (may be concurrent)
Communication/Ethics	30	Bess	Jan 9-Mar 13	Wed 1:30-4:30pm	\$530	Massage Fundamentals (may be concurrent)
Hydrotherapy	15	Lawrence	Mar 8-Mar 10	Fri 6-9pm & Sat-Sun 9am-4pm	\$280	Mass Fund., AP I (recommended: AP II)
Kinesiology - Lower Body	30	Conary	Jan 9-Mar 13	Wed 9am-12pm	\$530	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Conary	Jan 10-Mar 14	Thu 6:30-9:30pm	\$530	AP I, Massage Fundamentals
Massage - Fundamentals	45	Barck Garofalo	Jan 8-Mar 12	Tue 6:30-9:30pm	\$995	None
Massage - Lower Body	30	Dixon Barry	Jan 9-Mar 13	Wed 1:30-4:30pm	\$530	Mass Fund., Comm, Kines Lower (concurrent)
Massage - Upper Body	30	Morin	Jan 9-Mar 13	Wed 6:30-9:30pm	\$530	Mass Fund., Comm, Kines Upper (concurrent)
Massage Theory	14	Dixon	Feb 14-Mar 14	Thu 1:30-4:30pm	\$260	Mass Fund. (concurrent)
Palpation Skills	15	Dixon	Feb 11-Mar 11	Mon 6:30pm-9:30pm	\$280	Mass/Kines Up & Low (concurrent w/ 2nd series)
Pathology I	30	Blackwell	Jan 9-Mar 13	Wed 1-4pm	\$530	AP I (recommended: A&P II)
Pathology II	30	Blackwell	Jan 10-Mar 14	Thu 6:30-9:30pm	\$530	Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Jan 7-Mar 11	Mon 6:30-9:30pm	\$530	AP I (concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Jan 7-Mar 11	Mon 1:30-4:30pm	\$530	Shiatsu I
Shiatsu Short Form - Tutorial	3	Ward	Jan 10-Mar 14	By Appointment	\$95	Short Form Clinic (concurrent)
Shiatsu Short Form Clinic	45	Higgins	Jan 10-Mar 14	Thu 1-5:30pm	\$775	Shiatsu II, Comm/Ethics; Path I (concurrent)
Statutes	6	Morin	Feb 20-Feb 27	Wed 9am-12pm	\$110	Communications/Ethics

*Dates and times are subject to change.*

*(concurrent: taken before or during the same quarter)*



# Winter 2019 Class Schedule Portland

**NOTES:**

**On-Site Chair I, Recordkeeping/Tax Reporting** both count as a business elective.

**Massage Basics & CPR** are Community Education courses and do not count towards program elective hours.

<u>Elective Classes</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Active Isolated Stretching for Upper	6	Morton	Feb 11	Mon 9am-4pm	\$150	Massage Upper or LMT
Active Isolated Stretching Upper Body	16	Morton	Feb 9-Feb 10	Sat-Sun 9am-6pm	\$370	Massage-Upper or LMT
Aromatherapy Foundations - Part IV	7.5	Sidlo	Jan 26	Sat 9am-5:30pm	\$250	Aromatherapy Part I, II & III
Building Your Ethical Body	4	Dixon	Feb 3	Sun 1-5pm	\$90	Comm/Ethics or LMT
Couples Massage	7	Barck Garofalo	Feb 16	Sat 10am-6pm	\$150	None
CPR	4	Hueller	Jan 12	Sat 9:30am-1:30pm	\$85	None
CPR	4	Hueller	Jan 12	Sat 2:30pm-6:30pm	\$85	None
Craniosacral Therapy Introduction	15	Dixon	Jan 18-Jan 20	Fri 6:30-9:30pm; Sat -Sun 10am-5pm	\$340	None
Craniosacral Therapy Introduction	15	Dixon	Feb 22-Feb 24	Fri 6:30-9:30pm; Sat -Sun 10am-5pm	\$340	None
Ethical Boundary Setting	4	Wells	Mar 18	Mon 5:30-9:30pm	\$95	Comm/Ethics or LMT
Lymphatic Detox Introduction	9	Dixon	Mar 1-Mar 2	Fri 6:30-9:30pm; Sat 10am-5pm	\$190	Massage Fundamentals
Massage Basics	10	Higgins	Feb 12-Mar 5	Tue 11am-1:30pm	\$85	None
Myofascial Massage Introduction	12	Dixon	Feb 16-Feb 17	Sat-Sun 10am-5pm	\$260	Massage Fundamentals
Nervous System Know-How: A Preview of the Nervous System RFSEFT Model	3	Schaffer	Mar 17	Sun 10am-1pm	\$60	None
Neuromuscular Therapy Introduction	3	Pleau	Feb 13	Wed 6:30-9:30pm	\$70	AP I, Kines-Upper or Lower or equivalent
Neuromuscular Therapy - The Spine	15	Pleau	Feb 23-Feb 24	Sat-Sun 9am-5:30pm	\$340	NMT Intro, AP I, Kines-Upper or equivalent
On-Site Chair Massage I	7	Conary	Feb 2	Sat 9am-5pm	\$165	Massage Fundamentals
Recordkeeping/Tax Reporting	12	Bowman	Jan 26-Jan 27	Sat-Sun 9am-4pm	\$275	None
Reiki Healing	18	Coppieters	Mar 1-Mar 3	Fri 6-8pm; Sat-Sun 9am-6pm	\$320	None
Shiatsu III - Long Form (Back)	30	Ward	Jan 10-Mar 14	Thu 6:30-9:30pm	\$635	Shiatsu II and Shiatsu SF Clinic
Thai Massage - Level I	16	Weitzer	Mar 29-Mar 31	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$390	None
Working with TMD Patients	12	Dixon	Mar 16-Mar 17	Sat-Sun 10am-5pm	\$260	Mass-Up Body, willingness to give/receive intraoral
Vision Issues & Chronic Upper Body Tension	13	Sinclair	Mar 9-Mar 10	Sat-Sun 9am-5pm	\$295	LMT

**Keep your eyes open for updated versions - new classes may be added!**

*Dates and times are subject to change.*

*(concurrent: taken before or during the same quarter)*

