

# Winter 2020 Class Schedule Portland

Version 5 11/18/2019	Monday 1/6-3/9	Tuesday 1/7-3/10	Wednesday 1/8-3/11	Thursday 1/9-3/12	Friday 1/10-3/13	Sat/Sun 1/11-3/14
<b>Morning</b> 9am-12pm	<b>APS Seminar ^</b> Melanie Morin (1/6, 2/3, 3/9)  <b>Statutes</b> Melanie Morin (1/13 & 1/20)	<b>Massage A&amp;A</b> Marian Dixon (9:30-12:30pm)  <b>Kinesiology Lower(2)</b> Monica Fong	<b>Business Intro</b> William Hallett (1/8-2/5)  <b>Kinesiology Lower(1)</b> Monica Fong	<b>Palpation Skills</b> Marian Dixon (1/9-2/6: 9:30-12:30pm) <b>Massage Theory</b> Marian Dixon (2/13-3/12 9:30-12:30pm)  <b>Pathology I</b> Charles Lev	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <b>Hydrotherapy Weekend</b> Cheryl Higgins (2/21-2/23)         </div>  <div style="background-color: #cccccc; padding: 5px; display: inline-block; border: 1px solid black;"> <b>HOLIDAY CLOSURE</b> </div>	
<b>Afternoon</b> 1:30-4:30pm	<b>Shiatsu II</b> Wendy Ward	<b>Clinic ^</b> Melanie Morin (1-5:30pm)  <b>Anat &amp; Phys I</b> Kirstin Haney	<b>Massage Lower (1)</b> Melanie Morin  <b>Massage Lower (2)</b> William Hallett	<b>Shiatsu SF/LF Clinic ^</b> Wendy Ward (1-5:30pm)	<div style="background-color: #333333; color: white; padding: 10px; border: 1px solid black;"> <b>REGISTRATION</b>   <b>FINAL QUARTER:</b> NOVEMBER 5, 2019   <b>CONTINUING:</b> NOVEMBER 12, 2019   <b>Tuition is due at registration.</b> </div>	
<b>Evening</b> 6:30-9:30pm	<b>Shiatsu I</b> Wendy Ward  <b>Pathology II</b> Charles Lev	<b>Massage Fundamentals ♦</b> Lisa Barck Garofalo  <b>Anat &amp; Phys III</b> Kirstin Haney  <b>Kinesiology Upper</b> Monica Fong	<b>Anat &amp; Phys II</b> Kirstin Haney  <b>Massage Upper</b> Melanie Morin	<b>Comm/Ethics</b> Kirstin Haney		

♦ **Massage Fundamentals:** Includes one **required** class Sat in Portland (2/1- 9am-4:30pm) **and** one weekend at Breitenbush Hot Springs (2/21-2/23, Fri pm - Sun aft)  
 ^ Attendance is **required** at ALL classes      **APS Seminar** class times: 1/6(9am-12pm), 2/3(9am-11am) & 3/9(9am-10am)

Core Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	6	Morin	Jan 6-Mar 9	Mon 9am-12pm	\$125	Clinic or SF Clinic, Final Quarter Declaration
Anatomy & Physiology I	30	Haney	Jan 7-Mar 10	Tue 1:30-4:30pm	\$575	None
Anatomy & Physiology II	30	Haney	Jan 8-Mar 11	Wed 6:30-9:30pm	\$575	AP I
Anatomy & Physiology III	30	Haney	Jan 7-Mar 10	Tue 6:30-9:30pm	\$575	AP I
Business of Massage - Introduction	15	Hallett	Jan 8-Feb 5	Wed 9:00am-12pm	\$305	Mass Up & Low (Shiatsu SF Clinic, Clinic,
Clinic	45	Morin	Jan 7-Mar 10	Tue 1-5:30pm	\$840	Mass Assess/App (concurrent),
Communication/Ethics	30	Haney	Jan 9-Mar 12	Thu 6:30-9:30pm	\$575	Massage Fundamentals (may be concurrent)
Hydrotherapy	15	Higgins	Feb 21-Feb 23	Fri 6-9pm, Sat-Sun 9am-4pm	\$305	Mass - Fund., AP I (recommended: AP II)
Kinesiology - Lower Body	30	Fong	Jan 8-Mar 11	Wed 9am-12pm	\$575	AP I, Massage Fundamentals
Kinesiology - Lower Body (2)	30	Fong	Jan 7-Mar 10	Tue 9am-12pm	\$575	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Fong	Jan 7-Mar 10	Tue 6:30-9:30pm	\$575	AP I, Massage - Fundamentals
Massage - Assessment & Application	30	Dixon	Jan 7-Mar 10	Tue 9:30am-12:30pm	\$575	Mass/Kines- Up & Low, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Jan 7-Mar 10	Tue 6:30-9:30pm	\$1080	Recommended: Concurrent with
Massage - Lower Body	30	Morin	Jan 8-Mar 11	Wed 1:30-4:30pm	\$575	Mass Fund., Comm, Kines Lower (concurrent)
Massage - Lower Body (2)	30	Hallett	Jan 8-Mar 11	Wed 1:30-4:30pm	\$575	Mass Fund., Comm, Kines Lower (concurrent)
Massage - Upper Body	30	Morin	Jan 8-Mar 11	Wed 6:30-9:30pm	\$575	Mass Fund., Comm, Kines Upper (concurrent)
Massage Theory	14	Dixon	Feb 13-Mar 12	Thu 9:30am-12:30pm	\$285	Mass Fund. (concurrent)
Palpation Skills	15	Dixon	Jan 9-Feb 6	Thu 9:30am-12:30pm	\$305	Mass/Kines Up & Low (concurrent w/ 2nd
Pathology I	30	Lev, LAc	Jan 9-Mar 12	Thu 9am-12pm	\$575	AP I (recommended: A&P II)
Pathology II	30	Lev, LAc	Jan 6-Mar 9	Mon 6:30pm-9:30pm	\$575	A&P1 , Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Jan 6-Mar 9	Mon 6:30-9:30pm	\$575	AP I (concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Jan 6-Mar 9	Mon 1:30-4:30pm	\$575	Shiatsu I
Shiatsu Short Form - Tutorial	3	Ward	Jan 6-Mar 19	By Appointment	\$105	Short Form Clinic (concurrent)
Shiatsu Short Form Clinic	45	Ward	Jan 9-Mar 12	Thu 1-5:30pm	\$840	Shiatsu II, Comm/Ethics; Path I (concurrent)
Statutes	6	Morin	Jan 13-Jan 20	Mon 9am-12pm	\$120	Communications/Ethics, Clinic (concurrent)

Dates and times are subject to change.

(concurrent: taken before or during the same quarter)



# Winter 2020 Class Schedule Portland

**NOTES:**

**Massage Basics & CPR** are Community Education courses and do not count towards program elective hours.

<b>Elective Classes</b>	<b>Hrs</b>	<b>Instructor</b>	<b>Dates</b>	<b>Times</b>	<b>Cost</b>	<b>Prerequisites</b>
Building Your Ethical Body	4	Dixon	Jan 10	Friday 2-6pm	\$90	Comm/Ethics or LMT
Ethical Communication During the CPR	4	Dixon	Jan 31	Fri 1-5pm	\$95	Massage A&A or LMT
Craniosacral Therapy Introduction	4	Hueller	Jan 18	Sat 9:30am-1:30pm	\$85	None
Dao Yin Stretch	15	Dixon	Jan 17-Jan 19	Fri 6:30-9:30pm; Sat -Sun 10am-5pm	\$370	None
Ethical Boundary Setting	7	Ward	Jan 9-Mar 5	Thu 5:30-6:15pm	\$140	None
Lymphatic Detox Introduction	4	Barck Garofalo	Feb 17	Mon 1:00-5:30pm	\$105	Comm/Ethics or LMT
Massage Basics	9	Dixon	Mar 6-Mar 7	Fri 6:30-9:30pm; Sat 10am-5pm	\$205	Massage Fundamentals
Myofascial Massage Introduction	10	Higgins	Jan 15-Feb 5	Wed 11am-1:30pm	\$90	None
Neuromuscular Therapy - Hip, Thigh & Neuromuscular Therapy Introduction	12	Dixon	Feb 15-Feb 16	Sat-Sun 10am-5pm	\$280	Massage Fundamentals
Neuromuscular Therapy Introduction	15	Pleau	Feb 22-Feb 23	Sat-Sun 9am-5:30pm	\$350	NMT Intro, Massage and Kines-Lower Body or AP I, Kines-Upper or Lower or equivalent
Recordkeeping/Tax Reporting	3	Pleau	Feb 14	Fri 6:30-9:30pm	\$75	AP I, Kines-Upper or Lower or equivalent
Reiki Healing	12	Bowman	Jan 25-Jan 26	Sat-Sun 9am-4pm	\$300	None
Shiatsu III - Long Form (Back)	18	Coppieters	Mar 6-Mar 8	Fri 6-8pm; Sat-Sun 9am-6pm	\$360	None
Shiatsu Long Form Clinic	30	Ward	Jan 9-Mar 12	Thu 6:30-9:30pm	\$695	Shiatsu II and Shiatsu SF Clinic
Thai Massage - Level I	40	Ward	Jan 9-Mar 12	Wed 1:00pm-5:30pm	\$760	Shiatsu III and IV
	16	Weitzer	Jan 24-Jan 26	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$420	None

**Keep your eyes open for updated versions - new classes may be added!**

*Dates and times are subject to change.*

*(concurrent: taken before or during the same quarter)*

