

Spring 2019 Class Schedule Portland

Version 5 3/14/2019	Monday 4/1-6/10	Tuesday 4/2-6/4	Wednesday 4/3-6/5	Thursday 4/4-6/6	Friday 4/5-6/7	Sat/Sun 4/6-6/8
Morning 9am-12pm	Statutes▲ Melanie Morin (5/13 & 5/20)	Massage - A&A Marian Dixon (9:30am-12:30pm) Hydrotherapy Kitty Lawrence (5/7-6/4 9:30am-12:30pm)	Business Intro Michael Dixon Barry (4/3-5/1) Kines - Upper Anne Conary	Palpation Skills Marian Dixon (4/4-5/2 9:30am-12:30pm) Massage Theory Marian Dixon (5/9-6/6 9:30am-12:30pm)	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> HOLIDAY CLOSURE The school will be closed May 25th-27th for the Memorial Day Holiday. Make-up day is June 10th </div> <div style="border: 1px solid black; padding: 5px;"> REGISTRATION FINAL QUARTER: February 19, 2019 CONTINUING: February 26, 2019 Tuition is due at time of registration. </div>	
Afternoon 1:30-4:30pm	Shiatsu I Wendy Ward	Clinic ▲ Michael Dixon Barry (1-5:30pm) Anat & Phys III Gay Blackwell (1-4pm)	Pathology II Gay Blackwell (1-4pm) Massage - Upper Michael Dixon Barry	Shiatsu SF Clinic▲ TBD (1-5:30pm) APS Seminar ▲ Anne Conary (4/4, 5/2, 6/6)		
Evening 6:30-9:30pm	Communication/Ethics Kristy Bess Shiatsu II Wendy Ward	Anat & Phys II Gay Blackwell Massage Fundamentals♦ Lisa Barck Garofalo	Anat & Phys I Gay Blackwell Massage - Lower Melanie Morin	Pathology I Gay Blackwell Kines - Lower Anne Conary		

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.
 ♦ **Massage Fundamentals requires** the Saturday class in Portland(4/27 - 9am-4:30pm) **and** the weekend at Breitenbush Hot Springs(5/10-5/12 Fri pm- Sun aft).
Advanced Practice Skills Seminar meets: 4/4 (1:30-4:30pm), 5/2 (1:30-3:30pm), and 6/6 (1:30-2:30pm). Attendance is **required** at all classes.

Core Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	6	Conary	Apr 4-Jun 6	Thu 1:30-4:30pm	\$115	Final Quarter Declaration
Anatomy & Physiology I	30	Blackwell	Apr 3-Jun 5	Wed 6:30-9:30pm	\$530	None
Anatomy & Physiology II	30	Blackwell	Apr 2-Jun 4	Tue 6:30-9:30pm	\$530	AP I
Anatomy & Physiology III	30	Blackwell	Apr 2-Jun 4	Tue 1-4pm	\$530	AP I
Business of Massage - Introduction	15	Dixon Barry	Apr 3-May 1	Wed 9am-12pm	\$280	Mass Up & Low
Clinic	45	Dixon Barry	Apr 2-Jun 4	Tue 1-5:30pm	\$775	Mass - Assess/App (concurrent)
Communication/Ethics	30	Bess	Apr 1-Jun 10	Mon 6:30-9:30pm	\$530	Massage - Fundamentals (may be concurrent)
Hydrotherapy	15	Lawrence	May 7-Jun 4	Tue 9:30am - 12:30pm	\$280	Mass - Fund., AP I (recommended: AP II)
Kinesiology - Lower Body	30	Conary	Apr 4-Jun 6	Thu 6:30-9:30pm	\$530	AP I, Massage - Fundamentals
Kinesiology - Upper Body	30	Conary	Apr 3-Jun 5	Wed 9am-12pm	\$530	AP I, Massage - Fundamentals
Massage - Assessment & Application	30	Dixon	Apr 2-Jun 4	Tue 9:30am-12:30pm	\$530	Mass/Kines- Up & Low, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Apr 2-Jun 4	Tue 6:30-9:30pm	\$995	None
Massage - Lower Body	30	Morin	Apr 3-Jun 5	Wed 6:30-9:30pm	\$530	Mass - Fund., Comm, Kines Lower
Massage - Upper Body	30	Dixon Barry	Apr 3-Jun 5	Wed 1:30-4:30pm	\$530	Mass - Fund., Comm, Kines Upper (concurrent)
Massage Theory	14	Dixon	May 9-Jun 6	Thu 9:30am-12:30pm	\$260	Mass - Fund. (concurrent)
Palpation Skills	15	Dixon	Apr 4-May 2	Thu 9:30pm-12:30pm	\$280	Mass/Kines Up & Low (concurrent w/ 2nd series)
Pathology I	30	Blackwell	Apr 4-Jun 6	Thu 6:30-9:30pm	\$530	AP I (recommended: A&P II)
Pathology II	30	Blackwell	Apr 3-Jun 5	Wed 1-4pm	\$530	Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Apr 1-Jun 10	Mon 1:30-4:30pm	\$530	AP I (concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Apr 1-Jun 10	Mon 6:30-9:30pm	\$530	Shiatsu I
Shiatsu Short Form - Tutorial	3	Ward	Apr 4-Jun 4	By Appointment	\$95	Short Form Clinic (concurrent)
Shiatsu Short Form Clinic	45	TBD	Apr 4-Jun 6	Thu 1-5:30pm	\$775	Shiatsu II, Comm/Ethics, Path I (concurrent)
Statutes	6	Morin	May 13-May 20	Mon 9am-12pm	\$110	Communications/Ethics

(concurrent: taken before or during the same quarter)

Dates and times are subject to change.



Spring 2019 Class Schedule Portland

NOTES:

On-Site Chair Massage counts as a business elective. **Massage Basics & CPR** are Community Education courses and do not count towards program elective hours. *Speak with your Student Services Coordinator for help with planning.*

<u>Elective Classes</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Aromatherapy: The Gateway to Balancing Hormones	4	Sidlo	May 13	Monday 8:30am-12:30pm	\$75	None
Barefoot Shiatsu Massage	14	Ward	Apr 13-Apr 20	Sat 9:30am-5:30pm	\$340	None
Body Mechanics for Massage Therapists	8	Lawrence	May 5	Sun 9am-6pm	\$195	Massage - Fundamentals
Breast Massage for Healthy Breasts	4.5	Stager	May 12	Sun 2:00-6:30pm	\$99	none
CPR	4	Hueller	Apr 27	Sat 9:30am-1:30pm	\$85	None
CPR	4	Hueller	Apr 27	Sat 2:30pm-6:30pm	\$85	None
Craniosacral Therapy: Level II	12	Dixon	Jun 1-Jun 2	Sat-Sun 9am-4pm	\$260	Craniosacral I
Craniosacral Therapy: Level I	15	Dixon	Apr 19-Apr 21	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Craniosacral Intro or instr permission
Dao Yin Stretch	7	Ward	Apr 4-May 30	Thu 5:30-6:15pm	\$125	None
Foot Reflexology Basics	7.5	Butler	Apr 13	Sat 9am-5:30pm	\$170	None
Healing Through the Seasons: An Introduction to Aroma	4	Sidlo	May 13	Monday 2:30-6:30pm	\$75	None
Lymphatic Massage for Lower Body	12	Dixon	Jun 15-Jun 16	Sat-Sun 9am-4pm	\$275	Lymph Detox Intro or instr permission
Massage for People Living with Cancer	24	MacDonald	Apr 5-Apr 7	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	\$510	Massage - Fundamentals
Massage Basics	10	Higgins	Apr 30-May 21	Tue 6:30-9pm	\$85	None
Myofascial Massage - Indirect Method	15	Dixon	May 17-May 19	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Myofascial Massage Intro or instr permission
Nervous System Know-How for Bodyworkers & Clinicians:	12	Schaffer	Jun 22-Jun 23	Sat-Sun 9:30am-5:30pm	\$295	None
Neuromuscular Therapy - Cervical Spine	15	Pleau	Jun 22-Jun 23	Sat-Sun 9am-5:30pm	\$325	NMT Intro, AP I, Kines-Upper Body or equivalent
Neuromuscular Therapy Introduction	3	Pleau	Jun 7	Fri 6:30-9:30pm	\$70	AP I, Kines-Upper or Lower or equivalent
On-Site Chair Massage II	9	Conary	May 10-May 11	Fri 5-7pm; Sat 9am-5pm	\$180	On-Site I
Pregnancy: Massage Fundamentals	8	Stager	May 10	Fri 9am-6pm	\$185	Massage - Fundamentals
Pregnancy: Bodywork for the New Mother	8	Rhyne	May 18	Saturday 9am-6pm	\$185	Massage - Up or Low, A&P I; Preg Mass recomm.
Qigong	3	Dixon	May 5	Sun 1-4pm	\$70	None
Reflexology for Women's Health	7	Goetz	May 11	Sat 9am-5pm	\$165	None
Reflexology Variations	7.5	Butler	May 4	Sat 9am-5:30pm	\$170	None
Reiki Healing at Breitenbush	18	Coppieters	May 10-May 12	Fri 6pm-Sun 4pm	\$560	None
Shiatsu IV - Long Form (Front)	30	Ward	Apr 4-Jun 6	Thu 6:30-9:30pm	\$640	SF Clinic or Shiatsu III
Thai Massage - Level II	30	Weitzer	Jun 1-Jun 16	Sat-Sun 9am-5:30pm	\$615	Thai I
Thai Massage - Level I	16	Weitzer	May 3-May 5	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$390	None
The Belly	6.5	Stager	May 13	Mon 9am-4:30pm	\$150	LMT or instructor approval
The Female Pelvis	11.5	Stager	May 11-May 12	Sat 9am-5:30pm, Sun 8:30am-12:30pm	\$249	LMT or instructor approval

Keep your eyes open for updated versions - new classes may be added!

(concurrent: taken before or during the same quarter)

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