

# Fall 2018 Class Schedule Portland

Version 6 9/28/2018	Monday 9/24-11/26	Tuesday 9/25-11/27	Wednesday 9/26-12/5	Thursday 9/27-12/6	Friday 9/28-12/7	Sat/Sun 9/29-12/8
<b>Morning</b> 9am-12pm		<b>Business Intro</b> Annette Brown-Gaillard (10/2-11/6; NO CLASS 10/30)  <b>Hydrotherapy</b> Kitty Lawrence (10/30-11/27 9:30-12:30pm)  <b>Statutes▲</b> Melanie Morin (11/6 & 11/13)	<b>Kines - Upper</b> Anne Conary	<b>Massage Theory</b> Marian Dixon (11/1 - 12/6)  <b>Palpation Skills</b> Marian Dixon (9/27 - 10/25)		
<b>Afternoon</b> 1:30-4:30pm	<b>Shiatsu I</b> Wendy Ward	<b>Clinic ▲</b> Michael Dixon Barry (1-5:30pm)  <b>Anat &amp; Phys III</b> Chelsea French (1-4pm)	<b>Pathology II</b> Chelsea French (1-4pm)	<b>Shiatsu SF Clinic▲</b> Wendy Ward (1-5:30pm)  <b>APS Seminar ▲</b> Anne Conary (9/27, 10/25, 11/29)		
<b>Evening</b> 6:30-9:30pm	<b>Shiatsu II</b> Wendy Ward	<b>Anat &amp; Phys II</b> Chelsea French  <b>Massage - A&amp;A</b> Marian Dixon	<b>Massage Fundamentals♦</b> Lisa Barck Garofalo  <b>Massage - Lower</b> Melanie Morin  <b>Pathology I</b> Chelsea French	<b>Anat &amp; Phys I</b> Chelsea French  <b>Kines - Lower</b> Anne Conary		

**HOLIDAY CLOSURE**

The school will be closed beginning 6pm Nov 21 through Nov 25 for the Thanksgiving Holiday.

Make-up days are Dec 5-8

**REGISTRATION**

**FINAL QUARTER:**  
August 7, 2018

**CONTINUING:**  
August 14, 2018

**Tuition is due at time of registration.**

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.  
♦ **Massage Fundamentals requires** the Saturday class in Portland(10/20 - 9am-4:30pm) **and** the weekend at Breitenbush Hot Springs(11/2-11/4). NO CLASS 11/21  
**Advanced Practice Skills Seminar meets:** 9/27 (1:30-4:30pm), 10/25 (1:30-3:30pm), and 11/29 (1:30-2:30pm). Attendance is **required** at all classes.

Core Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	6	Conary	Sep 27-Nov 29	Thu 1:30-4:30pm	\$115	Clinic or SF Clinic
Anatomy & Physiology I	30	French	Sep 27-Dec 6	Thu 6:30-9:30pm	\$530	None
Anatomy & Physiology II	30	French	Sep 25-Nov 27	Tue 6:30-9:30pm	\$530	AP I
Anatomy & Physiology III	30	French	Sep 25-Nov 27	Tue 1-4pm	\$530	AP I
Business of Massage - Introduction	15	Brown-Gaillard	Oct 2-Nov 6	Tue 9am-12pm	\$280	Mass Up & Low
Clinic	45	Dixon Barry	Sep 25-Nov 27	Tue 1-5:30pm	\$775	Mass Assess/App (concurrent)
Hydrotherapy	15	Lawrence	Oct 30-Nov 27	Tue 9:30am-12:30pm	\$280	Mass - Fund., AP I (recommended: AP II)
Kinesiology - Lower Body	30	Conary	Sep 27-Dec 6	Thu 6:30-9:30pm	\$530	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Conary	Sep 26-Nov 28	Wed 9am-12pm	\$530	AP I, Massage Fundamentals
Massage - Assessment & Application	30	Dixon	Sep 25-Nov 27	Tue 6:30-9:30pm	\$530	Mass/Kines- Up & Low, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Sep 26-Dec 5	Wed 6:30-9:30pm	\$995	None
Massage - Lower Body	30	Morin	Sep 26-Dec 5	Wed 6:30-9:30pm	\$530	Mass Fund., Comm, Kines Lower
Massage Theory	14	Dixon	Nov 1-Dec 6	Thu 9am-12pm	\$260	Mass Fund. (concurrent)
Palpation Skills	15	Dixon	Sep 27-Oct 25	Thu 9am-12pm	\$280	Mass/Kines Up & Low (concurrent w/ 2nd series)
Pathology I	30	French	Sep 26-Dec 5	Wed 6:30-9:30pm	\$530	AP I (recommended: A&P II)
Pathology II	30	French	Sep 26-Nov 28	Wed 1-4pm	\$530	Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Sep 24-Nov 26	Mon 1:30-4:30pm	\$530	AP I (concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Sep 24-Nov 26	Mon 6:30-9:30pm	\$530	Shiatsu I
Shiatsu Short Form - Tutorial	3	Ward	Sep 27-Dec 6	By Appointment	\$95	Short Form Clinic (concurrent)
Shiatsu Short Form Clinic	45	Ward	Sep 27-Dec 6	Thu 1-5:30pm	\$775	Shiatsu II, Comm/Ethics; Path I (concurrent)
Statutes	6	Morin	Nov 6-Nov 13	Tue 9am-12pm	\$110	Communications/Ethics

(concurrent: taken before or during the same quarter)

Dates and times are subject to change.



OREGON SCHOOL  
of MASSAGE

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See Reverse for More Classes

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## NOTES:

**Recordkeeping/Tax Reporting** counts as a business elective. **Massage Basics & CPR** are Community Education courses and do not count towards program elective hours. **Shiatsu II, Shiatsu Short Form Clinic, and Dao Yin** may be taken as electives.

<u>Elective Classes</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Aromatherapy Foundations - Part III	7.5	Sidlo	Nov 10	Sat 9am-5:30pm	\$250	Aromatherapy Part I and II
Barefoot Shiatsu Massage	14	Ward	Oct 14-Oct 21	Sun 9:30am-5:30pm	\$340	None
CPR	3	Hueller	Oct 6	Sat 9:30am-12:30pm	\$65	None
Craniosacral Therapy: Level I	15	Dixon	Oct 19-Oct 21	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Craniosacral Intro or instr permission
Dao Yin Stretch	7	Ward	Sep 27-Nov 29	Thu 5:30-6:15pm	\$125	None
Ethical Boundary Setting	4	Wells	Oct 29	Mon 5:30-9:30pm	\$95	Comm/Ethics or LMT
Ethical Boundary Setting	4	Wells	Dec 3	Mon 5:30-9:30pm	\$95	Comm/Ethics or LMT
Foot Reflexology Basics	7.5	Butler	Nov 17	Sat 9am-5:30pm	\$170	None
Lymphatic Massage for Upper Body	15	Dixon	Dec 14-Dec 16	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Lymph Detox Intro or equivalent
Massage for People Living with Cancer	24	MacDonald	Nov 2-Nov 4	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	\$510	Massage - Fundamentals
Massage Basics	10	Higgins	Oct 22-Nov 12	Mon 6:30-9pm	\$85	None
Power of Contact: Foundations of META Integrative	12	Knutson	Oct 27-Oct 28	Sat-Sun 10am-5pm	\$325	Comm/Ethics, Mass. Fund. Open to healthcare practitioners
Myofascial Massage - Direct Method	15	Dixon	Nov 2-Nov 4	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Myofascial Intro or instr permission
Myofascial Massage Introduction	12	Dixon	Sep 29-Sep 30	Sat-Sun 10am-5pm	\$260	Massage Fundamentals
Nervous System Know-How: A Preview of the Nervous	3	Schaffer	Sep 22	Sat 10am-1pm	\$60	None
NMT - Forearm & Hand	15	Pleau	Oct 6-Oct 7	Sat-Sun 9am-5:30pm	\$340	NMT Intro, AP I, Kines-Upper Body or equivalent
Neuromuscular Therapy Introduction	3	Pleau	Sep 24	Mon 6:30-9:30pm	\$70	AP I, Kines-Upper or Lower or equivalent
Pregnancy: Massage Fundamentals	8	Stager	Nov 9	Fri 9am-6pm	\$185	Massage Fundamentals
Pregnancy: Massage & Acupressure for Birth	4.5	Stager	Nov 14	Wed 9am-1:30pm	\$125	Student/ LMT/ Doula/ Birth professionals/ Pregnant couples
Pregnancy: Bodywork for the New Mother	8	Rhyne	Nov 15	Thu 9am-6pm	\$185	Massage - Up or Low, A&P I; Preg Mass recomb.
Pregnancy: MotherTouch™ Prenatal Bodywork Certification	32	Stager	Nov 9-Nov 12	Fri-Mon 9am-6pm	\$695	Massage Up & Low or equiv (> 200 hours training)
Qigong	3	Dixon	Oct 7	Sun 1-4pm	\$70	None
Recordkeeping/Tax Reporting	12	Bowman	Nov 10-Nov 11	Sat-Sun 9am-4pm	\$275	None
Reflexology Variations	7.5	Butler	Dec 1	Sat 9am-5:30pm	\$170	None
Reiki 2nd Degree at Breitenbush	18	Coppieters	Nov 2-Nov 4	Fri 6pm-Sun 3:45pm	\$635	Reiki 1st degree (at least 6 months prior to II)
Thai Massage - Level II	30	Weitzer	Oct 13-Oct 28	Sat-Sun 9am-5:30pm	\$615	Thai I
The Belly	6.5	Stager	Nov 18	Sun 9am-4:30pm	\$150	LMT or instructor approval
The Female Pelvis	7.5	Stager	Nov 17	Sat 9am-5:30pm	\$170	LMT or instructor approval

**Keep your eyes open for updated versions - new classes may be added!**

*(concurrent: taken before or during the same quarter)*

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