

Fall 2019 Class Schedule Portland

Version 3 8/27/19	Monday 9/23-11/25	Tuesday 9/24-11/26	Wednesday 9/25-11/27	Thursday 9/26-11/28	Friday 9/27-11/29	Sat/Sun 9/28-11/30
Morning 9am-12pm	APS Seminar ▲ Melanie Morin (9/23, 10/21, 11/25) Statutes▲ Melanie Morin (10/7 & 10/14)	Business Intro William Hallett (10/29-11/26) Kines - Upper Monica Fong (9:00am-12:00pm)	Hydrotherapy Kitty Lawrence (9/25-10/23 9:30am -12:30pm)	Massage Fundamentals♦ Lisa Barck Garofalo (9:30am-12:30pm) Palpation Skills Marian Dixon (9/26-10/24 9:30am-12:30pm) Massage Theory Marian Dixon (10/31-12/5 9:30am -12:30pm)	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> HOLIDAY CLOSURE The school will be closed Beginning 6pm Nov 27 through Dec 1 for the Thanksgiving Holiday. Make-up days are Dec 4-5 </div> <div style="border: 1px solid black; padding: 5px;"> REGISTRATION FINAL QUARTER: August 6, 2019 CONTINUING: August 13, 2019 Tuition is due at time of registration. </div>	
Afternoon 1:30-4:30pm	Shiatsu I Wendy Ward	Clinic ▲ Michael Dixon Barry (1-5:30pm) Anat & Phys II Kirstin Haney	Pathology I Melanie Morin (1-4pm) Massage - Upper Michael Dixon Barry	Communication/Ethics Kristy Bess Shiatsu SF Clinic▲ Wendy Ward (1-5:30pm)		
Evening 6:30-9:30pm	Shiatsu II Wendy Ward	Anat & Phys III Kirstin Haney Massage - A&A Marian Dixon Kines - Lower Monica Fong	Anat & Phys I Michael Dixon Barry Massage - Lower Melanie Morin	Pathology II Melanie Morin		

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.
 ♦ **Massage Fundamentals requires** the Saturday class in Portland(10/19 - 9am-4:30pm) **and** the weekend at Breitenbush Hot Springs(11/1-11/3 Fri pm- Sun aft).
Advanced Practice Skills Seminar meets: 9/23 (9:00am-12:00pm), 10/21 (9:00am-11:00am), and 11/25 (9:00am-10:00am). Attendance is **required** at all classes.

Core Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	6	Morin	Sep 23-Nov 25	Mon 9am-12pm	\$125	Clinic or SF Clinic, Final Quarter Declaration
Anatomy & Physiology I	30	Dixon Barry	Sep 25-Dec 4	Wed 6:30-9:30pm	\$575	None
Anatomy & Physiology II	30	Haney	Sep 24-Nov 26	Tue 1:30-4:30pm	\$575	AP I
Anatomy & Physiology III	30	Haney	Sep 24-Nov 26	Tue 6:30-9:30pm	\$575	AP I
Business of Massage - Introduction	15	Hallett	Oct 29-Nov 26	Tue 9:00-12pm	\$280	Mass Up & Low or Shiatsu SF Clinic
Clinic	45	Dixon Barry	Sep 24-Nov 26	Tue 1-5:30pm	\$840	Mass Assess/App (concurrent),
Communication/Ethics	30	Bess	Sep 26-Dec 5	Thu 1:30-4:30pm	\$575	Massage Fundamentals (may be concurrent)
Hydrotherapy	15	Lawrence	Sep 25-Oct 23	Wed 9:30am-12:30pm	\$305	Mass - Fund., AP I (recommended: AP II)
Kinesiology - Lower Body	30	Fong	Sep 24-Nov 26	Tue 6:30-9:30pm	\$575	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Fong	Sep 24-Nov 26	Tue 9am-12pm	\$575	AP I, Massage - Fundamentals
Massage - Assessment & Application	30	Dixon	Sep 24-Nov 26	Tue 6:30pm-9:30pm	\$575	Mass/Kines- Up & Low, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Sep 26-Dec 5	Thu 9:30am-12:30pm	\$1080	Recommended Concurrent with
Massage - Lower Body	30	Morin	Sep 25-Dec 4	Wed 6:30-9:30pm	\$575	Mass Fund., Comm, Kines Lower
Massage - Upper Body	30	Dixon Barry	Sep 25-Nov 27	Wed 1:30-4:30pm	\$575	Mass Fund., Comm, Kines Upper (concurrent)
Massage Theory	14	Dixon	Oct 31-Dec 5	Thu 9:30am-12:30pm	\$285	Mass Fund. (concurrent)
Palpation Skills	15	Dixon	Sep 26-Oct 24	Thu 9:30am-12:30pm	\$305	Mass/Kines Up & Low (concurrent w/ 2nd series)
Pathology I	30	Morin	Sep 25-Nov 27	Wed 1-4pm	\$575	AP I (recommended: A&P II)
Pathology II	30	Morin	Sep 26-Dec 5	Thu 6:30-9:30pm	\$575	A&P I, Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Sep 23-Nov 25	Mon 1:30-4:30pm	\$575	AP I (concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Sep 23-Nov 25	Mon 6:30-9:30pm	\$575	Shiatsu I
Shiatsu Short Form - Tutorial	3	Ward	Sep 26-Dec 5	By Appointment	\$105	Short Form Clinic (concurrent)
Shiatsu Short Form Clinic	45	Ward	Sep 26-Dec 5	Thu 1-5:30pm	\$840	Shiatsu II, Comm/Ethics; Path I (concurrent)
Statutes	6	Morin	Oct 7-Oct 14	Mon 9am-12pm	\$120	Communications/Ethics, Clinic (concurrent)

(concurrent: taken before or during the same quarter)

Dates and times are subject to change.



Fall 2019 Class Schedule Portland

NOTES:

On-Site Chair Massage counts as a business elective. **Massage Basics & CPR** are Community Education courses and do not count towards program elective hours. *Speak with your Student Services Coordinator for help with planning.*

Elective Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Aromatherapy Foundations - Part I	7.5	Sidlo	Oct 12	Sat 9am-5:30pm	\$250	None
Barefoot Shiatsu Massage	14	Ward	Oct 5-Oct 12	Sat 9:30am-5:30pm	\$370	None
Building Your Ethical Body	4	Dixon	Oct 4	Friday 2-6pm	\$90	Comm/Ethics or LMT
Body Mechanics for Massage Therapists	8	Lawrence	Nov 3	Sun 9am-6pm	\$210	Massage - Fundamentals
CPR	4	Hueller	Oct 5	Sat 9:30am-1:30pm	\$85	None
Craniosacral Therapy: Level I	15	Dixon	Oct 18-Oct 20	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Craniosacral Intro or instr permission
Dao Yin Stretch	7	Ward	Sep 26-Nov 21	Thu 5:30-6:15pm	\$140	None
Embodied Ethics - The Beauty of Boundaries	6	Knutson	Sep 22	Sun 10:00am-5pm	\$145	Communication/Ethics or LMT
Foot Reflexology Basics	7.5	Butler	Nov 23	Sat 9am-5:30pm	\$185	None
Lymphatic Massage for Upper Body	15	Dixon	Dec 6-Dec 8	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Lymph Detox Intro or equivalent
Massage In End of Life Care	6	Casey	Nov 2	Sat 9:30am-4:30pm	\$145	Massage Fundamentals
Massage for People Living with Cancer	24	MacDonald	Oct 25-Oct 27	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	\$510	Massage - Fundamentals
Massage Basics	10	Higgins	Oct 8-Oct 29	Tue 6:30-9:00pm	\$90	None
Women's Health:Massage for Fertility & Menstruation	14	Stager	Nov 16-Nov 17	Sat & Sun 9am - 5pm	\$315	Recommended:Stager's The Female Pelvis, and
Myofascial Massage - Direct Method	15	Dixon	Nov 1-Nov 3	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Myofascial Intro or instr permission
Myofascial Massage Introduction	12	Dixon	Sep 28-Sep 29	Sat-Sun 10am-5pm	\$260	Massage Fundamentals
Nervous System Know-How: A Preview of the Nervous	3	Schaffer	Sep 22	Sun 10am-1pm	\$60	None
Pregnancy: Massage Fundamentals	8	Stager	Nov 8	Fri 9am-6pm	\$185	Massage Fundamentals
Pregnancy: Massage & Acupressure for Birth	4.5	Stager	Nov 12	Tue 9am-1:30pm	\$125	Student/ LMT/ Doula/ Birth professionals/ Pregnant couples
Pregnancy: Bodywork for the New Mother	8	Rhyne	Nov 15	Friday 9am-6pm	\$185	Massage - Up or Low, A&P I; Preg Mass recomb.
Pregnancy: MotherTouch™ Prenatal Bodywork Certification	32	Stager	Nov 8-Nov 11	Fri-Mon 9am-6pm	\$695	Massage Up & Low or equiv (> 200 hours training)
Recordkeeping/Tax Reporting	12	Bowman	Nov 23-Nov 24	Sat-Sun 9am-4pm	\$300	None
Reflexology Variations	7.5	Butler	Dec 7	Sat 9am-5:30pm	\$185	None
Reiki 2nd Degree at Breitenbush	18	Coppieters	Nov 1-Nov 3	Fri 6pm-Sun 3:45pm	\$360	Reiki 1st degree (at least 6 months prior to II)
Reiki Lodging		Coppieters	Nov 1-Nov 3	vary	\$275	
Shamanic Healing	18	Coppieters	Oct 11-Oct 13	Fri 6-8pm; Sat-Sun 9am-6pm	\$395	None
Shiatsu IV - Long Form (Front)	30	Ward	Sep 26-Dec 5	Thu 6:30-9:30pm	\$695	SF Clinic or Shiatsu III
Thai Massage - Level I	16	Weitzer	Sep 27-Sep 29	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$420	None

Keep your eyes open for updated versions - new classes may be added!

(concurrent: taken before or during the same quarter)

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