

Fall 2017 Class Schedule Portland

Version 5 9/5/17	Monday 9/25-11/27	Tuesday 9/26-11/28	Wednesday 9/27-12/6	Thursday 9/28-12/7	Friday 9/29-12/8	Sat/Sun 9/30-12/9
Morning 9am-12pm		Massage Fundamentals ♦ Calli Alexander-Hensley	Kines - Upper Anne Conary Hydrotherapy - 9:30-12:30 Kitty Lawrence (Nov 1-Nov 29)			
Afternoon 1:30-4:30pm		Clinic ▲ Calli Alexander-Hensley (1-5:30pm) Anat & Phys III Gay Blackwell Shiatsu I Wendy Ward	Massage - Upper Dixon Barry Pathology II Gay Blackwell	Palpation Skills Marian Dixon (Sep 28-Oct 26) Shiatsu SF Clinic ▲ Wendy Ward (1-5:30pm) Dao Yin Stretch Wendy Ward (5:30-6:15pm)		
Evening 6:30-9:30pm	Comm/Ethics Alan Wells	Anat & Phys II Gay Blackwell Business Intro Julie Campbell (Sep 26-Oct 24) Shiatsu II Wendy Ward Massage Theory Lisa Barck Garofalo (Oct 31-Nov 28)	Massage Fundamentals ♦ Lisa Barck Garofalo Massage - Lower Dixon Barry Pathology I Gay Blackwell Statutes ▲ Anne Conary (11/8 & 11/15) APS Seminar ▲ Anne Conary (9/27, 10/25, & 11/29)	Anat & Phys I Gay Blackwell Kines - Lower Anne Conary Massage - A&A Marian Dixon		

HOLIDAY CLOSURE

The school will be closed beginning 6pm Nov 22 through Nov 25 for the Thanksgiving Day Holiday. Make-up days are Dec 6-9

REGISTRATION

FINAL QUARTER:
AUG 8, 2017

CONTINUING:
AUG 15, 2017

Tuition is due at time of registration.

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.
 ♦ **Massage Fundamentals requires** the Saturday class in Portland (10/21 - 9am-4:30pm) **and** the weekend at Breitenbush Hot Springs (11/3-11/5, Fri pm-Sun aft)
Advanced Practice Skills Seminar meets: 9/27 6:30-9:30pm, 10/25 from 6:30-8:30pm, and 11/29 from 6:30-7:30pm. Attendance is required at all classes.

NOTES:
Shiatsu II and **Dao Yin** can be taken as electives in the Western focus. **Massage A&A** can be taken as an elective in the Eastern focus.

Core Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	6	Conary	Sep 27-Nov 29	Wed 6:30 - 9:30pm	\$115	Clinic or SF Clinic
Anatomy & Physiology I	30	Blackwell	Sep 28-Dec 7	Thu 6:30-9:30pm	\$530	None
Anatomy & Physiology II	30	Blackwell	Sep 26-Nov 28	Tue 6:30-9:30pm	\$530	AP I
Anatomy & Physiology III	30	Blackwell	Sep 26-Nov 28	Tue 1:30-4:30pm	\$530	AP I
Business of Massage - Introduction	15	Campbell	Sep 26-Oct 24	Tue 6:30-9:30pm	\$280	Mass Up & Low (Western); Shiatsu Clinic (Eastern)
Clinic	45	Alexander-Hensley	Sep 26-Nov 28	Tue 1-5:30pm	\$775	Mass Assess/App (concurrent)
Communication/Ethics	30	Wells	Sep 25-Nov 27	Mon 6:30-9:30pm	\$530	Massage - Fundamentals (may be concurrent)
Dao Yin Stretch	7	Ward	Sep 28-Nov 30	Thu 5:30-6:15pm	\$125	None
Hydrotherapy	15	Lawrence	Nov 1-Nov 29	Wed 9:30am-12:30pm	\$280	Mass - Fundamentals, AP I (AP II recomm.)
Kinesiology - Lower Body	30	Conary	Sep 28-Dec 7	Thu 6:30-9:30pm	\$530	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Conary	Sep 27-Nov 29	Wed 9:00am-12noon	\$530	AP I, Massage Fundamentals
Massage - Assessment & Application	30	Dixon	Sep 28-Dec 7	Thu 6:30pm-9:30pm	\$530	Massage- Upper and Lower, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Sep 27-Dec 6	Wed 6:30-9:30pm	\$995	None
Massage - Fundamentals	45	Alexander-Hensley	Sep 26-Nov 28	Tue 9:00-12noon	\$995	None
Massage - Lower Body	30	Dixon Barry	Sep 27-Dec 6	Wed 6:30-9:30pm	\$530	Mass Fund., Comm, Kines Lower (concurrent)
Massage - Upper Body	30	Dixon Barry	Sep 27-Nov 29	Wed 1:30-4:30pm	\$530	Mass Fund., Comm, Kines Upper (concurrent)
Massage Theory	14	Barck Garofalo	Oct 31-Nov 28	Tue 6:30-9:30pm	\$260	Mass Fund - may be concurrent
Palpation Skills	15	Dixon	Sep 28-Oct 26	Thu 1:30-4:30pm	\$280	Mass/Kines Up & Low - concurrent w/ 2nd series
Pathology I	30	Blackwell	Sep 27-Dec 6	Wed 6:30-9:30pm	\$530	AP I (recommended: A&P II)
Pathology II	30	Blackwell	Sep 27-Nov 29	Wed 1:30-4:30pm	\$530	Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Sep 26-Nov 28	Tue 1:30-4:30pm	\$530	AP I (may be concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Sep 26-Nov 28	Tue 6:30-9:30pm	\$530	Shiatsu I
Shiatsu Short Form - Tutorial	3	Ward	Sep 28-Dec 7	By Appointment	\$95	Concurrent with Short Form Clinic
Shiatsu Short Form Clinic	45	Ward	Sep 28-Dec 7	Thu 1-5:30pm	\$775	Shiatsu II, Comm/Ethics; Path I (concurrent)
Statutes	6	Conary	Nov 8-Nov 15	Wed 6:30-9:30pm	\$110	Communications/Ethics

(concurrent: taken before or during the same quarter)

Dates and times are subject to change.



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NOTES:

Recordkeeping/Tax Reporting, Insurance Billing, & Digital Marketing Intro count as business electives. **Massage Basics & CPR** are Community Education courses and do not count towards program elective hours.

Elective Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Active Isolated Stretching - Fascial Lines: Lower	8	Morton	Oct 8	Sun 9am-6pm	\$195	Massage Lower or LMT
Active Isolated Stretching - Fascial Lines: Upper	8	Morton	Oct 7	Sat 9am-6pm	\$195	Massage Upper or LMT
Active Isolated Stretching Introduction	4	Morton	Oct 6	Fri 5:30-9:30pm	\$90	None. AP I recommended
Barefoot Shiatsu Massage	15	Ward	Oct 15-Oct 29	Sun 9:30am-3pm	\$340	None
Communication During Bodywork Sessions	4	Dixon	Oct 29	Sun 1-5pm	\$95	Massage A&A or LMT
CPR	3	Hueller	Oct 28	Sat 1:30-4:30pm	\$35	None
CPR	3	Hueller	Oct 28	Sat 9:30am-12:30pm	\$35	None
Craniosacral Therapy: Level I	15	Dixon	Oct 20-Oct 22	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Craniosacral Intro or equivalent
Cupping & Gua Sha - Theory and Techniques	15	King	Oct 14-Oct 15	Sat-Sun 9am-5:30pm	\$365	Massage Fundamentals or Shiatsu I
Digital Marketing Introduction	6.5	Campbell	Dec 2	Sat 9am-4:30pm	\$145	Familiarity with and use of social media
Massage for End of Life Care	4	Casey	Nov 11	Sat 9:30am-1:30pm	\$90	Massage Fundamentals
Ethical Boundary Setting	4	Wells	Dec 4	Mon 5:30-9:30pm	\$95	Comm/Ethics or LMT
Foot Reflexology Basics	7.5	Butler	Nov 11	Sat 9am-5:30pm	\$170	None
Insurance Billing for LMTs	6	Campbell	Nov 18	Sat 9:30am-4pm	\$140	Massage Fundamentals or equivalent.
Lymphatic Massage for Upper Body	15	Dixon	Dec 1-Dec 3	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Lymph Detox Intro or equivalent
Massage Basics	10	Alexander-	Nov 13-Dec 4	Mon 6-8:30pm	\$85	None
Myofascial Massage - Direct Method	15	Dixon	Nov 3-Nov 5	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Massage Fundamentals
Myofascial Massage Introduction	12	Dixon	Sep 30-Oct 1	Sat-Sun 10am-5pm	\$260	Massage Fundamentals
Pregnancy: Massage Fundamentals	8	Stager	Nov 3	Fri 9am-6pm	\$185	Massage Fundamentals
Pregnancy: Massage & Acupressure for Birth	4.5	Stager	Nov 7	Tue 1-5:30pm	\$125	Open to Doula's, Birth professionals, Pregnant
Pregnancy: Bodywork for the New Mother	8	Rhyne	Nov 10	Fri 9am-6pm	\$185	Massage - Up or Low, A&P I; Preg Mass recomb.
Pregnancy: MotherTouch™ Prenatal Bodywork Certification	32	Stager	Nov 3-Nov 6	Fri-Mon 9am-6pm	\$695	Massage Up & Low or equiv (> 200 hours training)
Qigong	3	Dixon	Oct 8	Sun 1-4pm	\$70	None
Recordkeeping/Tax Reporting	12	Bowman	Nov 4-Nov 5	Sat-Sun 9am-4pm	\$275	None
Reflexology Variations	7.5	Butler	Nov 18	Sat 9am-5:30pm	\$170	None
Reiki 2nd Degree at Breitenbush	18	Coppieters	Nov 3-Nov 5	Fri 6pm-Sun 3:45pm	\$625	Reiki 1st degree (at least 6 months prior to II)
Shamanism Today	18	Coppieters	Oct 6-Oct 8	Fri 6-8pm; Sat-Sun 9am-6pm	\$395	None
Shiatsu III - Long Form (Back)	30	Ward	Sep 28-Dec 7	Thu 6:30-9:30pm	\$635	Shiatsu II and Shiatsu SF Clinic
Vision Issues & Chronic Upper Body Tension	13	Sinclair	Oct 28-Oct 29	Sat-Sun 9am-5pm	\$295	LMT

*Classes in **bold type** have been added or changed since the last version of this schedule was printed.*

Keep your eyes open for updated versions - new classes may be added!

(concurrent: taken before or during the same quarter)

Dates and times are subject to change.

