

SPRING BOOKLIST 2024



CORE CLASSES - REQUIRED TEXT

| Course | Textbook | Author | Price | ISBN# |
|------------------------------------|--|------------------------|---------|--|
| Anatomy & Physiology I, II, & III | <i>Applied A&P for Manual Therapists, 2nd ed.</i> | Archer-Nelson | \$84.95 | 978-0-9982662-6-7 |
| | <i>Review Guide, 2nd ed.</i> | Archer-Nelson | 35.95 | 978-0-9982663-7-4 |
| Business of Massage - Introduction | <i>Business Mastery, 5th ed.</i> | Sohnen-Moe | \$43.95 | 978-188290-8059 |
| Communications/Ethics | <i>Educated Heart, 5th ed.</i> | McIntosh | \$59.95 | 978-1-4963-4731-2 |
| Hydrotherapy | <i>Hydrotherapy for Bodyworkers, 2nd ed.</i> | Sinclair | \$65.00 | 978-1-912085-52-1 |
| Kinesiology Upper & Lower | <i>Trail Guide to the Body, 6th ed.</i> | Biel | \$82.95 | 978-0-9987850-6-6 |
| | Recommended: <i>Trail Guide Student Workbook, 6th ed.</i> | Biel | \$32.95 | 978-0-9914666-7-2 |
| Massage Assessment & Application | Recommended: <i>Hands Heal, 4th ed.</i> | Thompson | \$45.00 | 978-1609133870 |
| Massage Fundamentals | <i>Trail Guide to the Body, 6th ed.</i> | Biel | \$82.95 | 978-0-9987850-6-6 |
| | <i>OSM Healing Massage Techniques</i> | Pearson Custom Library | \$60.00 | 1-323-34918-9 |
| Massage Upper & Massage Lower | <i>Trail Guide to the Body, 6th ed.</i> | Biel | \$82.95 | 978-0-9987850-6-6 |
| | <i>OSM Healing Massage Techniques</i> | Pearson Custom Library | \$60.00 | 1-323-34918-9 |
| Palpation Skills | <i>Trail Guide to the Body, 6th ed.</i> | Biel | \$82.95 | 978-0-9987850-6-6 |
| | Recommended: <i>Trail Guide to Movement, 2nd ed.</i> | Biel | \$45.95 | 978-0-9987850-5-9 |
| Pathology I & II | <i>Massage Therapists Guide to Pathology, 7th ed.</i> | | \$85.95 | |
| Shiatsu I | <i>Shiatsu Short Form Handbook PDF</i> | Cleaver | Free | jimcleaver.com |

CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS

| Course | Textbook | Author | Price | ISBN# |
|--------------------------------------|--|----------------|--------------------|--|
| ABC's of Chinese Medicine - Part B | ABC's of Chinese Medicine - Part B | Cleaver | Free | jimcleaver.com |
| Bowenwork Module 1 | A Textbook of Bowen Technique | Pennington | \$65.00 | 978-0-9872552-4-2 |
| Craniosacral Therapy Introduction | <i>Recommended: Heart of Listening Vol 1</i> <i>Recommended: Heart of Listening Vol 2</i> | Milne Milne | \$29.95 \$35.00 | 978-1556432798 978-1556432804 |
| Massage for Eyes Strain & Upper Body | <i>Recommended: Vision for Life</i> | Schneider | \$21.95 | 978-1623170080 |
| Myofascial Massage - Introduction | <i>Recommended: Myofascial Massage</i> | Dixon | \$58.95 | 0-7817-4832-1 |
| Qigong Basics | <i>Recommended: Qigong</i> | Cohen | \$17.95 | 978-0345421098 |
| Reflexology for Women's Health | <i>Recommended: Complete Reflexology for Life</i> | Kunz | \$21.99 | 978-0756655808 |
| Shiatsu II | Shiatsu Short Form Handbook PDF | Cleaver | Free | jimcleaver.com |
| Tai Chi for Better Balance | <i>Recommended: Qigong</i> | Cohen | \$17.95 | 978-0345421098 |

