

# Oregon School of Massage ~ Fall 2023 Booklist

## CORE CLASSES - REQUIRED TEXTS

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I & II & III	<i>Anatomy &amp; Physiology, 3rd ed.</i>	Premkumar	\$89.95	978-0-7817-5922-9
	<b>Recommended:</b> <i>Coloring Book, 4th ed.</i>	Kapit	\$29.50	978-0-321-83201-6
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	Sohnen-Moe	\$39.00	978-188290-8059
Communications/Ethics	<i>Educated Heart, 5th ed.</i>	McIntosh	\$59.95	978-1-4963-4731-2
Hydrotherapy	<i>Hydrotherapy for Bodyworkers, 2nd ed.</i>	Sinclair	\$65.00	978-1-912085-52-1
Kinesiology Upper & Lower	<i>Trail Guide to the Body, 6th ed.</i>	Biel	\$72.95	978-0-9987850-6-6
	<b>Recommended:</b> <i>Trail Guide Student Workbook, 6th ed.</i>	Biel	\$29.95	978-0-9914666-7-2
Massage Assessment & Application	<b>Recommended:</b> <i>Hands Heal, 4th ed.</i>	Thompson	\$45.00	978-1609133870
Massage Fundamentals	<i>Trail Guide to the Body, 6th ed.</i>	Biel	\$72.95	978-0-9987850-6-6
	<i>OSM Healing Massage Techniques</i>	Pearson Custom Library	\$60.00	1-323-34918-9
Massage Upper & Massage Lower	<i>Trail Guide to the Body, 6th ed.</i>	Biel	\$72.95	978-0-9987850-6-6
	<i>OSM Healing Massage Techniques</i>	Pearson Custom Library	\$60.00	1-323-34918-9
Palpation Skills	<i>Trail Guide to the Body, 6th ed.</i>	Biel	\$72.95	978-0-9987850-6-6
	<b>Recommended:</b> <i>Trail Guide to Movement, 2nd ed.</i>	Biel	\$45.95	978-0-9987850-5-9
Pathology I & II	<i>Massage Therapists Guide to Pathology, 7th ed.</i>	Werner	\$84.00	978-0-9982663-4-3
Shiatsu I	<i>Shiatsu Short Form Handbook PDF</i>	Cleaver	Free	<a href="http://jimcleaver.com">jimcleaver.com</a>

Prices subject to change. depending on prices charged by suppliers.

**CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS**

Course	Textbook	Author	Price	ISBN#
ABC's of Chinese Medicine - Part B	ABC's of Chinese Medicine - Part B	Cleaver	Free	jimcleaver.com
Bowenwork Module 1	A Textbook of Bowen Technique	Pennington	\$65.00	978-0-9872552-4-2
Craniosacral Therapy Introduction	<i>Recommended: Heart of Listening Vol 1</i> <i>Recommended: Heart of Listening Vol 2</i>	Milne Milne	\$29.95 \$35.00	978-1556432798 978-1556432804
Massage for Eyes Strain & Upper Body	<i>Recommended: Vision for Life</i>	Schneider	\$21.95	978-1623170080
Myofascial Massage - Introduction	<i>Recommended: Myofascial Massage</i>	Dixon	\$58.95	0-7817-4832-1
Qigong Basics	<i>Recommended: Qigong</i>	Cohen	\$17.95	978-0345421098
Reflexology for Women's Health	<i>Recommended: Complete Reflexology for Life</i>	Kunz	\$21.99	978-0756655808
Shiatsu II	Shiatsu Short Form Handbook PDF	Cleaver	Free	<a href="http://jimcleaver.com">jimcleaver.com</a>
Tai Chi for Better Balance	<i>Recommended: Qigong</i>	Cohen	\$17.95	978-0345421098



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