

Oregon School of Massage ~ Spring 2023 Booklist

CORE CLASSES - REQUIRED TEXTS

| Course | Textbook | Author | Price | ISBN# |
|-------------------------------------|---|-----------------------------------|--------------------|--|
| Anatomy & Physiology - I & II & III | <i>Anatomy & Physiology, 3rd ed.</i> Recommended: <i>Coloring Book, 4th ed.</i> | Premkumar Kapit | \$89.95 \$29.50 | 978-0-7817-5922-9 978-0-321-83201-6 |
| Business of Massage - Introduction | <i>Business Mastery, 5th ed.</i> | Sohnen-Moe | \$39.00 | 978-188290-8059 |
| Clinic | Recommended: <i>Save Your Hands!</i> | Greene & Goggins | \$39.95 | 978-0-9679549-1-2 |
| Communications/Ethics | <i>Educated Heart, 5th ed.</i> | McIntosh | \$59.95 | 978-1-4963-4731-2 |
| Hydrotherapy | <i>Hydrotherapy for Bodyworkers, 2nd ed.</i> | Sinclair | \$65.00 | 978-1-912085-52-1 |
| Kinesiology Upper & Lower | <i>Trail Guide to the Body, 6th ed.</i> Recommended: <i>Trail Guide Student Workbook, 6th ed.</i> | Biel Biel | \$72.95 \$29.95 | 978-0-9987850-6-6 978-0-9914666-7-2 |
| Massage Assessment & Application | Recommended: <i>Hands Heal, 4th ed.</i> | Thompson | \$45.00 | 978-1609133870 |
| Massage Fundamentals | <i>Trail Guide to the Body, 6th ed.</i> <i>OSM Healing Massage Techniques</i> | Biel Pearson Custom Library | \$72.95 \$60.00 | 978-0-9987850-6-6 1-323-34918-9 |
| Massage Upper & Massage Lower | <i>Trail Guide to the Body, 6th ed.</i> <i>OSM Healing Massage Techniques</i> | Biel Pearson Custom Library | \$72.95 \$60.00 | 978-0-9987850-6-6 1-323-34918-9 |
| Palpation Skills | <i>Trail Guide to the Body, 6th ed.</i> Recommended: <i>Trail Guide to Movement, 2nd ed.</i> | Biel Biel | \$72.95 \$45.95 | 978-0-9987850-6-6 978-0-9987850-5-9 |
| Pathology I & II | <i>Massage Therapists Guide to Pathology, 7th ed.</i> | Werner | \$84.00 | 978-0-9982663-4-3 |
| Shiatsu I | <i>Shiatsu Short Form Handbook PDF</i> | Cleaver | Free | jimcleaver.com |

CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS

| Course | Textbook | Author | Price | ISBN# |
|-------------------------------------|--|------------------------------|--------------------|--|
| ABC's of Chinese Medicine - Part B | <i>ABC's of Chinese Medicine - Part B</i> | <i>Cleaver</i> | Free | jimcleaver.com |
| Bowenwork Module 1 | <i>A Textbook of Bowen Technique</i> | <i>Pennington</i> | \$65.00 | 978-0-9872552-4-2 |
| Craniosacral Therapy Introduction | Recommended: <i>Heart of Listening Vol 1</i> Recommended: <i>Heart of Listening Vol 2</i> | <i>Milne</i> <i>Milne</i> | \$29.95 \$35.00 | 978-1556432798 978-1556432804 |
| Massage for Eye Strain & Upper Body | Recommended: <i>Vision for Life</i> | <i>Schneider</i> | \$21.95 | 978-1623170080 |
| Myofascial Massage - Introduction | Recommended: <i>Myofascial Massage</i> | <i>Dixon</i> | \$58.95 | 0-7817-4832-1 |
| Qigong Basics | Recommended: <i>Qigong</i> | <i>Cohen</i> | \$17.95 | 978-0345421098 |
| Reflexology for Women's Health | Recommended: <i>Complete Reflexology for Life</i> | <i>Kunz</i> | \$21.99 | 978-0756655808 |
| Shiatsu II | <i>Shiatsu Short Form Handbook PDF</i> | <i>Cleaver</i> | Free | jimcleaver.com |
| Tai Chi for Better Balance | Recommended: <i>Qigong</i> | <i>Cohen</i> | \$17.95 | 978-0345421098 |

