



# Oregon School of Massage ~ Summer 2022 Booklist



## CORE CLASSES - REQUIRED TEXTS

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I & II & III	<i>Anatomy &amp; Physiology, 3rd ed.</i> <i>Anatomy Coloring Book, 4th ed.</i>	Premkumar Kapit	\$89.95 \$29.50	978-0-7817-5922-9 978-0-321-83201-6
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	Sohnen-Moe	\$39.00	978-188290-8059
Clinic	<b>Recommended:</b> <i>Save Your Hands!</i>	Greene & Goggins	\$39.95	978-0-9679549-1-2
Communications/Ethics	<i>People Skills</i> <i>Educated Heart, 4th ed. or 5th ed.</i>	Bolton McIntosh	\$16.00 \$59.95	978-0-671-62248-0 978-1-4963-4731-2
Hydrotherapy	<i>Hydrotherapy for Bodyworkers.</i>	Sinclair	\$65.00	9-781912-085521
Kinesiology Upper & Lower	<i>Trail Guide to the Body, 6th ed.</i> <b>Recommended:</b> <i>Trail Guide Student Workbook, 6th ed.</i>	Biel Biel	\$72.95 \$29.95	978-0-9987850-6-6 978-0-9914666-7-2
Massage Assessment & Application	<b>Recommended:</b> <i>Hands Heal, 4th ed.</i>	Thompson	\$45.00	978-1609133870
Massage Fundamentals	<i>Trail Guide to the Body, 6th ed.</i> <i>OSM Healing Massage Techniques</i>	Biel Pearson Custom Library	\$72.95 \$60.00	978-0-9987850-6-6 1-323-34918-9
Massage Upper & Massage Lower	<i>Trail Guide to the Body, 6th ed.</i> <i>OSM Healing Massage Techniques</i>	Biel Pearson Custom Library	\$72.95 \$60.00	978-0-9987850-6-6 1-323-34918-9
Palpation Skills	<i>Trail Guide to the Body, 6th ed.</i> <b>Recommended:</b> <i>Trail Guide to Movement, 2nd ed.</i>	Biel Biel	\$72.95 \$45.95	978-0-9987850-6-6 978-0-9987850-5-9
Pathology I & II	<i>Massage Therapists Guide to Pathology, 6th ed.</i>	Werner	\$84.00	978-1-4963-1082-8
Shiatsu I	<i>Shiatsu Short Form Handbook PDF</i>	Cleaver	Free	<a href="http://jimcleaver.com">jimcleaver.com</a>

## CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS

Course	Textbook	Author	Price	ISBN#
Craniosacral Therapy Level 1	<i>Recommended: Heart of Listening Vol 1</i>	Milne	\$29.95	978-1556432798
	<i>Recommended: Heart of Listening Vol 2</i>	Milne	\$35.00	978-1556432804
Myofascial Massage - Direct	<i>Recommended: Myofascial Massage</i>	Dixon	\$58.95	0-7817-4832-1
Shiatsu II	<i>Shiatsu Short Form Handbook PDF</i>	Cleaver	Free	<a href="http://jimcleaver.com">jimcleaver.com</a>
Shiatsu IV	<i>Shiatsu Long Form Handbook PDF</i>	Cleaver	Free	<a href="http://jimcleaver.com">jimcleaver.com</a>
Tai Chi for Better Balance	<i>Recommended: Qigong</i>	Cohen	\$17.95	978-0345421098

