



Oregon School of Massage ~ Fall 2021 Book List

CORE CLASSES - REQUIRED TEXTS

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I & II & III	<i>Anatomy & Physiology, 3rd ed.</i>	<i>Premkumar</i>	\$89.95	978-0-7817-5922-9
	<i>Anatomy Coloring Book, 4th ed.</i>	<i>Kapit</i>	\$24.50	978-0-321-83201-6
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	<i>Sohnen-Moe</i>	\$35.00	978-188290-8059
Clinic	<i>Recommended: Save your Hands!</i>	<i>Greene & Goggins</i>	\$39.95	978-0-9679549-1-2
Communications/Ethics	<i>People Skills</i>	<i>Bolton</i>	\$16.00	978-0-671-62248-0
	<i>Educated Heart 4th ed. or 5th ed.</i>	<i>McIntosh</i>	\$59.95	978-1-4963-4731-2
Hydrotherapy	<i>Modern Hydrotherapy for the Massage Therapist</i>	<i>Sinclair</i>	\$58.00	978-0-7817-9209-7
Kinesiology Upper & Lower	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide Student Workbook, 5th ed.</i>	<i>Biel</i>	\$24.95	978-0-9829786-6-5
Massage Assessment & Application	<i>Recommended: Hands Heal 4th ed.</i>	<i>Thompson</i>	\$45.00	978-1609133870
Massage Fundamentals	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques</i>	<i>Pearson Custom Library</i>	\$60.00	1-323-34918-9
Massage Upper & Massage Lower	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques</i>	<i>Pearson Custom Library</i>	\$60.00	1-323-34918-9
Palpation Skills	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide to Movement</i>	<i>Biel</i>	\$45.95	978-0-9914666-2-7
Pathology I & II	<i>Massage Therapists Guide to Pathology 6th ed.</i>	<i>Werner</i>	\$84.00	978-1-4963-1082-8
Shiatsu I & II	<i>Shiatsu Short Form Handbook PDF</i>	<i>Cleaver</i>	Free	jimcleaver.com

CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS

Course	Textbook	Author	Price	ISBN#
ABC's of Chinese Medicine - Pt A	<i>ABC's of Chinese Medicine - Pt A PDF</i>	<i>Cleaver</i>	<i>Free</i>	jimcleaver.com
Aromatherapy Foundations - Part I & IV	<i>Recommended: Aromatherapy for Body Workers</i>	<i>Shutes & Weaver</i>	<i>\$77.00</i>	<i>978-0-1317373-7-2</i>
	<i>Recommended: Jennscents</i>	<i>Pressimone</i>	<i>\$45.00</i>	<i>978-0-9971463-0-1</i>
	<i>Recommended: The Complete Guide to Aromatherapy</i>	<i>Battaglia</i>	<i>\$87.50</i>	<i>978-0-6464289-6-3</i>
Craniosacral Therapy Intro	<i>Recommended: Heart of Listening Vol 1</i>	<i>Milne</i>	<i>\$29.95</i>	<i>978-1556432798</i>
	<i>Recommended: Heart of Listening Vol 2</i>	<i>Milne</i>	<i>\$35.00</i>	<i>978-1556432804</i>
Massage for People Living with Cancer	<i>Medicine Hands</i>	<i>MacDonald</i>	<i>\$39.95</i>	<i>978-1-8440963-9-8</i>
Myofascial Massage Introduction	<i>Recommended: Myofascial Massage</i>	<i>Dixon</i>	<i>\$58.95</i>	<i>0-7817-4832-1</i>
Neuromuscular Therapy 4 (NMT)	<i>Recommended: Myofascial Pain and Dysfunction: The Trigger Point Manual</i>	<i>Travell & Simons</i>	<i>\$176.99</i>	<i>978-0-7817556-0-3</i>
Preventing Eye Strain/Body Tension	<i>Recommended: Modern Hydrotherapy for the Massage Therapist</i>	<i>Sinclair</i>	<i>\$58.00</i>	<i>978-0-7817-9209-7</i>
Recordkeeping/Tax Reporting	<i>Recommended: Can I Deduct That?</i>	<i>Bowman & Bowers</i>	<i>\$9.00</i>	<i>978-1-797677781</i>
Reiki 2nd Degree	<i>Recommended: Reiki</i>	<i>Miles</i>	<i>\$18.00</i>	<i>978-1-5854-2649-2</i>
Tai Chi for Better Balance	<i>Recommended: Qigong</i>	<i>Cohen</i>	<i>\$17.95</i>	<i>978-0345421098</i>