



## Oregon School of Massage ~ Spring 2021 Book List

### CORE CLASSES - REQUIRED TEXTS

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I & II & III	<i>Anatomy &amp; Physiology, 3rd ed.</i>	<i>Premkumar</i>	\$89.95	978-0-7817-5922-9
	<i>Anatomy Coloring Book, 4th ed.</i>	<i>Kapit</i>	\$24.50	978-0-321-83201-6
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	<i>Sohnen-Moe</i>	\$35.00	978-188290-8059
Clinic	<i>Recommended: Save your Hands!</i>	<i>Greene &amp; Goggins</i>	\$39.95	978-0-9679549-1-2
Communications/Ethics	<i>People Skills</i>	<i>Bolton</i>	\$16.00	978-0-671-62248-0
	<i>Educated Heart 4th ed. or 5th ed.</i>	<i>McIntosh</i>	\$59.95	978-1-4963-4731-2
Hydrotherapy	<i>Modern Hydrotherapy for the Massage Therapist</i>	<i>Sinclair</i>	\$58.00	978-0-7817-9209-7
Kinesiology Upper & Lower	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide Student Workbook, 5th ed.</i>	<i>Biel</i>	\$24.95	978-0-9829786-6-5
Massage Assessment & Application	<i>Clinical Massage Therapy</i>	<i>Rattray &amp; Ludwig</i>	\$99.50	0-9698177-1-1
	<i>Recommended: Hands Heal 4th ed.</i>	<i>Thompson</i>	\$45.00	978-1609133870
Massage Fundamentals	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	<i>Pearson Custom Library</i>	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	<i>Benjamin</i>	\$98.95	978-0-13-408269-1
Massage Upper and Massage Lower	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	<i>Pearson Custom Library</i>	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	<i>Benjamin</i>	\$98.95	978-0-13-408269-1
Palpation Skills	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide to Movement</i>	<i>Biel</i>	\$45.95	978-0-9914666-2-7
Pathology I & II	<i>Massage Therapists Guide to Pathology 6th ed.</i>	<i>Werner</i>	\$84.00	978-1-4963-1082-8

**CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS**

<b>Course</b>	<b>Textbook</b>	<b>Author</b>	<b>Price</b>	<b>ISBN#</b>
Aromatherapy Foundations - Part II & III	<i>Recommended: Aromatherapy for Body Workers</i>	<i>Shutes &amp; Weaver</i>	\$77.00	978-0-1317373-7-2
	<i>Recommended: Jennscents</i>	<i>Pressimone</i>	\$45.00	978-0-9971463-0-1
	<i>Recommended: The Complete Guide to Aromatherapy</i>	<i>Battaglia</i>	\$87.50	978-0-6464289-6-3
	<i>Recommended: The Essential Oils Comprehensive Reference Guide</i>	<i>Stiles</i>	\$30.00	978-1-6241430-4-5
Massage for People Living with Cancer	<i>Medicine Hands</i>	<i>MacDonald</i>	\$39.95	978-1-8440963-9-8
Neuromuscular Therapy 2 (NMT)	<i>Recommended: Myofascial Pain and Dysfunction: The Trigger Point Manual</i>	<i>Travell &amp; Simons</i>	\$176.99	978-0-7817556-0-3
Preventing Eye Strain/Body Tension	<i>Modern Hydrotherapy for the Massage Therapist</i>	<i>Sinclair</i>	\$58.00	978-0-7817-9209-7
Spa Essentials : Lost Resort	<i>Recommended: Spa Bodywork</i>	<i>Williams</i>	\$51.95	978-0-7817-5578-8
Tai Chi for Better Balance	<i>Recommended: Qigong</i>	<i>Cohen</i>	\$17.95	978-0345421098