



Oregon School of Massage ~ Winter 2021 Book List

CORE CLASSES - REQUIRED TEXTS

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I & II	<i>Anatomy & Physiology, 3rd ed.</i>	<i>Premkumar</i>	\$89.95	978-0-7817-5922-9
	<i>Anatomy Coloring Book, 4th ed.</i>	<i>Kapit</i>	\$24.50	978-0-321-83201-6
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	<i>Sohnen-Moe</i>	\$35.00	978-188290-8059
Clinic	<i>Recommended: Save your Hands!</i>	<i>Greene & Goggins</i>	\$39.95	978-0-9679549-1-2
Communications/Ethics	<i>People Skills</i>	<i>Bolton</i>	\$16.00	978-0-671-62248-0
	<i>Educated Heart 4th ed. or 5th ed.</i>	<i>McIntosh</i>	\$59.95	978-1-4963-4731-2
Kinesiology Upper & Lower	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide Student Workbook, 5th ed.</i>	<i>Biel</i>	\$24.95	978-0-9829786-6-5
Massage Assessment & Application	<i>Clinical Massage Therapy</i>	<i>Rattray & Ludwig</i>	\$99.50	0-9698177-1-1
	<i>Recommended: Hands Heal 4th ed.</i>	<i>Thompson</i>	\$45.00	978-1609133870
Massage Fundamentals	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	<i>Pearson Custom Library</i>	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	<i>Benjamin</i>	\$98.95	978-0-13-408269-1
Massage Upper and Massage Lower	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	<i>Pearson Custom Library</i>	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	<i>Benjamin</i>	\$98.95	978-0-13-408269-1
Pathology I & II	<i>Massage Therapists Guide to Pathology 6th ed.</i>	<i>Werner</i>	\$84.00	978-1-4963-1082-8
Shiatsu I	<i>Shiatsu Short Form Handbook</i>	<i>Cleaver</i>	\$25.00	N/A

CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS

Course	Textbook	Author	Price	ISBN#
Aromatherapy Foundations - Part I, II, III & IV	<i>Recommended: Aromatherapy for Body Workers</i>	<i>Shutes & Weaver</i>	\$77.00	978-0-1317373-7-2
	<i>Recommended: Jennscents</i>	<i>Pressimone</i>	\$45.00	978-0-9971463-0-1
	<i>Recommended: The Complete Guide to Aromatherapy</i>	<i>Battaglia</i>	\$87.50	978-0-6464289-6-3
	<i>Recommended: The Essential Oils Comprehensive Reference Guide</i>	<i>Stiles</i>	\$30.00	978-1-6241430-4-5
Neuromuscular Therapy 1 (NMT)	<i>Recommended: Myofascial Pain and Dysfunction: The Trigger Point Manual</i>	<i>Travell & Simons</i>	\$176.99	978-0-7817556-0-3
Record keeping/Tax Reporting	<i>Recommended: Can I Deduct That?</i>	<i>Bowman</i>	\$9.00	N/A

