Oregon School *of* Massage ~ Winter 2021 *Book List*

CORE CLASSES - REQUIRED TEXTS

Course	*Textbook*	*Author*	*Price*	*ISBN#*
Anatomy & Physiology - I & II	*Anatomy & Physiology, 3rd ed.* *Anatomy Coloring Book, 4th ed.*	*Premkumar* *Kapit*	*$89.95* *$24.50*	*978-0-7817-5922-9* *978-0-321-83201-6*
Business of Massage - Introduction	*Business Mastery, 5th ed.*	*Sohnen-Moe*	*$35.00*	*978-188290-8059*
Clinic	*Recommended: Save your Hands!*	*Greene & Goggins*	*$39.95*	*978-0-9679549-1-2*
Communications/Ethics	*People Skills* *Educated Heart 4th ed. or 5th ed.*	*Bolton* *McIntosh*	*$16.00* *$59.95*	*978-0-671-62248-0* *978-1-4963-4731-2*
Kinesiology Upper & Lower	*Trail Guide to the Body 5th ed.* *Recommended: Trail Guide Student Workbook, 5th ed.*	*Biel* *Biel*	*$64.95* *$24.95*	*978-0-9829786-5-8* *978-0-9829786-6-5*
Massage Assessment & Application	*Clinical Massage Therapy* *Recommended: Hands Heal 4th ed.*	*Rattray & Ludwig* *Thompson*	*$99.50* *$45.00*	*0-9698177-1-1* *978-1609133870*
Massage Fundamentals	*Trail Guide to the Body 5th ed.* *OSM Healing Massage Techniques OR* *Tappan's Handbook of Massage Therapy, 6th ed.*	*Biel* *Pearson Custom Library* *Benjamin*	*$64.95* *$60.00* *$98.95*	*978-0-9829786-5-8* *1-323-34918-9* *978-0-13-408269-1*
Massage Upper and Massage Lower	*Trail Guide to the Body 5th ed.* *OSM Healing Massage Techniques OR* *Tappan's Handbook of Massage Therapy, 6th ed.*	*Biel* *Pearson Custom Library* *Benjamin*	*$64.95* *$60.00* *$98.95*	*978-0-9829786-5-8* *1-323-34918-9* *978-0-13-408269-1*
Pathology I & II	*Massage Therapists Guide to Pathology 6th ed.*	*Werner*	*$84.00*	*978-1-4963-1082-8*
Shiatsu I	*Shiatsu Short Form Handbook*	*Cleaver*	*$25.00*	*N/A*

CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS

Course	*Textbook*	*Author*	*Price*	*ISBN#*
Aromatherapy Foundations - Part I, II, III & IV	*Required: Aromatherapy for Body Workers* *Recommended: Jennscents* *Recommended: The Complete Guide to Aromatherapy*	*Shutes & Weaver* *Pressimone* *Battaglia*	*$77.00* *$45.00* *$87.50*	*978-0-1317373-7-2* *978-0-9971463-0-1* *978-0-6464289-6-3*
Neuromuscular Therapy 1 (NMT)	*Recommended: Myofascial Pain and Dysfunction: The Trigger Point Manual*	*Travell & Simons*	*$176.99*	*978-0-7817556-0-3*
Record keeping/Tax Reporting	*Recommended: Can I Deduct That?*	*Bowman*	*$9.00*	*N/A*