



Oregon School of Massage ~ Summer 2018 Book List



CORE CLASSES - REQUIRED TEXTS

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I, II & III	<i>Anatomy & Physiology, 3rd ed.</i>	Premkumar	\$89.95	978-0-7817-5922-9
	<i>Anatomy Coloring Book, 4th ed.</i>	Kapit	\$24.50	978-0-321-83201-6
	<i>API - Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	Sohnen-Moe	\$35.00	978-188290-8059
Clinic	<i>Recommended: Save your Hands!</i>	Greene & Goggins	\$39.95	978-0-9679549-1-2
Communication/Ethics	<i>People Skills</i>	Bolton	\$16.00	978-0-671-62248-0
	<i>Educated Heart 4th ed.</i>	McIntosh	\$62.39	978-1-4963-4731-2
Hydrotherapy	<i>Modern Hydrotherapy for the Massage Therapist</i>	Sinclair	\$58.00	978-0-7817-9209-7
Kinesiology Upper & Lower	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide Student Workbook, 5th ed.</i>	Biel	\$24.95	978-0-9829786-6-5
	<i>Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Massage Fundamentals	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	Pearson Custom Library	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	Benjamin	\$98.95	978-0-13-408269-1
Massage Upper and Massage Lower	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	Pearson Custom Library	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	Benjamin	\$98.95	978-0-13-408269-1
Massage Assessment & Application	<i>Clinical Massage Therapy</i>	Rattray & Ludwig	\$99.50	0-9698177-1-1
	<i>Recommended: Hands Heal 4th ed.</i>	Thompson	\$45.00	978-1609133870
Massage Theory	<i>Recommended: Discovering the Body's Wisdom</i>	Knaster	\$22.95	978-0-553373-271
Palpation Skills	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Pathology I & II	<i>Massage Therapists Guide to Pathology 6th ed.</i>	Werner	\$84.00	978-1-4963-1082-8
Shiatsu I & II	<i>Shiatsu I & II: Shiatsu Short Form Handbook</i>	Cleaver	\$25	N/A

CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS				
Course	Textbook	Author	Price	ISBN#
ABC's of Chinese Medicine - Part B	<i>ABC's of Chinese Medicine - Part B</i>	<i>Cleaver</i>	\$25.00	N/A
Active Isolated Stretching: Lower Body	<i>Recommended: Anatomy Trains</i>	<i>Meyers</i>	\$79.95	978-0-7020-4854-4
	<i>Recommended: Trail Guide to the Body 5th Ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
Active Isolated Stretching for the Feet	<i>Recommended: Anatomy Trains</i>	<i>Meyers</i>	\$79.95	978-0-7020-4854-4
	<i>Recommended: Trail Guide to the Body 5th Ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
Aromatherapy Foundations - Part II	<i>Required: Aromatherapy for Body Workers</i>	<i>Shutes & Weaver</i>	\$58.95	978-0-1317373-7-2
	<i>Recommended: Jennscents</i>	<i>Pressimone</i>	\$45.00	978-0-9971463-0-1
	<i>Recommended: The Complete Guide to Aromatherapy</i>	<i>Battaglia</i>	\$87.50	978-0-6464289-6-3
Chiropractic Assistant Certification	<i>Required: Physiotherapy Study Guide</i>	<i>Agresta & McDowell</i>	\$45.00	N/A
Communication During Bodywork	<i>Recommended: Myofascial Massage</i>	<i>Dixon</i>	\$58.95	0-7817-4832-1
Craniosacral Therapy Introduction	<i>Recommended: Myofascial Massage</i>	<i>Dixon</i>	\$58.95	0-7817-4832-1
	<i>Recommended: Heart of Listening Vol 1</i>	<i>Milne</i>	\$29.95	978-1556432798
	<i>Recommended: Heart of Listening Vol 2</i>	<i>Milne</i>	\$35.00	978-1556432804
Ethical Boundary Setting	<i>Recommended: Educated Heart 4th ed.</i>	<i>McIntosh</i>	\$62.39	978-1-4963-4731-2
Lymphatic Detox Introduction	<i>Recommended: Body Mechanics and Self Care Manual</i>	<i>Dixon</i>	\$57.50	0-8385-0747-6
Myofascial Trigger Point Therapy	<i>Recommended: Myofascial Pain and Dysfunction (2 Volume Set)</i>	<i>Travell & Simons</i>	\$132.95	978-0-683-08363-7 /
			\$139.95	978-0-683-08366-8
Neuromuscular Therapy Introduction NMT - Forearm & Hand	<i>Required: Any Kinesiology Text</i>	<i>Various</i>	<i>Various</i>	<i>Various</i>
Massage & Acupressure for Birth Pregnancy: Massage Fundamentals Pregnancy: New Mother	<i>Recommended: Nurturing Massage for Pregnancy</i>	<i>Stager</i>	\$50.95	978-0-7817-6753-8
Pregnancy: MotherTouch Prenatal Bodywork	<i>Required: Nurturing Massage for Pregnancy</i>	<i>Stager</i>	\$50.95	978-0-7817-6753-8
Shiatsu III Long Form	<i>Required: Shiatsu Long Form Handbook</i>	<i>Cleaver</i>	\$25.00	N/A
The Female Pelvis	<i>Recommended: The Female Pelvis</i>	<i>Calais-Germain</i>	\$24.95	978-0-9396163-8-1