



Oregon School of Massage ~ Fall 2017 Book List



CORE CLASSES - REQUIRED TEXTS

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I, II & III	<i>Anatomy & Physiology, 3rd ed.</i>	Premkumar	\$89.95	978-0-7817-5922-6
	<i>Anatomy Coloring Book, 4th ed.</i>	Kapit	\$23.10	978-0-321-83201-6
	<i>API - Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	Sohnen-Moe	\$35.00	978-188290-8059
Clinic	<i>Recommended: Save your Hands!</i>	Greene & Goggins	\$39.95	978-0-9679549-1-2
Communication/Ethics	<i>People Skills</i>	Bolton	\$16.00	978-0-671-62248-0
	<i>Educated Heart 4th ed.</i>	McIntosh	\$62.39	978-1-4963-4731-2
Hydrotherapy	<i>Modern Hydrotherapy for the Massage Therapist</i>	Sinclair	\$58.00	978-0-7817-9209-7
Kinesiology Upper & Lower	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide Student Workbook, 5th ed.</i>	Biel	\$24.95	978-0-9829786-6-5
	<i>Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Massage Fundamentals	<i>OSM Healing Massage Techniques or</i>	Pearson Custom Library	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	Benjamin	\$98.95	978-0134071-862
	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
Massage Upper and Massage Lower	<i>OSM Healing Massage Techniques or</i>	Pearson Custom Library	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	Benjamin	\$98.95	978-013408-2691
	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
Massage Assessment & Application	<i>Clinical Massage Therapy</i>	Rattray & Ludwig	\$99.50	978-0969817710
	<i>Recommended: Hands Heal 4th ed.</i>	Thompson	\$45.00	978-1609133870
Massage Theory	<i>Recommended: Discovering the Body's Wisdom</i>	Knaster	\$22.95	978-0-553373-271
Palpation Skills	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Pathology I & II	<i>Massage Therapists Guide to Pathology 6th ed.</i>	Werner	\$74.00	978-1-4963-1082-8
Shiatsu I & II	<i>Shiatsu I & II: Shiatsu Short Form Handbook</i>	Cleaver	\$20.00	N/A

CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS

Course	Textbook	Author	Price	ISBN#
Chiropractic Assistant Certification	<i>Required: Physiotherapy Study Guide</i>	<i>Agresta & McDowell</i>	\$36.00	N/A
Communication During Bodywork Sessions	<i>Recommended: Myofascial Massage Recommended: Body Lessons</i>	<i>Dixon Dixon</i>	\$58.95 See Instructor	<i>0-7817-4832-1 See Instructor</i>
Craniosacral Therapy: Level 1	<i>Required: Myofascial Massage Recommended: Heart of Listening Vol 1 Heart of Listening Vol 2</i>	<i>Dixon Milne Milne</i>	\$58.95 \$29.95 \$35	<i>0-7817-4832-1 978-1556432798 978-1556432804</i>
Ethical Boundary Setting	<i>Recommended: Educated Heart 4th ed.</i>	<i>McIntosh</i>	\$62.39	978-1-4963-4731-2
Manual Rested Muscle Testing	<i>Orthopedic Assessment in Massage Therapy</i>	<i>Lowe</i>	\$49.95	978-0-7817957-4-6
Myofascial Massage - Direct Method	<i>Required: Myofascial Massage</i>	<i>Dixon</i>	\$58.95	0-7817-4832-1
Myofascial Massage Introduction	<i>Required: Myofascial Massage Recommended: Body Mechanics and Self Care Manual</i>	<i>Dixon Dixon</i>	\$58.95 \$57.50	<i>0-7817-4832-1 0-8385-0747-6</i>
Massage & Acupressure for Birth Pregnancy: Mass Fund Pregnancy: New Mother	<i>Recommended: Nurturing Massage for Pregnancy</i>	<i>Stager</i>	\$50.95	978-0-9829786-5-8
Prenatal Bodywork Certificate	<i>Required: Nurturing Massage for Pregnancy</i>	<i>Stager</i>	\$50.95	978-0-9829786-5-8
Record Keeping / Tax Keeping	<i>Required: Can I Deduct That?</i>	<i>Bowman</i>	\$8.55	N/A
Shiatsu III Long Form	<i>Required: Shiatsu Long Form Handbook</i>	<i>Cleaver</i>	\$20.00	N/A