

OREGON SCHOOL OF MASSAGE

Winter 2021 Class Schedule

Version 1 11/10/2020	Monday 1/11-3/15	Tuesday 1/12-3/16	Wednesday 1/13-3/17	Thursday 1/14-3/19	Friday 1/15-3/19	Sat/Sun 1/16-3/21
Morning 9am-12pm	APS Seminar ▲ Morin - Online 9a-12p 1/11, 2/8, & 3/15 Statutes▲ Morin - Online (1/18 & 1/25) 9a-12p	Massage - Upper Morin-Portland 9a-12p	Massage - Lower Morin - Portland 9a-12p	Massage Theory Dixon - Online 1/14-2/11 & 2/18-3/18 (9:30a-12:30p) Communication/Ethics Bettincourt	<div style="border: 2px solid black; padding: 10px; background-color: #333; color: white;"> <p>REGISTRATION</p> <p>FINAL QUARTER: November 17th, 2020</p> <p>OPEN REGISTRATION: begins November 24th, 2020</p> <p>LAST DAY TO REGISTER: December 11th, 2020</p> <p>Tuition is due at time of registration.</p> </div>	
Afternoon 1:30-4:30pm	Kines - Upper Lee - Online 1:30-2:30pm Business Intro Lee - Online (1/11-2/8)	Clinic ▲ Berg - Portland (1-5:30p) Pathology I Dixon - Online 2-5p	Massage Fundamentals♦ Lloyd - Portland 1-4p Massage - Upper Morin-Portland 1:30-4:30p Kines - Upper Lab A Lee - Salem 1:30-3:30p Kines - Upper Lab B Lee - Salem 4-6p	Anat & Phys I Brewer - Online		
Evening 6-9pm		Massage Theory Hallett - Online 1/12-2/9 Pathology II Lev - Online 6-9p Massage Fundamentals♦ Scott - Salem 4:30-7:30p	Massage - A&A Scott - Salem 6:30-9:30p Massage Fundamentals♦ Lloyd - Portland 5-8p Kines - Upper Lab C Lee-Salem 6:30-8:30p	Massage - A&A Scott - Portland 6-9p Anat & Phys II Brewer - Online 6-9p		

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires TWO Saturday classes 1/30 & 3/6 and a weekend TBD.**

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	Advanced Practice Skills Seminar	Online	6	Morin	Jan 11-Mar 15	Mon 9am - 12pm - 1/11,	\$125	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology I	Online	30	Brewer	Jan 14-Mar 18	Thu 1:30pm - 4:30pm	\$575	None
	Anatomy & Physiology II	Online	30	Brewer	Jan 14-Mar 18	Thu 6 - 9pm	\$575	AP I
	Aromatherapy Foundations - Part I	Online	7.5	Sidlo	Jan 16	Sat 9am-5:30pm	\$270	None
	Aromatherapy Foundations - Part II	Online	7.5	Sidlo	Feb 6	Sat 900am-5:30pm	\$270	Aromatherapy Part I
	Aromatherapy Foundations - Part III	Online	7.5	Sidlo	Feb 27	Sat 9am-5:30pm	\$270	Aromatherapy Part I and II
	Aromatherapy Foundations - Part IV	Online	7.5	Sidlo	Mar 20	Sat 9am-5:30pm	\$250	Aromatherapy Part I, II & III
	Building Your Ethical Body	Online	4	Dixon	Feb 12	F 100p - 500p	\$90	Comm/Ethics or LMT
	Business of Massage - Introduction	Online	15	Lee	Jan 11-Feb 8	Mon 3:30p - 6:30p	\$305	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent)
	Ethics, Boundaries, and Communication	Online	4	Hallett	Jan 24	Sun 10am-2pm	\$95	Massage A&A or LMT
	Ethics, Boundaries, and Communication	Online	4	Hallett	Feb 21	Sun 10am-2pm	\$95	Massage A&A or LMT
	Ethics, Boundaries, and Communication	Online	4	Hallett	Mar 14	Sun 10am-2pm	\$95	Massage A&A or LMT
	Five Elements Qigong:	Online	3	Dixon	Feb 5	FR 1-4pm	\$75	None
	Franklin Method for Pelvic Boney	Online	3	Wesley	Feb 28	SU. 9am - 12pm	\$75	NONE, Kinesiology Recommended, OR LMT
	Franklin Method for Shoulder Girdle	Online	3	Wesley	Feb 13	Sat 9am - 12pm	\$75	NONE, Kinesiology recommended, OR LMT
	Kinesiology - Upper Body Lecture	Online	10	Lee	Jan 11-Mar 15	M 130p-230p	\$575	AP I, Massage - Fundamentals
	Massage Theory	Online	14	Dixon	Jan 14-Feb 11	Thu 9:30 - 12:30pm	\$285	Fundamentals (OK, concurrent/ temp waiver (FA 20)
	Massage Theory	Online	14	Dixon	Feb 18-Mar 18	Thu 9:30 - 12:30pm	\$285	Fundamentals (OK, concurrent/ temp waiver (FA 20)
	Massage Theory	Online	14	Hallett	Jan 12-Feb 9	Tue 6 - 9pm	\$285	Fundamentals (OK, concurrent/ temp waiver (FA 20)
	Myofascial Foam Rolling	Online	5	Dixon	Jan 12-Feb 9	T 10a - 11a	\$145	NONE
	Myofascial Foam Rolling	Online	5	Dixon	Feb 16-Mar 16	T 10a - 11a	\$145	NONE
	Pathology I	Online	30	Dixon	Jan 12-Mar 16	Tue 2 - 5pm	\$575	AP I (recommended: A&P II)
	Pathology II	Online	30	Lev, LAc	Jan 12-Mar 16	Tue 6 - 9pm	\$575	A&P1 , Path I (recommended: AP II, AP III)
	Polyvagal Theory & Bodywork	Online	4	Moore	Mar 20-Mar 21	Sat-Sun 10am - 12pm	\$80	AP3
	Qigong	Online	3	Dixon	Jan 15	FR 1-4pm	\$75	None
	Qigong	Online	3	Dixon	Mar 5	FR 1-4pm	\$75	None
	Reiki: The Science Behind Sensation	Online	3	Coppieters	Feb 20-Feb 20	Sat 10am - 1pm	\$60	None
	Statutes	Online	6	Morin	Jan 18-Jan 25	Mon 9am -12pm - 1/18,	\$120	Communications/Ethics, Clinic (may be concurrent)
	Understanding Chronic Pain	Online	3	Dixon	Mar 12	F 100p - 400p	\$85	NONE



Winter 2021 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Clinic	Portland	45	Berg	Jan 12-Mar 16	Tue 1- 5:30pm	\$840	Mass Assess/App (concurrent)
	Communication/Ethics	Portland	30	Bettincourt	Jan 14-Mar 18	Thu 9am - 12pm	\$575	Massage - Fundamentals (may be concurrent)
	Massage - Assessment & Application	Portland	30	Scott	Jan 14-Mar 18	TH 600p - 900pm	\$575	Mass/Kines- Up & Low, Hydro, Path I
	Massage - Fundamentals	Portland	45	Lloyd	Jan 13-Mar 17	Wed 100-400pm Plus two	\$1080	Recommended Concurrent with Communication/Ethics
	Massage - Fundamentals	Portland	45	Lloyd	Jan 13-Mar 17	Wed 5 - 8pm Also	\$1080	Recommended Concurrent with Communication/Ethics
	Massage - Lower Body	Portland	30	Morin	Jan 13-Mar 17	Wed 9am -12pm	\$575	Mass - Fund., Comm, Kines Lower (concurrent)
	Massage - Upper Body A	Portland	30	Morin	Jan 12-Mar 16	T 900a - 12p	\$575	Mass Fund., Comm, Kines Upper (concurrent)
	Massage - Upper Body	Portland	30	Morin	Jan 13-Mar 17	Wed 1:30 - 4:30pm	\$575	Mass Fund., Comm, Kines Upper (concurrent)
	Neuromuscular Therapy 1	Portland	24	Lloyd	Jan 23-Mar 20	SA 1/23, 2/20, and 3/20.	\$	A&P 1 and 2, Pathology, Kinesiology Upper and Lower, OR LMT
	Recordkeeping/Tax Reporting	Portland	12	Bowman	Jan 30-Jan 31	Sat-Sun 9am-4pm	\$300	None
	The Reembody Method: Module 1	Portland	12.5	Moore	Jan 12-Feb 9	Tue 10:30am - 1pm weeks 1	\$325	Kinesiology Lower or LMT
	The Reembody Method: Module 1	Portland	12.5	Moore	Feb 16-Mar 16	Tue 10:30am - 1pm weeks 6	\$325	Kinesiology Lower or LMT

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Kinesiology Upper Lab A	Salem	20	Lee	Jan 13-Mar 17	W 130p - 330p	\$0	Must take concurrent with lecture for UB Kinesiology
	Kinesiology Upper Lab B	Salem	20	Lee	Jan 13-Mar 17	W 400p-600p	\$0	Must take concurrent with lecture for UB Kinesiology
	Kinesiology Upper Lab C	Salem	20	Lee	Jan 13-Mar 17	Wed 6:30pm - 8:30pm	\$0	Must take concurrent with lecture for UB Kinesiology
	Massage - Assessment & Application	Salem	30	Scott	Jan 13-Mar 17	W 630p - 930p	\$575	Mass/Kines- Up & Low, Hydro, Path I
	Massage - Fundamentals	Salem	45	Williams	Jan 12-Mar 16	T 430p - 730p	\$1080	Recommended Concurrent with Communication/Ethics
	Shiatsu I - Short Form (Back)	Salem	30	Scott	Jan 12-Mar 16	T 600p - 900p	\$575	AP I (concurrent) or LMT

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

(concurrent: taken before or during the same quarter)

