

OREGON SCHOOL OF MASSAGE

Spring 2026 Class Schedule

Version 4 3/5/2026	Monday 3/30-6/8	Tuesday 3/31-6/2	Wednesday 4/1-6/3	Thursday 4/2-6/4	Friday 4/3-6/5	Sat/Sun
Morning 9am-12pm	Anat & Phys 3 Wesley - Online Massage Fundamentals ♦ (+Sat 4/25 & 5/16) Portland - Feldman	Communication/Ethics Heuller - Salem Massage Basics Smith 10:30a-1pm 4/28-5/12 Portland Kines - Lower K'Treva - Salem	Business Intro McDonald - Portland 5/6 - 6/3 Palpation Skills Feldman - Portland 4/1 - 4/29 Kines - Upper Smith - Portland Hydrotherapy 4/1 - 4/29 Salem - Hueller Massage Basics Hueller 9:30a-12p 5/6-5/20 Salem	Massage - A&A Feldman - Portland Pathology 2 Dixon - Online 9:30a-12:30p Shiatsu I Pyles - Salem		
Afternoon 1:30-4:30pm	Communication/Ethics Dixon - Portland 1-4pm Shiatsu I Ward - Portland	Pathology 1 Dixon - Online 1-4pm Clinic ▲ Berg - Portland (1-5:30p) Massage Fundamentals ♦ (+Sat 4/25 & 5/16) Hueller - Salem. 1-4pm Massage - Lower McLaughlin - Salem 1 - 4pm	Massage - Upper Smith - Portland APS Seminar ▲ Hueller - Online 4/1, 4/29, 6/3 1:30-3:30p	Clinic ▲ McLaughlin - Salem (1-5:30p) Shiatsu SF Clinic ▲ Ward - Portland (1-5:30pm) Shiatsu 2 Pyles - Salem	Statutes ▲ Aguayo - Online 4/10 & 4/17, 1-4p	
Evening 6-9pm	Shiatsu 2 Ward - Portland Anat & Phys 2 McLaughlin - Online		Anat & Phys 1 McLaughlin - Online	Massage Theory Dixon - Online 4/2-4/30		

REGISTRATION

PRIORITY REGISTRATION:
Feb 13th, 2026

OPEN REGISTRATION:
Feb 17th at 10AM

CORE REG CLOSES:
Mar 20th, 2025

Tuition is due at time of registration.

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 4/25 & 5/16.

Advanced Practice Skills Seminar meets: 4/1, 4/29, and 6/3 (9am-12pm). Attendance is **required** at all classes.

BOLD = Core Classes

HOLIDAY CLOSURE

The school will be closed **May 25th** for Memorial Day. Make-ups will be June 9th.

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part A	Online	30	Ward	Apr 1-Jun 3	WE 6-9p	\$750	None
	Advanced Foam Rolling	Online	7.5	Dixon	May 5-Jun 2	TU 10-11:30a	\$190	Myofascial Foam Rolling
	Advanced Practice Skills Seminar	Online	6	Hueller	Apr 1-Jun 3	WE 1:30-3:30p; 4/1, 4/29, 6/3	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	McLaughlin	Apr 1-Jun 10	WE 6-9p	\$615	None
	Anatomy & Physiology 2	Online	30	McLaughlin	Mar 30-Jun 8	MO 6-9p	\$615	AP 1
	Anatomy & Physiology 3	Online	30	Wesley	Mar 30-Jun 8	MO 9-12p	\$615	AP 1
	Body-Based Trauma Relief	Online	4	Dixon	Apr 10	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Apr 17	FR 12-4p	\$105	Comm/Ethics or LMT
	Franklin Method - Muscles of Head/Neck	Online	3	Wesley	May 17	SU 9a-12p	\$85	None, Kines recommended, or LMT
	Franklin Method: Hip Rotators	Online	3	Wesley	Apr 11	SA 900-1200p	\$85	None, Kines recommended, or LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	May 22	FR 9a-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Massage Theory	Online	14	Dixon	Apr 2-Apr 30	TH 6-9p	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Mar 31-Apr 28	TU 10-11:30a	\$190	None
	Pain and Stress	Online	3	Dixon	Apr 24	FR 1-4p	\$85	None
	Pain and Inflammation	Online	3	Dixon	May 15	FR 1 - 4p	\$85	None
	Pathology 1	Online	30	Dixon	Mar 31-Jun 2	TU 1-4p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Dixon	Apr 2-Jun 4	TH 9:30a-12:30p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Qigong	Online	3	Dixon	May 8	FR 1-4p	\$85	None
	Statutes	Online	6	Aguayo	Apr 10-Apr 17	Fri 1-4p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	May 29	FR 1-4p	\$85	None



Spring 2026 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Business of Massage - Introduction	Portland	15	McDonald	May 6-Jun 3	WE 9 - 12p	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent)
	Clinic	Portland	45	Berg	Mar 31-Jun 2	TU 1-5:30p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Portland	30	Dixon	Mar 30-Jun 8	MO 1-4p	\$615	Massage Fund (may be concurrent)
	Craniosacral Therapy Level One	Portland	15	Dixon	Apr 17-Apr 19	FR 6-9p & SA-SU 10a-5p	\$380	Craniosacral Therapy Introduction
	Craniosacral Therapy Introduction	Portland	15	Dixon	Apr 3-Apr 5	FR 6-9p; SA&SU 10a-5p	\$370	None
	Kinesiology - Upper Body	Portland	30	Smith	Apr 1-Jun 3	WE 9:00 - 12:00p	\$615	AP I, Massage - Fundamentals
	Lymphatic Massage for Lower Body	Portland	12	Dixon	Jun 6-Jun 7	SA-SU 10a-5p	\$300	Lymph Detox Intro or instr permission
	Massage For Persons With Diabetes	Portland	4	Mozingo	May 16	Sat 12-4pm	\$105	None
	Massage Basics	Portland	7.5	Smith	Apr 28-May 12	TU 10:30a-1:00p	\$75	None
	Massage - Assessment & Application	Portland	30	Feldman	Apr 2-Jun 4	TH 9a-12p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
	Massage - Fundamentals	Portland	45	Feldman	Mar 30-Jun 8	MO 9a-12p; SA 4/25 & 5/16	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Upper Body	Portland	30	Smith	Apr 1-Jun 3	WE 1:30 - 4:30p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	Myofascial Massage - Direct Method	Portland	15	Dixon	May 1-May 3	FR 6-9p; SA-SU 10a-5p	\$375	Myofascial Intro or instr permission
	On-Site Chair Massage I	Portland	6	Aguayo	Jun 1	Mon 10a-5p	\$165	Massage - Fundamentals
	Palpation Skills	Portland	15	Feldman	Apr 1-Apr 29	WE 9a - 12p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd series)
	Shiatsu I - Short Form (Back)	Portland	30	Ward	Mar 30-Jun 8	MO 1:30-4:30p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Mar 30-Jun 8	MO 6-9p	\$750	Shiatsu 1
	Shiatsu Short Form - Tutorial	Portland	3	Ward	Apr 2-Jun 4	TBD	\$115	Must take with Shiatsu SF Clinic.
	Shiatsu Short Form Clinic	Portland	45	Ward	Apr 2-Jun 4	TH 1 - 5:30p	\$900	Shiatsu II, Comm/Ethics, Path I: Palpation Skills (recomm)
	Thai Massage - Level II	Portland	30	Weitzer	May 16-May 31	Sat-Sun 9am-5:30pm 5/16-5/17, & 5/30-5/31	\$665	Thai I (2 non-consecutive weekends)

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Bamboo Sticks	Salem	4	Hueller	May 11	MO 1 - 5p	\$150	Massage Fundamentals, Kinesiology/ Massage Lower & Upper
	Clinic	Salem	45	McLaughlin	Apr 2-Jun 11	TH 1-5:30p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Salem	30	Hueller	Mar 31-Jun 2	TU 9a - 12p	\$615	Massage Fund (may be concurrent)
	Hydrotherapy 5 Weeks	Salem	15	Hueller	Apr 1-Apr 29	WE 9a-12p	\$326	Mass Fund, AP 1 (recommended: AP 2)
	Kinesiology - Lower Body	Salem	30	K'Treva	Mar 31-Jun 2	TU 9a-12p	\$615	AP I, Massage Fundamentals
	Massage Basics	Salem	7.5	Hueller	May 6-May 20	WE 9:30a-12p	\$75	None
	Massage - Fundamentals	Salem	45	Hueller	Mar 31-Jun 2	TU 1 -4p; SA 4/25 & 5/16	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Lower Body	Salem	30	McLaughlin	Mar 31-Jun 9	TU 1 - 4p	\$615	Mass Fund., Comm, Kines Lower (may be concurrent)
	Shiatsu I - Short Form (Back)	Salem	30	Pyles	Apr 2-Jun 4	TH 9a-12p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Salem	30	Pyles	Apr 2-Jun 4	TH 1:30-4:30p	\$750	Shiatsu 1
	Thai Massage - Level I	Salem	16	Weitzer	Apr 17-Apr 19	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$440	None

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

