

OREGON SCHOOL OF MASSAGE

Winter 2026 Class Schedule

Version 4 11/14/25	Monday 1/5-3/9	Tuesday 1/6-3/10	Wednesday 1/7-3/11	Thursday 1/8-3/12	Friday 1/9-3/13	Sat/Sun
Morning 9am-12pm	Hydrotherapy 2/9 - 3/9 Portland - Highfill Anat & Phys 3 Wesley - Online (1/5-3/16)	Business Intro Dixon Barry - Salem 2/10 - 3/10 Communication/Ethics Hueller - Salem Kines - Upper K'Treva - Salem	Massage Fundamentals ♦ (+Sat 1/31 & 2/21) Portland - Feldman APS Seminar ▲ Hueller - Online 1/7, 2/4, 3/11 Palpation Skills McLaughlin - Salem 1/7-2/4 Massage Basics Hueller 9:30a-12p 2/11-2/25 Salem	Kines - Lower Smith - Portland Pathology 2 Dixon - Online 9:30a-12:30p	REGISTRATION PRIORITY REGISTRATION: Nov 7th, 2025 OPEN REGISTRATION: Nov 11th at 10AM CORE REG CLOSES: Dec 12th, 2025 Tuition is due at time of registration.	
Afternoon 1:30-4:30pm	Communication/Ethics Dixon - Portland 1-4pm Shiatsu 2 Ward - Portland	Pathology 1 Dixon - Online 1-4pm Clinic ▲ Berg - Portland (1-5:30p) Massage Fundamentals ♦ (+Sat 1/31 & 2/21) Hueller - Salem Massage - Upper McLaughlin - Salem 1-4pm	Massage - A&A Hueller - Salem	Massage - Lower Feldman - Portland Palpation Skills Feldman - Portland 1/8 - 2/5 Shiatsu LF Clinic▲ Ward - Portland (1-5:30pm) Clinic ▲ McLaughlin - Salem (1-5:30p) Shiatsu I Pyles - Salem	Statutes▲ Aguayo - Online 1/16 & 1/23, 1-4p	
Evening 6-9pm	Shiatsu I Ward - Portland	Massage Basics Berg 6-8:30pm 2/3-2/17 Portland Anat & Phys 2 K'Treva - Online	Anat & Phys 1 McLaughlin - Online	Massage Theory Dixon - Online 1/8-2/5 Shiatsu II Pyles - Salem		

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals** requires TWO Saturday classes 1/31 & 2/21, 9am to 5:30pm. **BOLD = Core Classes**

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part B	Online	30	Ward	Jan 7-Mar 11	WE 6-9p	\$750	ABC's of Chinese Medicine - Part A
	Advanced Foam Rolling	Online	7.5	Dixon	Feb 10-Mar 10	TU 10-11:30a	\$190	Myofascial Foam Rolling
	Advanced Practice Skills Seminar	Online	6	Hueller	Jan 7-Mar 11	WE 9a-12p; 1/7, 2/4, 3/11	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	McLaughlin	Jan 7-Mar 11	WE 6-9p	\$615	None
	Anatomy & Physiology 2	Online	30	K'Treva	Jan 6-Mar 10	TU 6-9p	\$615	AP 1
	Anatomy & Physiology 3	Online	30	Wesley	Jan 5-Mar 16	MO 9-12p	\$615	AP 1
	Body-Based Trauma Relief	Online	4	Dixon	Jan 23	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Jan 16	FR 12-4p	\$105	Comm/Ethics or LMT
	Franklin Method: Muscles of Healthy Breathing	Online	3	Wesley	Jan 17	SA 9-12p	\$85	None, Kines recommended, or LMT
	Franklin Method for the Adductors/Abductors of the Hip	Online	3	Wesley	Feb 28	SA 9a-12p	\$85	None, Kines recommended, or LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	Mar 6	FR 9a-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Inquiring into Pain Stories	Online	3	Dixon	Jan 30	FR 1-4p	\$85	NONE
	Massage For Persons With Diabetes	Online	4	Mozingo	Jan 10	Sat 12-4pm	\$105	None
	Massage Theory	Online	14	Dixon	Jan 8-Feb 5	TH 6-9p	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Jan 6-Feb 3	TU 10-11:30a	\$190	None
	Pathology 1	Online	30	Dixon	Jan 6-Mar 10	TU 1-4p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Dixon	Jan 8-Mar 12	TH 9:30a-12:30p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Qigong	Online	3	Dixon	Feb 27	FR 1-4p	\$85	None
	Statutes	Online	6	Aguayo	Jan 16-Jan 23	Fri 1-4p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Mar 6	FR 1-4p	\$85	None
	Understanding Chronic Pain	Online	3	Dixon	Feb 20	FR 1-4p	\$85	NONE

Winter 2026 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Clinic	Portland	45	Berg	Jan 6-Mar 10	TU 1-5:30p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Portland	30	Dixon	Jan 5-Mar 9	MO 1-4p	\$615	Massage Fund (may be concurrent)
	Craniosacral Therapy Introduction	Portland	15	Dixon	Feb 6-Feb 8	FR 6-9p; SA&SU 10a-5p	\$370	None
	Cupping Massage: Theory & Application	Portland	6	Lev, LAc	Jan 13-Jan 27	TU 6:30-9:30p; 1/13&1/27	\$150	Mass and Kines Upper&Lower, or LMT
	Hydrotherapy 5 Weeks	Portland	15	Highfill	Feb 9-Mar 9	MO 9a-12p	\$326	Mass Fund, AP 1 (recommended: AP 2)
	Kinesiology - Lower Body	Portland	30	Smith	Jan 8-Mar 12	TH 9a-12p	\$615	AP I, Massage Fundamentals
	Lymphatic Detox Introduction	Portland	9	Dixon	Feb 27-Feb 28	FR 6-9p, SA 10a-5p	\$220	Massage Fundamentals
	Massage for End of Life Care	Portland	6	Casey	Jan 17	SA 9a-4p	\$150	Massage Fundamentals
	Massage - Fundamentals	Portland	45	Feldman	Jan 7-Mar 11	WE 9a-12p; SA 1/31 & 2/21	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Lower Body	Portland	30	Feldman	Jan 8-Mar 12	TH 1:30-4:30p	\$615	Mass Fund., Comm, Kines Lower (may be concurrent)
	Manual Resisted Muscle Testing	Portland	15	Libby	Feb 21-Feb 22	Sat-Sun 9am-5:30pm	\$370	Kinesiology - Upper Body or Lower Body
	Myofascial Massage Introduction	Portland	12	Dixon	Jan 24-Jan 25	SA&SU 10a-5p	\$290	Massage Fundamentals
	Palpation Skills	Portland	15	Feldman	Jan 8-Feb 5	TH 9a - 12p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd series)
	Shiatsu I - Short Form (Back)	Portland	30	Ward	Jan 5-Mar 9	MO 6 - 9p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Jan 5-Mar 9	MO 1:30-4:30p	\$750	Shiatsu 1
	Shiatsu Long Form Tutorial	Portland	4	Ward	Jan 8-Mar 12	By appointment	\$135	Shiatsu LF Clinic - may be concurrent
	Shiatsu Long Form Clinic	Portland	40	Ward	Jan 8-Mar 12	TH 1-5p	\$800	Shiatsu III and IV
	Thai Massage - Level I	Portland	16	Weitzer	Feb 6-Feb 8	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$440	None

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Business of Massage - Introduction	Salem	15	Dixon Barry	Feb 10-Mar 10	TU 9 - 12p	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent)
	Clinic	Salem	45	McLaughlin	Jan 8-Mar 12	TH 1-5:30p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Salem	30	Hueller	Jan 6-Mar 10	TU 9a - 12p	\$615	Massage Fund (may be concurrent)
	Kinesiology - Upper Body	Salem	30	K'Treva	Jan 6-Mar 10	TU 9a - 12p	\$615	AP I, Massage - Fundamentals
	Massage Basics	Salem	7.5	Hueller	Feb 11-Feb 25	WE 9:30a-12p	\$75	None
	Massage for Eye Strain and Upper Body	Salem	7	Sinclair	Mar 7	SA 9a-5p	\$175	None
	Massage - Assessment & Application	Salem	30	Hueller	Jan 7-Mar 11	WE 1-4p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
	Massage - Fundamentals	Salem	45	Hueller	Jan 6-Mar 10	TU 1-4p; SA 1/31 & 2/21	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Upper Body	Salem	30	McLaughlin	Jan 6-Mar 10	TU 1-4p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	On-Site Chair Massage I	Salem	6	Aguayo	Feb 2	Mon 10a-5p	\$165	Massage - Fundamentals
	Palpation Skills	Salem	15	McLaughlin	Jan 7-Feb 4	WE 9a-12p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd series)
	Shiatsu I - Short Form (Back)	Salem	30	Pyles	Jan 8-Mar 12	TH 1:30-4:30p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Salem	30	Pyles	Jan 8-Mar 12	TH 6:00 - 9:00p	\$750	Shiatsu 1

Dates and times are subject to change.

Keep your eyes open for updated
versions - new classes may be added!

