

# OREGON SCHOOL OF MASSAGE

## Spring 2025 Class Schedule

Version 3b 3/13/2025	Monday 3/31-6/9	Tuesday 4/1-6/3	Wednesday 4/2-6/4	Thursday 4/3-6/5	Friday 4/4-6/6	Sat/Sun
<b>Morning</b> 9am-12pm		<b>Communication/Ethics</b> Dixon Barry - Salem  <b>Palpation Skills</b> McLaughlin - Salem 5/6-6/3	<b>Kines - Upper</b> Smith - Portland  <b>APS Seminar ▲</b> Hueller - Online 4/2, 4/30, 6/4	<b>Business Intro</b> Dixon Barry - Salem 4/3 - 5/1  <b>Pathology 2</b> Dixon - Online 9:30a-12:30p  <b>Massage - A&amp;A</b> Feldman - Portland		
<b>Afternoon</b> 1:30-4:30pm	<b>Anat &amp; Phys 3</b> Wesley - Online 1-4pm  <b>Communication/Ethics</b> Dixon - Portland 1-4pm  <b>Kines - Lower</b> McLaughlin - Salem 1-4p  <b>Shiatsu 2</b> Ward - Portland  <b>Statutes▲</b> Aguayo - Online 4/21&4/28, 1-4p	<b>Pathology 1</b> Dixon - Online 1-4pm  <b>Clinic ▲</b> Berg - Portland (1-5:30p)  <b>Massage Fundamentals♦</b> (+Sat 4/26 & 5/17) Hueller - Salem	<b>Clinic ▲</b> Dixon Barry - Salem (1-5:30p)  <b>Massage - Upper</b> Everitt - Portland	<b>Massage Fundamentals♦</b> (+Sat 4/26 & 5/17) Portland - Feldman  <b>Shiatsu SF Clinic▲</b> Ward - Portland (1-5:30pm)  <b>Shiatsu I</b> Pyles - Salem	<div style="border: 2px solid black; padding: 10px; background-color: #333; color: white;"> <p style="text-align: center; margin: 0;"><b>REGISTRATION</b></p> <p style="text-align: center; margin: 5px 0;"><b>PRIORITY REGISTRATION:</b> Feb 14th, 2025</p> <p style="text-align: center; margin: 5px 0;"><b>OPEN REGISTRATION:</b> Feb 18th at 10AM</p> <p style="text-align: center; margin: 5px 0;"><b>CORE REG CLOSSES:</b> Mar 21st, 2025</p> <p style="text-align: center; margin: 5px 0;"><b>Tuition is due at time of registration.</b></p> </div>	
<b>Evening</b> 6-9pm	<b>Massage - Lower</b> McLaughlin - Salem 5-8p  <b>Shiatsu I</b> Ward - Portland	<b>Anat &amp; Phys 2</b> McLaughlin - Online	<b>Anat &amp; Phys 1</b> McLaughlin - Online	<b>Massage Theory</b> Dixon - Online 4/3-5/1	<b>Hydrotherapy</b> Sinclair - 4/25-4/27 Fri 6-9p Online Sat-Sun 9a-4p Salem	

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 4/26 & 5/17.

**Advanced Practice Skills Seminar meets:** 4/2, 4/30, and 6/4 (9am-12pm). Attendance is **required** at all classes.

**BOLD = Core Classes**

### HOLIDAY CLOSURE

The school will be closed **May 26th** for Memorial Day. Make-ups will be June 9th.

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part B	Online	30	Ward	Apr 2-Jun 4	WE 6-9p	\$750	ABC's of Chinese Medicine - Part A
	Advanced Foam Rolling	Online	7.5	Dixon	May 6-Jun 3	TU 10-11:30a	\$190	Myofascial Foam Rolling
	<b>Advanced Practice Skills Seminar</b>	<b>Online</b>	<b>6</b>	<b>Hueller</b>	Apr 2-Jun 4	<b>WE 9a-12p; 4/2, 4/30, 6/4</b>	<b>\$135</b>	<b>Clinic or SF Clinic, Final Quarter Declaration</b>
	<b>Anatomy &amp; Physiology 1</b>	<b>Online</b>	<b>30</b>	<b>McLaughlin</b>	Apr 2-Jun 4	<b>WE 6-9p</b>	<b>\$615</b>	<b>None</b>
	<b>Anatomy &amp; Physiology 2</b>	<b>Online</b>	<b>30</b>	<b>McLaughlin</b>	Apr 1-Jun 3	<b>TU 6-9p</b>	<b>\$615</b>	<b>AP 1</b>
	<b>Anatomy &amp; Physiology 3</b>	<b>Online</b>	<b>30</b>	<b>Wesley</b>	Mar 31-Jun 9	<b>MO 1-4p</b>	<b>\$615</b>	<b>AP 1</b>
	Body-Based Trauma Relief	Online	4	Dixon	May 2	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Apr 11	FR 12-4p	\$105	Comm/Ethics or LMT
	Franklin Method: Scapular Motion	Online	3	Wesley	May 10	SA 9a-12p	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method: Mental Imagery In Practice	Online	3	Wesley	Apr 13	SU 900-1200p	\$75	None, Kines recommended, or LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	May 23	FR 9a-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	<b>Hydrotherapy Lecture</b>	<b>Online</b>	<b>3</b>	<b>Sinclair</b>	Apr 25	<b>Fri 6-9p</b>	<b>\$326</b>	<b>Mass - Fund., AP I (recommended: AP II) Concurrent w 1st</b>
	<b>Massage Theory</b>	<b>Online</b>	<b>14</b>	<b>Dixon</b>	Apr 3-May 1	<b>TH 6-9p</b>	<b>\$305</b>	<b>Fundamentals (may be concurrent)</b>
	Myofascial Foam Rolling	Online	7.5	Dixon	Apr 1-Apr 29	TU 10-11:30a	\$190	None
	Pain and Stress	Online	3	Dixon	Apr 25	FR 1-4p	\$85	None
	Pain and Inflammation	Online	3	Dixon	May 9	FR 1 - 4p	\$85	None
	<b>Pathology 1</b>	<b>Online</b>	<b>30</b>	<b>Dixon</b>	Apr 1-Jun 3	<b>TU 1-4p</b>	<b>\$615</b>	<b>AP 1 (recommended: AP 2)</b>
	<b>Pathology 2</b>	<b>Online</b>	<b>30</b>	<b>Dixon</b>	Apr 3-Jun 5	<b>TH 9:30a-12:30p</b>	<b>\$615</b>	<b>AP1, Path 1(recom:AP 2, AP 3)</b>
	Qigong	Online	3	Dixon	May 16	FR 1-4p	\$85	None
	<b>Statutes</b>	<b>Online</b>	<b>6</b>	<b>Aguayo</b>	Apr 21-Apr 28	<b>MO 1-4p</b>	<b>\$130</b>	<b>Comm/Ethics, Clinic (may be concurrent)</b>
	Tai Chi for Better Balance	Online	3	Dixon	Jun 6	FR 1-4p	\$85	None



# Spring 2025 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
<b>Clinic</b>		<b>Portland</b>	<b>45</b>	<b>Berg</b>	Apr 1-Jun 3	<b>TU 1-5:30p</b>	<b>\$900</b>	<b>Mass Assess/App (concurrent)</b>
<b>Communication/Ethics</b>		<b>Portland</b>	<b>30</b>	<b>Dixon</b>	Mar 31-Jun 9	<b>MO 1-4p</b>	<b>\$615</b>	<b>Massage Fund (may be concurrent)</b>
Craniosacral Therapy Level One		Portland	15	Dixon	Apr 18-Apr 20	FR 6-9p & SA-SU 10a-5p	\$380	Craniosacral Therapy Introduction
Cupping Massage: Theory & Application		Portland	6	Lev, LAc	Apr 8-Apr 22	TU 6:15-9:15p; 4/8&4/22	\$150	Mass and Kines Upper&Lower, or LMT
<b>Kinesiology - Upper Body</b>		<b>Portland</b>	<b>30</b>	<b>Smith</b>	Apr 2-Jun 4	<b>WE 9:00 - 12:00p</b>	<b>\$615</b>	<b>AP I, Massage - Fundamentals</b>
Lymphatic Massage for Lower Body		Portland	12	Dixon	May 10-May 11	SA-SU 10a-5p	\$300	Lymph Detox Intro or instr permission
Massage For Persons With Diabetes		Portland	4	Mozingo	Apr 19	Sat 12-4pm	\$105	
Massage for End of Life Care		Portland	6	Casey	May 10	SA 9a-4p	\$150	Massage Fundamentals
Massage Basics		Portland	7.5	Feldman	Apr 30-May 14	WE 9-11:30a	\$75	None
Massage Room Design		Portland	5	Smith	May 4	Su 10a-3:30p	\$135	
<b>Massage - Assessment &amp; Application</b>		<b>Portland</b>	<b>30</b>	<b>Feldman</b>	Apr 3-Jun 5	<b>TH 9a-12p</b>	<b>\$615</b>	<b>Mass/Kines- Up &amp; Low, Hydro, Path 1</b>
<b>Massage - Fundamentals</b>		<b>Portland</b>	<b>45</b>	<b>Feldman</b>	Apr 3-Jun 5	<b>TH 1:30-4:30p; SA 4/26 &amp; 5/17 9a-5:30p</b>	<b>\$1156</b>	<b>Recom: Concurrent with Comm/Ethics</b>
<b>Massage - Upper Body</b>		<b>Portland</b>	<b>30</b>	<b>Everitt</b>	Apr 2-Jun 4	<b>WE 1:30 - 4:30p</b>	<b>\$615</b>	<b>Mass Fund., Comm, Kines Upper (may be concurrent)</b>
Myofascial Massage - Indirect Method		Portland	15	Dixon	May 23-May 25	FR 6-9p; SA-SU 10a-5p	\$380	Myofascial Massage Intro or Instr permission
On-Site Chair Massage I		Portland	6	Aguayo	Jun 2	Mon 10a-5p	\$165	Massage - Fundamentals
Reflexology for Women's Health		Portland	4	Davis	Apr 6	Su 9a-1p	\$115	None
Reiki 2nd Degree		Portland	18	Knorr	May 23-May 25	FR 6-8p & SA-SU 9a-6p	\$450	Reiki 1st Degree (at least 3 mos prior to Reiki 2)
Shamanic Healing		Portland	14	Knorr	Jun 7-Jun 8	Sat-Sun 10am-6pm	\$350	None
<b>Shiatsu I - Short Form (Back)</b>		<b>Portland</b>	<b>30</b>	<b>Ward</b>	Mar 31-Jun 9	<b>MO 6-9p</b>	<b>\$615</b>	<b>AP 1 (concurrent) or LMT</b>
Shiatsu II - Short Form (Front)		Portland	30	Ward	Mar 31-Jun 9	MO 1:30-4:30p	\$750	Shiatsu 1
Shiatsu Short Form - Tutorial		Portland	3	Ward	Apr 3-Jun 5	TBD	\$115	Must take with Shiatsu SF Clinic.
Shiatsu Short Form Clinic		Portland	45	Ward	Apr 3-Jun 5	TH 1-5:30p	\$900	
Sports Massage - Event		Portland	6	Verschingel	May 3	Sat 9a-4p	\$150	Massage - Fundamentals
Thai Massage - Level II		Portland	30	Weitzer	May 17-Jun 1	Sat-Sun 9am-5:30pm	\$665	Thai I ( <b>2 non-consecutive weekends</b> )

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Bamboo Sticks		Salem	3	Hueller	May 19	MO 9a-12p	\$125	Massage Fundamentals, Kinesiology/ Massage Lower & Upper
<b>Business of Massage - Introduction</b>		<b>Salem</b>	<b>15</b>	<b>Dixon Barry</b>	Apr 3-May 1	<b>TH 9a-12p</b>	<b>\$325</b>	<b>Mass Up &amp; Low (Shiatsu SF Clinic, Clinic, Massage A&amp;A may be concurrent)</b>
<b>Clinic</b>		<b>Salem</b>	<b>45</b>	<b>Dixon Barry</b>	Apr 2-Jun 4	<b>WE 1-5:30p</b>	<b>\$900</b>	<b>Mass Assess/App (concurrent)</b>
<b>Communication/Ethics</b>		<b>Salem</b>	<b>30</b>	<b>Dixon Barry</b>	Apr 1-Jun 3	<b>TU 9a-12p</b>	<b>\$615</b>	<b>Massage Fund (may be concurrent)</b>
<b>Hydrotherapy LAB</b>		<b>Salem</b>	<b>12</b>	<b>Sinclair</b>	Apr 26-Apr 27	<b>SA-SU 9a-4p</b>	<b>\$00</b>	<b>Mass-Fund, AP 1 (rec: AP 2) Must be taken w/ Hydro LEC</b>
Kinesiolo-Lee DT Method - Lower Body		Salem	14	Lee	May 3-May 4	Sat&Sun 9a-5p	\$350	Kinesiology-Lower, or LMT
<b>Kinesiology - Lower Body</b>		<b>Salem</b>	<b>30</b>	<b>McLaughlin</b>	Mar 31-Jun 9	<b>MO 1-4p</b>	<b>\$615</b>	<b>AP I, Massage Fundamentals</b>
Massage Basics		Salem	7.5	Hueller	Apr 29-May 13	TU 9-11:30a	\$75	None
Massage for Eye Strain and Upper Body		Salem	7	Sinclair	Apr 5	SA 9a-5p	\$175	None
<b>Massage - Fundamentals</b>		<b>Salem</b>	<b>45</b>	<b>Hueller</b>	Apr 1-Jun 3	<b>TU 1:30-4:30p; SA 4/26 &amp; 5/17 9a-5:30p</b>	<b>\$1156</b>	<b>Recom: Concurrent with Comm/Ethics</b>
<b>Massage - Lower Body</b>		<b>Salem</b>	<b>30</b>	<b>McLaughlin</b>	Mar 31-Jun 9	<b>MO 5 - 8p</b>	<b>\$615</b>	<b>Mass Fund., Comm, Kines Lower (may be concurrent)</b>
Manual Resisted Muscle Testing		Salem	15	Libby	May 31-Jun 1	Sat-Sun 9am-5:30pm	\$370	Kinesiology - Upper Body or Lower Body
<b>Palpation Skills</b>		<b>Salem</b>	<b>15</b>	<b>McLaughlin</b>	May 6-Jun 3	<b>TU 9a-12p</b>	<b>\$326</b>	<b>Mass/Kines Up &amp; Low (may be taken concurrent w/ 2nd session)</b>
SEO & Social Media for Your Business		Salem	5	Lee	May 10	SA 9a-3p	\$130	None
<b>Shiatsu I - Short Form (Back)</b>		<b>Salem</b>	<b>30</b>	<b>Pyles</b>	Apr 3-Jun 5	<b>TH 1:30 - 4:30p</b>	<b>\$615</b>	<b>AP 1 (concurrent) or LMT</b>
Thai Massage - Level I		Salem	16	Weitzer	Apr 4-Apr 6	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$440	None

*Dates and times are subject to change.*

**Keep your eyes open for updated versions - new classes may be added!**

