

OREGON SCHOOL OF MASSAGE

Spring 2025 Class Schedule

Version 3 3/11/2025	Monday 3/31-6/9	Tuesday 4/1-6/3	Wednesday 4/2-6/4	Thursday 4/3-6/5	Friday 4/4-6/6	Sat/Sun
Morning 9am-12pm		Communication/Ethics Dixon Barry - Salem Palpation Skills McLaughlin - Salem 5/6-6/3	Kines - Upper Smith - Portland APS Seminar ▲ Hueller - Online 4/2, 4/30, 6/4	Business Intro Dixon Barry - Salem 4/3 - 5/1 Pathology 2 Dixon - Online 9:30a-12:30p Massage - A&A Feldman - Portland		
Afternoon 1:30-4:30pm	Anat & Phys 3 Wesley - Online 1-4pm Communication/Ethics Dixon - Portland 1-4pm Kines - Lower McLaughlin - Salem 1-4p Shiatsu 2 Ward - Portland Statutes▲ Aguayo - Online 4/21&4/28, 1-4p	Pathology 1 Dixon - Online 1-4pm Clinic ▲ Berg - Portland (1-5:30p) Massage Fundamentals♦ (+Sat 4/26 & 5/17) Hueller - Salem	Clinic ▲ Dixon Barry - Salem (1-5:30p) Massage - Upper Everitt - Portland	Massage Fundamentals♦ (+Sat 4/26 & 5/17) Portland - Feldman Shiatsu SF Clinic▲ Ward - Portland (1-5:30pm) Shiatsu I Pyles - Salem	<div style="border: 2px solid black; padding: 10px; background-color: #333; color: white;"> <p style="text-align: center; margin: 0;">REGISTRATION</p> <p style="text-align: center; margin: 0;">PRIORITY REGISTRATION: Feb 14th, 2025</p> <p style="text-align: center; margin: 0;">OPEN REGISTRATION: Feb 18th at 10AM</p> <p style="text-align: center; margin: 0;">CORE REG CLOSES: Mar 21st, 2025</p> <p style="text-align: center; margin: 0;">Tuition is due at time of registration.</p> </div>	
Evening 6-9pm	Massage - Lower McLaughlin - Salem 5-8p Shiatsu I Ward - Portland	Anat & Phys 2 McLaughlin - Online	Anat & Phys 1 McLaughlin - Online	Massage Theory Dixon - Online 4/3-5/1	Hydrotherapy Sinclair - 4/25-4/27 Fri 6-9p Online Sat-Sun 9a-4p Salem	

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 4/26 & 5/17.

Advanced Practice Skills Seminar meets: 4/2, 4/30, and 6/4 (9am-12pm). Attendance is **required** at all classes.

BOLD = Core Classes

HOLIDAY CLOSURE

The school will be closed **May 26th** for Memorial Day. Make-ups will be June 9th.

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part B	Online	30	Ward	Apr 2-Jun 4	WE 6-9p	\$750	ABC's of Chinese Medicine - Part A
	Advanced Foam Rolling	Online	7.5	Dixon	May 6-Jun 3	TU 10-11:30a	\$190	Myofascial Foam Rolling
	Advanced Practice Skills Seminar	Online	6	Hueller	Apr 2-Jun 4	WE 9a-12p; 4/2, 4/30, 6/4	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	McLaughlin	Apr 2-Jun 4	WE 6-9p	\$615	None
	Anatomy & Physiology 2	Online	30	McLaughlin	Apr 1-Jun 3	TU 6-9p	\$615	AP 1
	Anatomy & Physiology 3	Online	30	Wesley	Mar 31-Jun 9	MO 1-4p	\$615	AP 1
	Body-Based Trauma Relief	Online	4	Dixon	May 2	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Apr 11	FR 12-4p	\$105	Comm/Ethics or LMT
	Franklin Method: Scapular Motion	Online	3	Wesley	May 10	SA 9a-12p	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method: Mental Imagery In Practice	Online	3	Wesley	Apr 13	SU 900-1200p	\$75	None, Kines recommended, or LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	May 23	FR 9a-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Hydrotherapy Lecture	Online	3	Sinclair	Apr 25	Fri 6-9p	\$326	Mass - Fund., AP I (recommended: APII) Concurrent w 1st
	Massage Theory	Online	14	Dixon	Apr 3-May 1	TH 6-9p	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Apr 1-Apr 29	TU 10-11:30a	\$190	None
	Pain and Stress	Online	3	Dixon	Apr 25	FR 1-4p	\$85	None
	Pain and Inflammation	Online	3	Dixon	May 9	FR 1 - 4p	\$85	None
	Pathology 1	Online	30	Dixon	Apr 1-Jun 3	TU 1-4p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Dixon	Apr 3-Jun 5	TH 9:30a-12:30p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Qigong	Online	3	Dixon	May 16	FR 1-4p	\$85	None
	Statutes	Online	6	Aguayo	Apr 21-Apr 28	MO 1-4p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Jun 6	FR 1-4p	\$85	None



Spring 2025 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Clinic	Portland	45	Berg	Apr 1-Jun 3	TU 1-5:30p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Portland	30	Dixon	Mar 31-Jun 9	MO 1-4p	\$615	Massage Fund (may be concurrent)
	Craniosacral Therapy Level One	Portland	15	Dixon	Apr 18-Apr 20	FR 6-9p & SA-SU 10a-5p	\$380	Craniosacral Therapy Introduction
	Cupping Massage: Theory & Application	Portland	6	Lev, LAc	Apr 8-Apr 22	TU 6:15-9:15p; 4/8&4/22	\$150	Mass and Kines Upper&Lower, or LMT
	Kinesiology - Upper Body	Portland	30	Smith	Apr 2-Jun 4	WE 9:00 - 12:00p	\$615	AP I, Massage - Fundamentals
	Lymphatic Massage for Lower Body	Portland	12	Dixon	May 10-May 11	SA-SU 10a-5p	\$300	Lymph Detox Intro or instr permission
	Massage For Persons With Diabetes	Portland	4	Mozingo	Apr 19	Sat 12-4pm	\$105	
	Massage for End of Life Care	Portland	6	Casey	May 10	SA 9a-4p	\$150	Massage Fundamentals
	Massage Basics	Portland	7.5	Feldman	Apr 30-May 14	WE 9-11:30a	\$75	None
	Massage Room Design	Portland	5	Smith	May 4	Su 10a-3:30p	\$135	
	Massage - Assessment & Application	Portland	30	Feldman	Apr 3-Jun 5	TH 9a-12p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
	Massage - Fundamentals	Portland	45	Feldman	Apr 3-Jun 5	TH 1:30-4:30p; SA 4/26 & 5/17 9a-5:30p	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Upper Body	Portland	30	Smith	Apr 2-Jun 4	WE 1:30 - 4:30p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	Myofascial Massage - Indirect Method	Portland	15	Dixon	May 23-May 25	FR 6-9p; SA-SU 10a-5p	\$380	Myofascial Massage Intro or Instr permission
	On-Site Chair Massage I	Portland	6	Aguayo	Jun 2	Mon 10a-5p	\$165	Massage - Fundamentals
	Reflexology for Women's Health	Portland	4	Davis	Apr 6	Su 9a-1p	\$115	None
	Reiki 2nd Degree	Portland	18	Knorr	May 23-May 25	FR 6-8p & SA-SU 9a-6p	\$450	Reiki 1st Degree (at least 3 mos prior to Reiki 2)
	Shamanic Healing	Portland	14	Knorr	Jun 7-Jun 8	Sat-Sun 10am-6pm	\$350	None
	Shiatsu I - Short Form (Back)	Portland	30	Ward	Mar 31-Jun 9	MO 6-9p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Mar 31-Jun 9	MO 1:30-4:30p	\$750	Shiatsu 1
	Shiatsu Short Form - Tutorial	Portland	3	Ward	Apr 3-Jun 5	TBD	\$115	Must take with Shiatsu SF Clinic.
	Shiatsu Short Form Clinic	Portland	45	Ward	Apr 3-Jun 5	TH 1-5:30p	\$900	
	Sports Massage - Event	Portland	6	Verschingel	May 3	Sat 9a-4p	\$150	Massage - Fundamentals
	Thai Massage - Level II	Portland	30	Weitzer	May 17-Jun 1	Sat-Sun 9am-5:30pm	\$665	Thai I (2 non-consecutive weekends)

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Bamboo Sticks	Salem	3	Hueller	May 19	MO 9a-12p	\$125	Massage Fundamentals, Kinesiology/ Massage Lower & Upper
	Business of Massage - Introduction	Salem	15	Dixon Barry	Apr 3-May 1	TH 9a-12p	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent)
	Clinic	Salem	45	Dixon Barry	Apr 2-Jun 4	WE 1-5:30p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Salem	30	Dixon Barry	Apr 1-Jun 3	TU 9a-12p	\$615	Massage Fund (may be concurrent)
	Hydrotherapy LAB	Salem	12	Sinclair	Apr 26-Apr 27	SA-SU 9a-4p	\$00	Mass-Fund, AP 1 (rec: AP 2) Must be taken w/ Hydro LEC
	Kinesiolo-Lee DT Method - Lower Body	Salem	14	Lee	May 3-May 4	Sat&Sun 9a-5p	\$350	Kinesiology-Lower, or LMT
	Kinesiology - Lower Body	Salem	30	McLaughlin	Mar 31-Jun 9	MO 1-4p	\$615	AP I, Massage Fundamentals
	Massage Basics	Salem	7.5	Hueller	Apr 29-May 13	TU 9-11:30a	\$75	None
	Massage for Eye Strain and Upper Body	Salem	7	Sinclair	Apr 5	SA 9a-5p	\$175	None
	Massage - Fundamentals	Salem	45	Hueller	Apr 1-Jun 3	TU 1:30-4:30p; SA 4/26 & 5/17 9a-5:30p	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Lower Body	Salem	30	McLaughlin	Mar 31-Jun 9	MO 5 - 8p	\$615	Mass Fund., Comm, Kines Lower (may be concurrent)
	Manual Resisted Muscle Testing	Salem	15	Libby	May 31-Jun 1	Sat-Sun 9am-5:30pm	\$370	Kinesiology - Upper Body or Lower Body
	Palpation Skills	Salem	15	McLaughlin	May 6-Jun 3	TU 9a-12p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd session)
	SEO & Social Media for Your Business	Salem	5	Lee	May 10	SA 9a-3p	\$130	None
	Shiatsu I - Short Form (Back)	Salem	30	Pyles	Apr 3-Jun 5	TH 1:30 - 4:30p	\$615	AP 1 (concurrent) or LMT
	Thai Massage - Level I	Salem	16	Weitzer	Apr 4-Apr 6	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$440	None

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

