

OREGON SCHOOL OF MASSAGE

Winter 2025 Class Schedule

Version 3 11/20/24	Monday 1/6-3/10	Tuesday 1/7-3/11	Wednesday 1/8-3/12	Thursday 1/9-3/13	Friday 1/10-3/14	Sat/Sun
Morning 9am-12pm		Massage Fundamentals ◆ (+Sat 2/1 & 2/22) Hueller - Salem	APS Seminar ▲ Hueller - Online 1/8, 2/5, 3/12	Business Intro Dixon Barry - Salem 1/9 - 2/6 Pathology 2 Dixon - Online 9:30a-12:30p Massage Fundamentals ◆ (+Sat 2/1 & 2/22) Portland - Feldman Shiatsu I Pyles - Salem	Hydrotherapy 2/14 - 3/14 Portland - Highfill	
Afternoon 1:30-4:30pm	Anat & Phys 3 Wesley - Online Communication/Ethics Dixon - Portland 1-4pm Kines - Upper McLaughlin - Salem Shiatsu I Ward - Portland Statutes ▲ Aguayo - Online 2/24 & 3/3, 1-4p	Pathology 1 Dixon - Online 1-4pm Clinic ▲ Berg - Portland (1-5:30p) Communication/Ethics Dixon Barry - Salem Massage - A&A Hueller - Salem	Clinic ▲ Dixon Barry - Salem (1-5:30p)	Palpation Skills Feldman - Portland 2/13 - 3/13	<div style="border: 2px solid black; padding: 5px; background-color: black; color: white; text-align: center;"> <p>REGISTRATION</p> <p>PRIORITY REGISTRATION: Oct 31st, 2024</p> <p>OPEN REGISTRATION: Nov 5th at 10AM</p> <p>CORE REG CLOSES: Dec 20th, 2024</p> <p>Tuition is due at time of registration.</p> </div>	
Evening 6-9pm	Massage - Upper McLaughlin - Salem Shiatsu 2 Ward - Portland		Anat & Phys 1 McLaughlin - Online	Massage Theory Dixon - Online 1/9-2/6		

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

◆ **Massage Fundamentals requires** TWO Saturday classes 2/1 & 2/22.

BOLD = Core Classes

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part A	Online	30	Ward	Jan 8-Mar 12	WE 6-9p	\$750	None
	Advanced Foam Rolling	Online	7.5	Dixon	Feb 11-Mar 11	TU 10-11:30a	\$190	Myofascial Foam Rolling
	Advanced Practice Skills Seminar	Online	6	Hueller	Jan 8-Mar 12	WE 9a-12p; 1/8, 2/5, 3/12	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	McLaughlin	Jan 8-Mar 12	WE 6-9p	\$615	None
	Anatomy & Physiology 3	Online	30	Wesley	Jan 6-Mar 10	MO 12-3p	\$615	AP 1
	Body-Based Trauma Relief	Online	4	Dixon	Feb 21	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Jan 24	FR 12-4p	\$105	Comm/Ethics or LMT
	Communicating with Resonance	Online	4	Welton-Miller	Jan 14	TU 9-1p	\$105	None
	Franklin Method: Abdominals	Online	3	Wesley	Jan 26	SU 9a-12p	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method for Muscles of Spinal	Online	3	Wesley	Mar 8	SA 9a-12p	\$75	NONE, Kinesiology recommended, OR LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	Feb 7	FR 9-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Inquiring into Pain Stories	Online	3	Dixon	Jan 31	FR 1-4p	\$85	NONE
	Massage Theory	Online	14	Dixon	Jan 9-Feb 6	TH 6-9p	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Jan 7-Feb 4	TU 10-11:30a	\$190	None
	Pathology 1	Online	30	Dixon	Jan 7-Mar 11	TU 1-4p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Dixon	Jan 9-Mar 13	TH 9:30a-12:30p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Qigong	Online	3	Dixon	Feb 7	FR 1-4p	\$85	None
	Statutes	Online	6	Aguayo	Feb 24-Mar 3	MO 1-4p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Mar 7	FR 1-4p	\$85	None
	Understanding Chronic Pain	Online	3	Dixon	Feb 28	FR 1-4p	\$85	NONE



Winter 2025 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Clinic		Portland	45	Berg	Jan 7-Mar 11	TU 1-5:30p	\$900	Mass Assess/App (concurrent)
Communication/Ethics		Portland	30	Dixon	Jan 6-Mar 10	MO 1-4p	\$615	Massage Fund (may be concurrent)
Craniosacral Therapy Introduction		Portland	15	Dixon	Jan 17-Jan 19	FR 6-9p; SA&SU 10a-5p	\$370	None
Hydrotherapy 5 Weeks		Portland	15	Highfill	Feb 14-Mar 14	FR 9a - 12p	\$326	Mass Fund, AP 1 (recommended: AP 2)
Insurance Billing for LMTs		Portland	3	Davis	Jan 12	Sun 9am-12pm	\$85	Massage Fundamentals or equivalent.
Intro to Sports Massage		Portland	6	Verschingel	Jan 25	SA10am-5pm	\$165	Massage - Fundamentals
Lymphatic Detox Introduction		Portland	9	Dixon	Feb 28-Mar 1	FR 6-9p, SA 10a-5p	\$220	Massage Fundamentals
Massage For Persons With Diabetes		Portland	4	Mozingo	Jan 11	Sat 12-4pm	\$105	
Massage for End of Life Care		Portland	6	Casey	Feb 8	SA 9a-4p	\$150	Massage Fundamentals
Massage Basics		Portland	7.5	Feldman	Jan 29-Feb 12	WE 9-11:30a	\$75	None
Massage Room Design		Portland	5	Smith	Jan 26	Su 10a-3:30p	\$135	
Massage - Fundamentals		Portland	45	Feldman	Jan 9-Mar 13	TH 9a-12p; SA 2/1 & 2/22	\$1156	Recom: Concurrent with Comm/Ethics
Manual Resisted Muscle Testing		Portland	15	Libby	Feb 1-Feb 2	Sat-Sun 9am-5:30pm	\$340	Kinesiology - Upper Body or Lower Body
Myofascial Massage Introduction		Portland	12	Dixon	Feb 8-Feb 9	SA&SU 10a-5p	\$290	Massage Fundamentals
Palpation Skills		Portland	15	Feldman	Feb 13-Mar 13	TH 1:30-4:30p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd session)
Reiki 2nd Degree		Portland	18	Knorr	Jan 24-Jan 26	FR 6-8p & SA-SU 9a-6p	\$450	Reiki 1st Degree (at least 3 mos prior to Reiki 2)
Shiatsu I - Short Form (Back)		Portland	30	Ward	Jan 6-Mar 10	MO 1:30-4:30p	\$615	AP 1 (concurrent) or LMT
Shiatsu II - Short Form (Front)		Portland	30	Ward	Jan 6-Mar 10	MO 6-9p	\$750	Shiatsu 1
Shiatsu Short Form - Tutorial		Portland	3	Ward	Jan 9-Mar 13	TBD	\$115	Must take with Shiatsu SF Clinic.
Shiatsu Short Form Clinic		Portland	45	Ward	Jan 9-Mar 13	TH 1-5:30p	\$900	
Thai Massage - Level I		Portland	16	Weitzer	Feb 21-Feb 23	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$440	None

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Business of Massage - Introduction		Salem	15	Dixon Barry	Jan 9-Feb 6	TH 9a-12p	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent)
Clinic		Salem	45	Dixon Barry	Jan 8-Mar 12	WE 1-5:30p	\$900	Mass Assess/App (concurrent)
Communication/Ethics		Salem	30	Dixon Barry	Jan 7-Mar 11	TU 1:30-4:30p	\$615	Massage Fund (may be concurrent)
Kinesiology - Upper Body		Salem	30	McLaughlin	Jan 6-Mar 10	MO 1:30-4:30p	\$615	AP I, Massage - Fundamentals
Massage Basics		Salem	7.5	Hueller	Jan 29-Feb 12	WE 1:30-4p	\$75	None
Massage - Assessment & Application		Salem	30	Hueller	Jan 7-Mar 11	TU 1:30-4:30p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
Massage - Fundamentals		Salem	45	Hueller	Jan 7-Mar 11	TU 9a-12p; SA 2/1 & 2/22	\$1156	Recom: Concurrent with Comm/Ethics
Massage - Upper Body		Salem	30	McLaughlin	Jan 6-Mar 10	MO 6-9p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
On-Site Chair Massage I		Salem	6	Aguayo	Feb 3	Mon 10a-5p	\$165	Massage - Fundamentals
SEO & Social Media for Your Business		Salem	5	Lee	Feb 22	SA 9a-3p	\$130	None
Shiatsu I - Short Form (Back)		Salem	30	Pyles	Jan 9-Mar 13	TH 9a-12p	\$615	AP 1 (concurrent) or LMT

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

