

# OREGON SCHOOL OF MASSAGE

## Fall 2024 Class Schedule

Version 1a 7/24/24	Monday 9/23-11/25	Tuesday 9/24-11/26	Wednesday 9/25-11/27	Thursday 9/26-12/5	Friday 9/27-12/6	Sat/Sun 9/28-12/8
<b>Morning</b> 9am-12pm		<b>Kines-Upper</b> Casey - Portland  <b>Massage Fundamentals</b> ♦ (+Sat 10/19&11/9) Hueller - Salem	<b>APS Seminar</b> ▲ Hueller - Online 9/25, 10/23, 11/27  <b>Palpation Skills</b> Feldman - Portland 1:30-4:30pm 9/25-10/23	<b>Pathology 2</b> Dixon - Online 9:30a-12:30p  <b>Kines - Lower</b> McLaughlin - Salem		
<b>Afternoon</b> 1:30-4:30pm	<b>Communication/Ethics</b> Dixon - Portland 1-4pm  <b>Shiatsu 2</b> Ward - Portland  <b>Statutes</b> ▲ Aguayo - Online (11/18&25) 1-4p	<b>Pathology I</b> Dixon - Online  <b>Massage - Upper</b> Casey-Portland  <b>Clinic</b> ▲ Berg - Portland (1-5:30p)  <b>Communication/Ethics</b> Dixon Barry - Salem	<b>Massage - A&amp;A</b> Hueller - Salem  <b>Massage Fundamentals</b> ♦ (+Sat 10/19&11/9) Portland - Feldman  <b>Business Intro</b> Dixon Barry - Salem 9/25-10/23	<b>Massage - Lower</b> McLaughlin - Salem  <b>Clinic</b> ▲ Dixon Barry - Salem (1-5:30p)		
<b>Evening</b> 6-9pm	<b>Anat &amp; Phys 2</b> McLaughlin - Online  <b>Shiatsu I</b> Ward - Portland	<b>Anat &amp; Phys 1</b> McLaughlin - Online		<b>Massage Theory</b> Dixon - Online 9/26-10/24	<b>Hydrotherapy</b> Sinclair - 10/11-10/13 Fri 6-9p Online Sat-Sun 9a-4p Salem	

**REGISTRATION**

**PRIORITY REGISTRATION:**  
August 2nd

**REGISTRATION OPENS:**  
August 6th

**CORE REGISTRATION CLOSES:**  
September 6th

**Tuition is due at time of registration.**

**HOLIDAY CLOSURE**

The school will be closed **6pm Nov 27 through Sun Dec 1st** for the Thanksgiving Holiday. Make-up days are Dec 5&6

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 10/19 & 11/9, 9am-5:30pm. **BOLD = Core Classes**

**Advanced Practice Skills Seminar meets 3 times:** Attendance is **required** at all sessions.

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part A	Online	30	Ward	Sep 25-Nov 27	WE 6-9p	\$750	None
	Advanced Foam Rolling	Online	7.5	Dixon	Oct 29-Nov 26	TU 10-11:30a	\$190	Myofascial Foam Rolling
	<b>Advanced Practice Skills Seminar</b>	<b>Online</b>	<b>6</b>	Hueller	Sep 25-Nov 27	<b>WE 9a-12p; 9/25,10/23,11/27</b>	<b>\$135</b>	<b>Clinic or SF Clinic, Final Quarter Declaration</b>
	<b>Anatomy &amp; Physiology 1</b>	<b>Online</b>	<b>30</b>	McLaughlin	Sep 24-Nov 26	TU 6-9p	<b>\$615</b>	<b>None</b>
	<b>Anatomy &amp; Physiology 2</b>	<b>Online</b>	<b>30</b>	McLaughlin	Sep 23-Nov 25	<b>MO 6-9p</b>	<b>\$615</b>	<b>AP 1</b>
	Body-Based Trauma Relief	Online	4	Dixon	Oct 25	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Oct 4	FR 12-4p	\$105	Comm/Ethics or LMT
	Franklin Method for Shoulder Girdle	Online	3	Wesley	Oct 26	Sat 9a-12p	\$85	NONE, Kinesiology recommended, OR LMT
	Franklin Method: Bones & Joints of the	Online	3	Wesley	Nov 16	SA 9a-12p	\$85	NONE, Kinesiology recommended, OR LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	Nov 15	FR 9-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	<b>Hydrotherapy Lecture</b>	<b>Online</b>	<b>3</b>	<b>Sinclair</b>	Oct 11	<b>Fri 6-9p</b>	<b>\$326</b>	<b>Mass - Fund., AP I (recommended: AP II) Concurrent w 1st</b>
	<b>Massage Theory</b>	<b>Online</b>	<b>14</b>	<b>Dixon</b>	Sep 26-Oct 24	<b>TH 6-9p</b>	<b>\$305</b>	<b>Fundamentals (may be concurrent)</b>
	Myofascial Foam Rolling	Online	7.5	Dixon	Sep 24-Oct 22	TU 10-11:30a	\$190	None
	Pain: Getting Shame Out of Pain	Online	3	Dixon	Nov 8	FR 1-4p	\$85	None
	Pain: Moving from Helplessness to Hope	Online	3	Dixon	Oct 11	FR 1-4p	\$85	None
	<b>Pathology 1</b>	<b>Online</b>	<b>30</b>	<b>Dixon</b>	Sep 24-Nov 26	<b>TU 1-4p</b>	<b>\$615</b>	<b>AP 1 (recommended: AP 2)</b>
	<b>Pathology 2</b>	<b>Online</b>	<b>30</b>	<b>Dixon</b>	Sep 26-Dec 5	<b>TH 9:30a-12:30p</b>	<b>\$615</b>	<b>AP1, Path 1(recom:AP 2, AP 3)</b>
	Qigong	Online	3	Dixon	Nov 22	FR 1-4p	\$85	None
	<b>Statutes</b>	<b>Online</b>	<b>6</b>	<b>Aguayo</b>	Nov 18-Nov 25	<b>MO 1-4p</b>	<b>\$130</b>	<b>Comm/Ethics, Clinic (may be concurrent)</b>
	Tai Chi for Better Balance	Online	3	Dixon	Nov 1	FR 1-4p	\$85	None



# Fall 2024 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Barefoot Shiatsu Massage	Portland	12	Ward	Nov 9-Nov 16	SA 10a-5p	\$370	None
<b>Clinic</b>		<b>Portland</b>	<b>45</b>	<b>Berg</b>	Sep 24-Nov 26	<b>TU 1-5:30p</b>	<b>\$900</b>	<b>Mass Assess/App (concurrent)</b>
<b>Communication/Ethics</b>		<b>Portland</b>	<b>30</b>	<b>Dixon</b>	Sep 23-Nov 25	<b>MO 1-4p</b>	<b>\$615</b>	<b>Massage Fund (may be concurrent)</b>
	Craniosacral Therapy Introduction	Portland	15	Dixon	Oct 11-Oct 13	FR 6-9p; SA&SU 10a-5p	\$370	None
	Cupping Massage: Theory & Application	Portland	6	Lev, LAc	Sep 24-Oct 8	TU 6:15-9:15p	\$150	Mass and Kines Upper&Lower, or LMT
<b>Kinesiology - Upper Body</b>		<b>Portland</b>	<b>30</b>	<b>Casey</b>	Sep 24-Nov 26	<b>TU 9a-12p</b>	<b>\$615</b>	<b>AP I, Massage - Fundamentals</b>
	Lymphatic Detox Introduction	Portland	9	Dixon	Nov 15-Nov 16	FR 6-9p, SA 10a-5p	\$220	Massage Fundamentals
	Massage For Persons With Diabetes	Portland	4	Mozingo	Oct 5	Sat 12-4pm	\$105	
	Massage for End of Life Care	Portland	6	Casey	Oct 19	SA 9a-4p	\$150	Massage Fundamentals
	Massage Basics	Portland	7.5	Feldman	Oct 24-Nov 7	TH 1:30-4:00p	\$75	None
<b>Massage - Assessment &amp; Application</b>		<b>Portland</b>	<b>30</b>	<b>Feldman</b>	Sep 26-Dec 5	<b>TH 9a-12p</b>	<b>\$615</b>	<b>Mass/Kines- Up &amp; Low, Hydro, Path 1</b>
<b>Massage - Fundamentals</b>		<b>Portland</b>	<b>45</b>	<b>Feldman</b>	Sep 25-Nov 27	<b>WE 1:30-4:30p; SA 10/19 &amp; 11/9</b>	<b>\$1156</b>	<b>Recom: Concurrent with Comm/Ethics</b>
<b>Massage - Upper Body</b>		<b>Portland</b>	<b>30</b>	<b>Casey</b>	Sep 24-Nov 26	<b>TU 1-4p</b>	<b>\$615</b>	<b>Mass Fund., Comm, Kines Upper (may be concurrent)</b>
	Myofascial Massage Introduction	Portland	12	Dixon	Nov 2-Nov 3	SA&SU 10a-5p	\$290	Massage Fundamentals
<b>Palpation Skills</b>		<b>Portland</b>	<b>15</b>	<b>Feldman</b>	Sep 25-Oct 23	<b>WE 9a-12p</b>	<b>\$326</b>	<b>Mass/Kines Up &amp; Low (may be taken concurrent w/ 2nd series)</b>
	Reflexology for Women's Health	Portland	4	Davis	Oct 6	Su 12-4p	\$115	None
	Reiki Healing	Portland	18	Knorr	Oct 25-Oct 27	FR 6-8p; SA+SU 9a-6p	\$450	None
<b>Shiatsu I - Short Form (Back)</b>		<b>Portland</b>	<b>30</b>	<b>Ward</b>	Sep 23-Nov 25	<b>MO 6-9p</b>	<b>\$615</b>	<b>AP 1 (concurrent) or LMT</b>
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Sep 23-Nov 25	MO 1:30-4:30p	\$750	Shiatsu 1

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
<b>Business of Massage - Introduction</b>		<b>Salem</b>	<b>15</b>	<b>Dixon Barry</b>	Sep 25-Oct 23	<b>WE 1:30-4:30p</b>	<b>\$325</b>	<b>Mass Up &amp; Low (Shiatsu SF Clinic, Clinic, Massage A&amp;A may be Concurrent)</b>
<b>Clinic</b>		<b>Salem</b>	<b>45</b>	<b>Dixon Barry</b>	Sep 26-Dec 5	<b>TH 1-5:30p</b>	<b>\$900</b>	<b>Mass Assess/App (concurrent)</b>
<b>Communication/Ethics</b>		<b>Salem</b>	<b>30</b>	<b>Dixon Barry</b>	Sep 24-Nov 26	<b>TU 1:30-4:30p</b>	<b>\$615</b>	<b>Massage Fund (may be concurrent)</b>
<b>Hydrotherapy LAB</b>		<b>Salem</b>	<b>12</b>	<b>Sinclair</b>	Oct 12-Oct 13	<b>SA-SU 9-4p</b>	<b>\$00</b>	<b>Mass-Fund, AP 1 (rec: AP 2) Must be taken w/ Hydro LEC</b>
	Kinesiolo-Lee DT Meth - Head to	Salem	14	Lee	Nov 2-Nov 3	SA&SU 9a-5p	\$350	Kinesiology-Upper, or LMT
	Kinesiolo-Lee DT Meth - G/H to	Salem	14	Lee	Oct 26-Oct 27	SA&SU 9a-5p	\$350	Kinesiology-Upper, or LMT
<b>Kinesiology - Lower Body</b>		<b>Salem</b>	<b>30</b>	<b>McLaughlin</b>	Sep 26-Dec 5	<b>TH 9a-12p</b>	<b>\$615</b>	<b>AP I, Massage Fundamentals</b>
	Massage Basics	Salem	7.5	Hueller	Oct 15-Oct 29	TU 1:30-4p	\$75	None
	Massage for Eye Strain and Upper Body	Salem	7	Sinclair	Nov 9	SA 9a-5p	\$175	None
<b>Massage - Assessment &amp; Application</b>		<b>Salem</b>	<b>30</b>	<b>Hueller</b>	Sep 25-Nov 27	<b>WE 1:30-4:30p</b>	<b>\$615</b>	<b>Mass/Kines- Up &amp; Low, Hydro, Path 1</b>
<b>Massage - Fundamentals</b>		<b>Salem</b>	<b>45</b>	<b>Hueller</b>	Sep 24-Nov 26	<b>TU 9a-12p; SA 10/19 &amp; 11/9</b>	<b>\$1156</b>	<b>Recom: Concurrent with Comm/Ethics</b>
<b>Massage - Lower Body</b>		<b>Salem</b>	<b>30</b>	<b>McLaughlin</b>	Sep 26-Dec 5	<b>TH 1:30-4:30p</b>	<b>\$615</b>	<b>Mass Fund., Comm, Kines Lower (may be concurrent)</b>
	On-Site Chair Massage I	Salem	6	Aguayo	Oct 28	Mon 10a-5p	\$165	Massage - Fundamentals
	SEO & Social Media for Your Business	Salem	5	Lee	Oct 19	SA 9a-3p	\$130	None

*Dates and times are subject to change.*

**Keep your eyes open for updated versions - new classes may be added!**

