

OREGON SCHOOL OF MASSAGE

Fall 2024 Class Schedule

Version 1 7/24/24	Monday 9/23-11/25	Tuesday 9/24-11/26	Wednesday 9/25-11/27	Thursday 9/26-12/5	Friday 9/27-12/6	Sat/Sun 9/28-12/8
Morning 9am-12pm		Kines-Upper Casey - Portland Massage Fundamentals ♦ (+Sat 10/19&11/9) Hueller - Salem	APS Seminar ▲ Hueller - Online 9/25, 10/23, 11/27 Palpation Skills Feldman - Portland 1:30-4:30pm 9/25-10/23	Pathology 2 Dixon - Online 9:30a-12:30p Kines - Lower McLaughlin - Salem		
Afternoon 1:30-4:30pm	Communication/Ethics Dixon - Portland 1-4pm Shiatsu 2 Ward - Portland Statutes ▲ Aguayo - Online (11/18&25) 1-4p	Pathology I Dixon - Online Massage - Upper Casey-Portland Clinic ▲ Berg - Portland (1-5:30p) Communication/Ethics Dixon Barry - Salem	Massage - A&A Hueller - Salem Massage Fundamentals ♦ (+Sat 10/19&11/9) Portland - Feldman Business Intro Dixon Barry - Salem 9/25-10/23	Massage - Lower Dixon Barry - Salem Clinic ▲ Dixon Barry - Salem (1-5:30p)		
Evening 6-9pm	Anat & Phys 2 McLaughlin - Online Shiatsu I Ward - Portland	Anat & Phys 1 McLaughlin - Online		Massage Theory Dixon - Online 9/26-10/24	Hydrotherapy Sinclair - 10/11-10/13 Fri 6-9p Online Sat-Sun 9a-4p Salem	

REGISTRATION

PRIORITY REGISTRATION:
August 2nd

REGISTRATION OPENS:
August 6th

CORE REGISTRATION
CLOSES:
September 6th

Tuition is due at time of
registration.

HOLIDAY CLOSURE

The school will be closed **6pm** **Nov 27 through Sun Dec 1st** for the Thanksgiving Holiday. Make-up days are Dec 5&6

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 10/19 & 11/9, 9am-5:30pm. **BOLD = Core Classes**

Advanced Practice Skills Seminar meets 3 times: Attendance is **required** at all sessions.

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part A	Online	30	Ward	Sep 25-Nov 27	WE 6-9p	\$750	None
	Advanced Foam Rolling	Online	7.5	Dixon	Oct 29-Nov 26	TU 10-11:30a	\$190	Myofascial Foam Rolling
	Advanced Practice Skills Seminar	Online	6	Hueller	Sep 25-Nov 27	WE 9a-12p; 9/25,10/23,11/27	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	McLaughlin	Sep 24-Nov 26	TU 6-9p	\$615	None
	Anatomy & Physiology 2	Online	30	McLaughlin	Sep 23-Nov 25	MO 6-9p	\$615	AP 1
	Body-Based Trauma Relief	Online	4	Dixon	Oct 25	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Oct 4	FR 12-4p	\$105	Comm/Ethics or LMT
	Franklin Method for Shoulder Girdle	Online	3	Wesley	Oct 26	Sat 9a-12p	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method: Bones & Joints of the	Online	3	Wesley	Nov 16	SA 9a-12p	\$85	NONE, Kinesiology recommended, OR LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	Nov 15	FR 9-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Hydrotherapy Lecture	Online	3	Sinclair	Oct 11	Fri 6-9p	\$326	Mass - Fund., AP I (recommended: APII) Concurrent w 1st
	Massage Theory	Online	14	Dixon	Sep 26-Oct 24	TH 6-9p	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Sep 24-Oct 22	TU 10-11:30a	\$190	None
	Pain: Getting Shame Out of Pain	Online	3	Dixon	Nov 8	FR 1-4p	\$85	None
	Pain: Moving from Helplessness to Hope	Online	3	Dixon	Oct 11	FR 1-4p	\$85	None
	Pathology 1	Online	30	Dixon	Sep 24-Nov 26	TU 1-4p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Dixon	Sep 26-Dec 5	TH 9:30a-12:30p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Qigong	Online	3	Dixon	Nov 22	FR 1-4p	\$85	None
	Statutes	Online	6	Aguayo	Nov 18-Nov 25	MO 1-4p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Nov 1	FR 1-4p	\$85	None



Fall 2024 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Barefoot Shiatsu Massage	Portland	12	Ward	Nov 9-Nov 16	SA 10a-5p	\$370	None
Clinic		Portland	45	Berg	Sep 24-Nov 26	TU 1-5:30p	\$900	Mass Assess/App (concurrent)
Communication/Ethics		Portland	30	Dixon	Sep 23-Nov 25	MO 1-4p	\$615	Massage Fund (may be concurrent)
	Craniosacral Therapy Introduction	Portland	15	Dixon	Oct 11-Oct 13	FR 6-9p; SA&SU 10a-5p	\$370	None
	Cupping Massage: Theory & Application	Portland	6	Lev, LAc	Sep 24-Oct 8	TU 6:15-9:15p	\$150	Mass and Kines Upper&Lower, or LMT
Kinesiology - Upper Body		Portland	30	Casey	Sep 24-Nov 26	TU 9a-12p	\$615	AP I, Massage - Fundamentals
	Lymphatic Detox Introduction	Portland	9	Dixon	Nov 15-Nov 16	FR 6-9p, SA 10a-5p	\$220	Massage Fundamentals
	Massage For Persons With Diabetes	Portland	4	Mozingo	Oct 5	Sat 12-4pm	\$105	
	Massage for End of Life Care	Portland	6	Casey	Oct 19	SA 9a-4p	\$150	Massage Fundamentals
	Massage Basics	Portland	7.5	Feldman	Oct 24-Nov 7	TH 1:30-4:00p	\$75	None
Massage - Assessment & Application		Portland	30	Feldman	Sep 26-Dec 5	TH 9a-12p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
Massage - Fundamentals		Portland	45	Feldman	Sep 25-Nov 27	WE 1:30-4:30p; SA 10/19 & 11/9	\$1156	Recom: Concurrent with Comm/Ethics
Massage - Upper Body		Portland	30	Casey	Sep 24-Nov 26	TU 1-4p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	Myofascial Massage Introduction	Portland	12	Dixon	Nov 2-Nov 3	SA&SU 10a-5p	\$290	Massage Fundamentals
Palpation Skills		Portland	15	Feldman	Sep 25-Oct 23	WE 9a-12p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd series)
	Reflexology for Women's Health	Portland	4	Davis	Oct 6	Su 12-4p	\$115	None
	Reiki Healing	Portland	18	Knorr	Oct 25-Oct 27	FR 6-8p; SA+SU 9a-6p	\$450	None
Shiatsu I - Short Form (Back)		Portland	30	Ward	Sep 23-Nov 25	MO 6-9p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Sep 23-Nov 25	MO 1:30-4:30p	\$750	Shiatsu 1

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Business of Massage - Introduction		Salem	15	Dixon Barry	Sep 25-Oct 23	WE 1:30-4:30p	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent)
Clinic		Salem	45	Dixon Barry	Sep 26-Dec 5	TH 1-5:30p	\$900	Mass Assess/App (concurrent)
Communication/Ethics		Salem	30	Dixon Barry	Sep 24-Nov 26	TU 1:30-4:30p	\$615	Massage Fund (may be concurrent)
Hydrotherapy LAB		Salem	12	Sinclair	Oct 12-Oct 13	SA-SU 9-4p	\$00	Mass-Fund, AP 1 (rec: AP 2) Must be taken w/ Hydro LEC
	Kinesiolo-Lee DT Meth - Head to	Salem	14	Lee	Nov 2-Nov 3	SA&SU 9a-5p	\$350	Kinesiology-Upper, or LMT
	Kinesiolo-Lee DT Meth - G/H to	Salem	14	Lee	Oct 26-Oct 27	SA&SU 9a-5p	\$350	Kinesiology-Upper, or LMT
Kinesiology - Lower Body		Salem	30	McLaughlin	Sep 26-Dec 5	TH 9a-12p	\$615	AP I, Massage Fundamentals
	Massage Basics	Salem	7.5	Hueller	Oct 15-Oct 29	TU 1:30-4p	\$75	None
	Massage for Eye Strain and Upper Body	Salem	7	Sinclair	Nov 9	SA 9a-5p	\$175	None
Massage - Assessment & Application		Salem	30	Hueller	Sep 25-Nov 27	WE 1:30-4:30p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
Massage - Fundamentals		Salem	45	Hueller	Sep 24-Nov 26	TU 9a-12p; SA 10/19 & 11/9	\$1156	Recom: Concurrent with Comm/Ethics
Massage - Lower Body		Salem	30	McLaughlin	Sep 26-Dec 5	TH 1:30-4:30p	\$615	Mass Fund., Comm, Kines Lower (may be concurrent)
	On-Site Chair Massage I	Salem	6	Aguayo	Oct 28	Mon 10a-5p	\$165	Massage - Fundamentals
	SEO & Social Media for Your Business	Salem	5	Lee	Oct 19	SA 9a-3p	\$130	None

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

