

OREGON SCHOOL OF MASSAGE

Summer 2024 Class Schedule

| Version 1c 5/14/24 | Monday 6/24-8/26 | Tuesday 6/25-8/27 | Wednesday 6/26-8/28 | Thursday 6/27-9/5 | Friday 6/28-8/30 | Sat/Sun |
|---------------------------------|---|--|---|--|---|---------|
| Morning 9am-12pm | | Kines - Lower Casey - Portland Communication/Ethics McLaughlin - Salem | Massage - A&A 7/3 - 9/4 Feldman - Portland APS Seminar ▲ Hueller - Online 6/26, 7/24, 8/28 Kines - Upper McLaughlin - Salem | Pathology 2 Dixon - Online 9:30a-12:30p Palpation Skills Feldman - Portland 8/1 - 8/29 | REGISTRATION PRIORITY REGISTRATION: May 10th, 2024 OPEN REGISTRATION: May 14th at 10AM CORE REG CLOSES: June 14th, 2024 <u>Tuition is due at time of registration.</u> | |
| Afternoon 1:30-4:30pm | Communication/Ethics Dixon - Portland 1-4pm Statutes ▲ Aguayo - Online 8/19&26, 1-4p | Pathology 1 Dixon - Online 1-4pm Massage - Lower Casey-Portland Clinic ▲ Berg - Portland (1-5:30p) Massage Fundamentals ♦ (+Sat 4/28&5/18) Hueller - Salem | Massage Fundamentals ♦ 7/3-9/4(+Sat 7/27&8/17) Portland - Feldman Massage - Upper Glover - Salem | Clinic ▲ Glover - Salem (1-5:30p) Shiatsu SF & LF Clinic ▲ Ward - Portland (1-5:30pm) | Shiatsu I Ward - Portland | |
| Evening 6-9pm | | Anat & Phys 3 McLaughlin - Online | Anat & Phys 1 McLaughlin - Online | Massage Theory Dixon - Online 6/27-8/1 | Shiatsu 2 Ward - Portland | |

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 7/27 & 8/17.

BOLD = Core Classes

HOLIDAY CLOSURE

The school will be closed **July 4th** for Independence Day. Make-ups will be Sept 9th.

| Online | Classes | Location | Hrs | Instructor | Dates | Times | Cost | Prerequisites |
|--------|---|---------------|-----------|---------------|---------------|------------------------|--------------|--|
| | ABC's of Chinese Medicine - Part B | Online | 30 | Ward | Jun 26-Aug 28 | WE 6-9p | \$750 | ABC's of Chinese Medicine - Part A |
| | Advanced Foam Rolling | Online | 7.5 | Dixon | Jul 30-Aug 27 | TU 10-1130a | \$190 | Myofascial Foam Rolling |
| | Anatomy & Physiology 1 | Online | 30 | McLaughlin | Jun 26-Aug 28 | WE 6-9p | \$615 | None |
| | Anatomy & Physiology 3 | Online | 30 | McLaughlin | Jun 25-Aug 27 | TU 6-9p | \$615 | AP 1 |
| | Body-Based Trauma Relief | Online | 4 | Dixon | Jul 26 | FR 12-4p | \$105 | None |
| | Building Your Ethical Body | Online | 4 | Dixon | Jul 12 | FR 12-4p | \$105 | Comm/Ethics or LMT |
| | Franklin Method: Arthrokinematics of Knee | Online | 3 | Wesley | Aug 10 | SA 9a-12p | \$85 | None, Kines recommended, or LMT |
| | Franklin: Bones and Joint Movement of the Elbow | Online | 3 | Wesley | Aug 18 | SU 9a-12p | \$85 | None, Kines recommended, or LMT |
| | Massage Theory | Online | 14 | Dixon | Jun 27-Aug 1 | TH 6-9p | \$305 | Fundamentals (may be concurrent) |
| | Myofascial Foam Rolling | Online | 7.5 | Dixon | Jun 25-Jul 23 | TU 10-11:30a | \$190 | None |
| | Pain and Research | Online | 3 | Dixon | Jul 19 | FR 1-4p | \$85 | None |
| | Pain and Trauma | Online | 3 | Dixon | Aug 2 | FR 1-4p | \$85 | None |
| | Pathology 1 | Online | 30 | Dixon | Jun 25-Aug 27 | TU 1-4p | \$615 | AP 1 (recommended: AP 2) |
| | Pathology 2 | Online | 30 | Dixon | Jun 27-Sep 5 | TH 9:30a-12:30p | \$615 | AP1, Path 1(recom:AP 2, AP 3) |
| | Qigong | Online | 3 | Dixon | Aug 23 | FR 1-4p | \$85 | None |
| | SEO & Social Media for Your Business | Online | 3 | Lee | Jun 26 | WE 6-9pm | \$85 | |
| | Statutes | Online | 6 | Aguayo | Aug 19-Aug 26 | MO 1-4p | \$130 | Comm/Ethics, Clinic (may be concurrent) |
| | Tai Chi for Better Balance | Online | 3 | Dixon | Aug 30 | FR 1-4p | \$85 | None |



Summer 2024 Class Schedule

| <u>Portland</u> | <u>Classes</u> | <u>Location</u> | <u>Hrs</u> | <u>Instructor</u> | <u>Dates</u> | <u>Times</u> | <u>Cost</u> | <u>Prerequisites</u> |
|---|----------------|-----------------|------------|-------------------|---------------|---|---------------|---|
| Clinic | | Portland | 45 | Berg | Jun 25-Aug 27 | TU 1-5:30p | \$900 | Mass Assess/App (concurrent) |
| Communication/Ethics | | Portland | 30 | Dixon | Jun 24-Aug 26 | MO 1-4p | \$615 | Massage Fund (may be concurrent) |
| Craniosacral Therapy Level One | | Portland | 15 | Dixon | Jul 19-Jul 21 | FR 6-9p & SA-SU 10a-5p | \$380 | Craniosacral Therapy Introduction |
| Foot Reflexology Basics | | Portland | 7 | Butler | Aug 7-Aug 8 | WE 6:30-9:30p & TH 5:30 | \$195 | None |
| Insurance Billing for LMTs | | Portland | 3 | Davis | Jul 14 | Sun 9am-12pm | \$85 | Massage Fundamentals or equivalent. |
| Kinesiology - Lower Body | | Portland | 30 | Casey | Jun 25-Aug 27 | TU 9a-12p | \$615 | AP I, Massage Fundamentals |
| Lymphatic Massage for Upper Body | | Portland | 15 | Dixon | Aug 16-Aug 18 | FR 6-9p; SA-SU 10a-5p | \$380 | Lymph Detox Intro or equivalent |
| Massage For Persons With Diabetes | | Portland | 4 | Mozingo | Aug 10 | 12-4pm | \$105 | |
| Massage for End of Life Care | | Portland | 6 | Casey | Aug 17 | SA 9a-4p | \$150 | Massage Fundamentals |
| Massage Basics | | Portland | 7.5 | Feldman | Jul 25-Aug 8 | TH 9:30a-12p | \$75 | None |
| Massage Room Design | | Portland | 5 | Smith | Jul 13 | Sa 10a-3:30p | \$135 | |
| Massage - Assessment & Application | | Portland | 30 | Feldman | Jul 3-Sep 4 | WE 9a-12p | \$615 | Mass/Kines- Up & Low, Hydro, Path 1 |
| Massage - Fundamentals | | Portland | 45 | Feldman | Jul 3-Sep 4 | WE 1:30-4:30p & SA 7/27 & 8/17 | \$1156 | Recom: Concurrent with Comm/Ethics |
| Massage - Lower Body | | Portland | 30 | Casey | Jun 25-Aug 27 | TU 1-4p | \$615 | Mass Fund., Comm, Kines Lower (may be concurrent) |
| Myofascial Massage - Direct Method | | Portland | 15 | Dixon | Aug 2-Aug 4 | FR 6-9p; SA-SU 10a-5p | \$375 | Myofascial Intro or instr permission |
| Myofascial Trigger Point Therapy | | Portland | 15 | Libby | Jul 13-Jul 14 | Sat-Sun 9am-5:30pm | \$340 | Kinesiology - Upper or Lower Body |
| Palpation Skills | | Portland | 15 | Feldman | Aug 1-Aug 29 | TH 9-12p | \$326 | Mass/Kines Up & Low (may be taken concurrent w/ 2nd session) |
| Reiki Healing | | Portland | 18 | Knorr | Aug 2-Aug 4 | FR 6-8p; SA+SU 9a-6p | \$450 | None |
| Shamanic Healing | | Portland | 14 | Knorr | Aug 10-Aug 11 | Sat-Sun 10am-6pm | \$350 | None |
| Shiatsu I - Short Form (Back) | | Portland | 30 | Ward | Jun 28-Aug 30 | FR 1:30-4:30pm | \$615 | AP 1 (concurrent) or LMT |
| Shiatsu II - Short Form (Front) | | Portland | 30 | Ward | Jun 28-Aug 30 | FR 6-9p | \$750 | Shiatsu 1 |
| Shiatsu Long Form Tutorial | | Portland | 4 | Ward | Jun 27-Sep 5 | By appointment | \$135 | Shiatsu LF Clinic - may be concurrent |
| Shiatsu Long Form Clinic | | Portland | 40 | Ward | Jun 27-Sep 5 | TH 1-5p | \$800 | Shiatsu III and IV |
| Shiatsu Short Form - Tutorial | | Portland | 3 | Ward | Jun 27-Sep 5 | TBD | \$115 | Must take with Shiatsu SF Clinic. |
| Shiatsu Short Form Clinic | | Portland | 45 | Ward | Jun 27-Sep 5 | TH 1-5p | \$900 | |

| <u>Salem</u> | <u>Classes</u> | <u>Location</u> | <u>Hrs</u> | <u>Instructor</u> | <u>Dates</u> | <u>Times</u> | <u>Cost</u> | <u>Prerequisites</u> |
|---|----------------|-----------------|------------|-------------------|---------------|---|---------------|--|
| Advanced Practice Skills Seminar | | Salem | 6 | Hueller | Jun 26-Aug 28 | WE 9a-12p; 6/26, 7/24, 8/28 | \$135 | Clinic or SF Clinic, Final Quarter Declaration |
| Clinic | | Salem | 45 | Glover | Jun 27-Sep 5 | TH 1-5:30p | \$900 | Mass Assess/App (concurrent) |
| Communication/Ethics | | Salem | 30 | McLaughlin | Jun 25-Aug 27 | TU 9a-12p | \$615 | Massage Fund (may be concurrent) |
| Kinesio-Lee Method - Lower Body | | Salem | 14 | Lee | Aug 3-Aug 4 | Sat&Sun 9a-5p | \$350 | Kinesiology-Lower, or LMT |
| Kinesiology - Upper Body | | Salem | 30 | McLaughlin | Jun 26-Aug 28 | WE 9a-12p | \$615 | AP I, Massage - Fundamentals |
| Massage Basics | | Salem | 7.5 | Hueller | Jul 24-Aug 7 | WE 1:30-4p | \$75 | None |
| Massage - Fundamentals | | Salem | 45 | Hueller | Jun 25-Aug 27 | TU 1:30-4:30p & SA 7/27 & 8/17 | \$1156 | Recom: Concurrent with Comm/Ethics |
| Massage - Upper Body | | Salem | 30 | Glover | Jun 26-Aug 28 | WE 1:30 - 4:30p | \$615 | Mass Fund., Comm, Kines Upper (may be concurrent) |
| On-Site Chair Massage I | | Salem | 6 | Aguayo | Jul 29 | Mon 10a-5p | \$165 | Massage - Fundamentals |
| Thai Massage - Level I | | Salem | 16 | Weitzer | Jul 19-Jul 21 | Fri 6:30-8:30pm; Sat-Sun 9am-5pm | \$440 | None |

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

