

OREGON SCHOOL OF MASSAGE

Spring 2024 Class Schedule

Version 5c 4/2/2024	Monday 4/1-6/10	Tuesday 4/2-6/4	Wednesday 4/3-6/5	Thursday 4/4-6/6	Friday 4/5-6/7	Sat/Sun
Morning 9am-12pm	Kines - Lower McLaughlin - Salem	Kines-Upper Casey - Portland APS Seminar ▲ Hueller - Online 4/2, 4/30, 6/4	Massage Fundamentals♦ (+Sat 4/28&5/18) Hueller - Salem	Pathology 2 Dixon - Online 9:30a-12:30p Massage Fundamentals♦ (+Sat 4/28&5/18) Portland - Feldman Communication/Ethics McLaughlin - Salem	REGISTRATION PRIORITY REGISTRATION: February 16th, 2024 OPEN REGISTRATION: February 20th at 10AM CORE REG CLOSURES: March 22nd, 2024 <u>Tuition is due at time of registration.</u>	
Afternoon 1:30-4:30pm	Communication/Ethics Dixon - Portland 1-4pm Business Intro Romero - Portland 4/1 - 4/29, 1-4PM	Pathology 1 Dixon - Online 1-4pm Massage - Upper Casey - Portland Clinic ▲ Berg - Portland (1-5:30p)	Massage - A&A Hueller - Salem Massage - Lower Glover - Salem Palpation Skills Feldman - Portland 5/8 - 6/5	Clinic ▲ Glover - Salem (1-5:30p)	Statutes▲ Aguayo - Online (4/12-4/19) 1-4p Hydrotherapy Sinclair - 4/5-4/7 Fri 6-9p Online Sat-Sun 9a-4p Salem Shiatsu 2 Ward - Portland	
Evening 6-9pm	Anat & Phys 3 Wesley - Online Shiatsu 3 Ward - Portland	Anat & Phys 2 Fong - Online	Anat & Phys 1 McLaughlin - Online	Massage Theory Dixon - Online 4/4-5/2	HOLIDAY CLOSURE The school will be closed May 27th for Memorial Day. Make-up day is June 10th.	

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals** requires TWO Saturday classes 4/28 & 5/18.

BOLD = Core Classes

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part A	Online	30	Ward	Apr 2-Jun 4	TU 600-900p	\$750	None
	Advanced Foam Rolling	Online	7.5	Dixon	May 7-Jun 4	TU 1000-1130a	\$190	Myofascial Foam Rolling
	Anatomy & Physiology 1	Online	30	McLaughlin	Apr 3-Jun 5	WE 600-900p	\$615	None
	Anatomy & Physiology 2	Online	30	Fong	Apr 2-Jun 4	TU 600-900p	\$615	AP 1
	Anatomy & Physiology 3	Online	30	Wesley	Apr 1-Jun 10	MO 6-9p	\$615	AP 1
	Body-Based Trauma Relief	Online	4	Dixon	May 10	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Apr 19	FR 12-4p	\$105	Comm/Ethics or LMT
	Communicating with Resonance	Online	4	Welton-Miller	Apr 10	Wed 1-5pm	\$105	None
	Franklin Method: Muscles of Healthy	Online	3	Wesley	May 18	SA 9-12p	\$85	None, Kines recommended, or LMT
	Franklin Method for the	Online	3	Wesley	Jun 1	SA 900-1200p	\$85	None, Kines recommended, or LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	May 10-May 10	FR 9-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Hydrotherapy Lecture	Online	3	Sinclair	Apr 5-Apr 5	Fri 6-9p	\$326	Mass - Fund., AP I (recommended: APII) Concurrent w 1st
	Massage Theory	Online	14	Dixon	Apr 4-May 2	TH 6-9p	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Apr 2-Apr 30	TU1000-1130a	\$190	None
	Pain and Stress	Online	3	Dixon	May 3	FR 1-4p	\$85	None
	Pain and Inflammation	Online	3	Dixon	Apr 26	FR 1 - 4p	\$85	None
	Pathology 1	Online	30	Dixon	Apr 2-Jun 4	TU 1-4p	\$615	AP 1 (recommended: AP 2)
	Qigong Basics	Online	3	Dixon	May 17	FR 100-400p	\$85	None
	Statutes	Online	6	Aguayo	Apr 12-Apr 19	FR 1-4p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Jun 7	FR 100-400p	\$85	None



Spring 2024 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Business of Massage - Introduction	Portland	15	Romero	Apr 1-Apr 29	MO 1:00-4:00p	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be concurrent)
	Clinic	Portland	45	Berg	Apr 2-Jun 4	TU 100-530p	\$900	Mass Assess/App (concurrent)
	Craniosacral Therapy Introduction	Portland	15	Dixon	Apr 12-Apr 14	FR 6-9p & SA-SU 10a-5p	\$370	None
	Intro to Aromatherapy	Portland	7	McBride	Apr 6	SA 900a-500p	\$195	None
	Kinesiology - Upper Body	Portland	30	Casey	Apr 2-Jun 4	TU 900-1200p	\$615	AP I, Massage - Fundamentals
	Lymphatic Detox Introduction	Portland	9	Dixon	May 10-May 11	FR 6-9p & SA 10a-5p	\$220	Massage Fundamentals
	Massage for End of Life Care	Portland	6	Casey	Apr 13	SA 900-400p	\$150	Massage Fundamentals
	Massage Basics	Portland	7.5	Feldman	May 1-May 15	Wed 9:30a-12p	\$75	None
	Massage - Fundamentals	Portland	45	Feldman	Apr 4-Jun 6	TH 9a-12p & SU&SA 4/28 & 5/10	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Upper Body	Portland	30	Casey	Apr 2-Jun 4	TU 1:00 - 4:00p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	Myofascial Massage Introduction	Portland	12	Dixon	May 25-May 26	SA-SU 10a-5p	\$290	Massage Fundamentals
	Palpation Skills	Portland	15	Feldman	May 8-Jun 5	WE 1:30-4:30p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd session)
	Reflexology for Women's Health	Portland	4	Davis	May 19	Su 1200-400pm	\$115	None
	Reiki 2nd Degree	Portland	18	Knorr	May 17-May 19	FR 6-8p & SA-SU 9a-6p	\$450	Reiki 1st Degree (at least 3 mos prior to Reiki 2)
	Shiatsu I - Short Form (Back)	Portland	30	Ward	Apr 5-Jun 7	FR 600-900p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Apr 5-Jun 7	FR 130-430p	\$750	Shiatsu 1
	Shiatsu III - Long Form (Back)	Portland	30	Ward	Apr 1-Jun 10	MO 600-900P	\$750	Shiatsu II and Shiatsu SF Clinic
	Thai Massage - Level II	Portland	30	Weitzer	May 25-Jun 9	Sat-Sun 9am-5:30pm	\$665	Thai I
	Thai Massage - Level I	Portland	16	Weitzer	Apr 19-Apr 21	Fri 6:30-8:30pm; Sat-Sun	\$440	None

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Advanced Practice Skills Seminar	Salem	6	Hueller	Apr 2-Jun 4	TU 9a-12p; 4/2, 4/30, 6/4	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Clinic	Salem	45	Glover	Apr 4-Jun 6	TH 1-5:30p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Salem	30	McLaughlin	Apr 4-Jun 6	TH 900-1200p	\$615	Massage Fund (may be concurrent)
	Hydrotherapy LAB	Salem	12	Sinclair	Apr 6-Apr 7	SA-SU 9-4p	\$00	Mass-Fund, AP 1 (rec: AP 2) Must be taken w/ Hydro LEC
	Kinesiolo-Lee DT Meth - Head to	Salem	14	Lee	Apr 20-Apr 21	Sat&Sun 9a-5p	\$350	Kinesiology-Upper, or LMT
	Kinesiolo-Lee DT Meth - G/H to Phalanges	Salem	14	Lee	Apr 13-Apr 14	Sat&Sun 9a-5p	\$350	Kinesiology-Upper, or LMT
	Kinesiology - Lower Body	Salem	30	McLaughlin	Apr 1-Jun 10	MO 9:00-12:00p	\$615	AP I, Massage Fundamentals
	Massage Basics	Salem	7.5	Hueller	Apr 30-May 14	TU 1:30-4p	\$75	None
	Massage for Eye Strain and Upper Body	Salem	7	Sinclair	May 4-May 4	SA 9a-5p	\$175	None
	Massage - Assessment & Application	Salem	30	Hueller	Apr 3-Jun 5	WE 130-430p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
	Massage - Fundamentals	Salem	45	Hueller	Apr 3-Jun 5	WE 900-12:00p & SU&SA 4/28 & 5/10	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Lower Body	Salem	30	Glover	Apr 3-Jun 5	WE 1:30-4:30p	\$615	Mass Fund., Comm, Kines Lower (may be concurrent)
	On-Site Chair Massage I	Salem	6	Aguayo	Jun 3	Mon 10a-5p	\$165	Massage - Fundamentals

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

