

OREGON SCHOOL OF MASSAGE

Fall 2023 Class Schedule

Version 2 8/3/2023	Monday 9/25-11/27	Tuesday 9/26-11/28	Wednesday 9/27-11/29	Thursday 9/28-12/7	Friday 9/29-12/8	Sat/Sun
Morning 9am-12pm		Kines-Upper Casey - Portland	Massage Fundamentals ♦ (+Sat 10/21&11/11) Hueller - Salem Business Intro Lee - Salem 9/27-10/25	Pathology 2 Dixon - Online 9:30a-12:30p Massage Fundamentals ♦ (+Sat 10/21&11/11) Portland - Feldman APS Seminar ▲ Glover - Online 9/28, 10/26, 11/30	REGISTRATION PRIORITY REGISTRATION: August 4th, 2023 OPEN REGISTRATION: August 8th at 10AM CORE REG CLOSURES: September 8th, 2023 <u>Tuition is due at time of registration.</u>	
Afternoon 1:30-4:30pm	Communication/Ethics Dixon - Portland 1-4pm	Pathology 1 Dixon - Online 1-4pm Massage - Upper Casey - Portland Clinic ▲ Berg - Portland (1-5:30p)	Massage - A&A Hueller - Salem Kines - Lower Lee - Salem Communication/Ethics Glover - Salem Shiatsu SF Clinic ▲ Wendy Ward (1-5:30pm)	Clinic ▲ Glover - Salem (1-5:30p)	Statutes ▲ Aguayo - Online (10/13 & 10/20) 1-4p Hydrotherapy Sinclair - 10/27-10/29 Fri 6-9p Online Sat-Sun 9a-4p Salem Shiatsu I Ward - Portland	
Evening 6-9pm	Anat & Phys 3 Wesley - Online		Massage - Lower Glover - Salem Anat & Phys 2 TBD - Online	Palpation Skills Glover - Salem 9/28 - 10/26 Anat & Phys 1 Mozingo Goodwin - Online Massage Theory Dixon - Online 9/28-10/26	HOLIDAY CLOSURE The school will be closed 6pm Nov 22 through Sun Nov 26 for the Thanksgiving Holiday. Make-up days are Dec 7&8	

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals** requires TWO Saturday classes 10/21 & 11/11.

BOLD = Core Classes

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part A	Online	30	Ward	Sep 25-Nov 27	MO 6-9p	\$750	None
	Advanced Foam Rolling	Online	7.5	Dixon	Oct 31-Nov 28	TU 1000-1130a	\$190	Myofascial Foam Rolling
	Advanced Practice Skills Seminar	Online	6	Glover	Sep 28-Nov 30	TH 9a-12p; 9/28, 10/26, 11/20	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	Mozingo	Sep 28-Dec 7	TH 6-9p	\$615	None
	Anatomy & Physiology 2	Online	30	Fong	Sep 27-Nov 29	WE 600-900p	\$615	AP 1
	Anatomy & Physiology 3	Online	30	Wesley	Sep 25-Nov 27	MO 6-9p	\$615	AP 1
	Body-Based Trauma Relief	Online	4	Dixon	Oct 13	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Oct 6	FR 12-4p	\$105	Comm/Ethics or LMT
	Franklin Method: Pelvic Bony Markings,	Online	3	Wesley	Nov 4	SA 900-1200p	\$75	None, Kines recommended, or LMT
	Franklin Method: Mental Imagery In	Online	3	Wesley	Sep 30	SA 900-1200p	\$75	None, Kines recommended, or LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	Nov 17	FR 9-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Hydrotherapy Lecture	Online	3	Sinclair	Oct 27-Oct 27	Fri 6-9p	\$326	Mass - Fund., AP I (recommended: APII) Concurrent w 1st
	Massage Theory	Online	14	Dixon	Sep 28-Oct 26	TH 6-9p	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Sep 26-Oct 24	TU1000-1130a	\$190	None
	Pain: Getting Shame Out of Pain	Online	3	Dixon	Nov 3-Nov 3	FR 100-400p	\$85	None
	Pain: Moving from Helplessness to Hope	Online	3	Dixon	Oct 20-Oct 20	FR 100-400p	\$85	None
	Pathology 1	Online	30	Dixon	Sep 26-Nov 28	TU 1-4p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Dixon	Sep 28-Dec 7	TH 9:30a-12:30p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Qigong Basics	Online	3	Dixon	Dec 1	FR 1-4p	\$85	None
	Statutes	Online	6	Aguayo	Oct 13-Oct 20	FR 1-4p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Nov 10	FR 1-4p	\$85	None



Fall 2023 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Bowen Therapy Module 2	Portland	14	DiLorenzo	Oct 7-Oct 8	SA&SU 9a-5p	\$395	Bowen Therapy Module 1
	Clinic	Portland	45	Berg	Sep 26-Nov 28	TU 1-530p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Portland	30	Dixon	Sep 25-Nov 27	MO 1-4p	\$615	Massage Fund (may be concurrent)
	Craniosacral Therapy Introduction	Portland	15	Dixon	Oct 27-Oct 29	FR 6-9p & SA-SU 10a-5p	\$370	None
	Hot Stone Massage	Portland	14	Fossek	Nov 4-Nov 5	Sat&Sun 9am-5pm	\$420	AP2, AP3, Mass Upper + Lower, Hydro or LMT
	Intro to Sports Event Massage	Portland	6	Verschingel	Oct 1	SU 10am-5pm	\$165	Massage - Fundamentals
	Kinesiology - Upper Body	Portland	30	Casey	Sep 26-Nov 28	TU 9-12p	\$615	AP I, Massage - Fundamentals
	Lymphatic Detox Introduction	Portland	9	Dixon	Nov 17-Nov 18	FR 6-9p & SA 10a-5p	\$220	Massage Fundamentals
	Massage for End of Life Care	Portland	6	Casey	Oct 14	SA 900-400p	\$150	Massage Fundamentals
	Massage Basics	Portland	10	Feldman	Oct 25-Nov 15	WE 930-1200p	\$90	None
	Massage Room Design	Portland	5	Smith	Nov 11	Sa 10a-3:30p	\$105	
	Massage - Fundamentals	Portland	45	Feldman	Sep 28-Dec 7	TH 9a-12p & SA 10/21 & 11/14	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Upper Body	Portland	30	Casey	Sep 26-Nov 28	TU 1-4p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	Myofascial Massage Introduction	Portland	12	Dixon	Sep 30-Oct 1	SA-SU 10a-5p	\$290	Massage Fundamentals
	Reflexology for Women's Health	Portland	4	Davis	Oct 8	Su 1200-400pm	\$115	None
	Reiki Healing	Portland	18	Knorr	Nov 3-Nov 5	FR 6-8p; SA+SU 9a-6p	\$450	None
	Shiatsu I - Short Form (Back)	Portland	30	Ward	Sep 29-Dec 8	FR 1:30-4:30p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Sep 27-Nov 29	WE 6-9p	\$750	Shiatsu 1
	Shiatsu III - Long Form (Back)	Portland	30	Ward	Sep 29-Dec 8	FR 6-9P	\$750	Shiatsu II and Shiatsu SF Clinic
	Shiatsu Short Form - Tutorial	Portland	3	Ward	Sep 29-Nov 29	TBD	\$115	Must take with Shiatsu SF Clinic.
	Shiatsu Short Form Clinic	Portland	45	Ward	Sep 27-Nov 29	WE 1-5:30p	\$900	
	Thai Massage - Level II	Portland	30	Weitzer	Nov 18-Dec 3	Sat-Sun 9am-5:30pm	\$665	Thai I

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Business of Massage - Introduction	Salem	15	Lee	Sep 27-Oct 25	WE 9a-12p	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent)
	Clinic	Salem	45	Glover	Sep 28-Dec 7	TH 1-5:30p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Salem	30	Glover	Sep 27-Nov 29	WE 1:30-4:30p	\$615	Massage Fund (may be concurrent)
	Hydrotherapy LAB	Salem	12	Sinclair	Oct 28-Oct 29	SA-SU 9-4p	\$00	Mass-Fund, AP 1 (rec: AP 2) Must be taken w/ Hydro LEC
	Kinesiology - Lower Body	Salem	30	Lee	Sep 27-Nov 29	WE 1:30-4:30p	\$615	AP I, Massage Fundamentals
	Massage Basics	Salem	10	Hueller	Oct 24-Nov 14	TU 1:30-4p	\$90	None
	Massage for Eye Strain and Upper Body	Salem	7	Sinclair	Oct 14	SA 9a-5p	\$175	None
	Massage - Assessment & Application	Salem	30	Hueller	Sep 27-Nov 29	WE 1:30-4:30p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
	Massage - Fundamentals	Salem	45	Hueller	Sep 27-Nov 29	WE 9a-12p & SA 10/21 & 11/14	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Lower Body	Salem	30	Glover	Sep 27-Nov 29	WE 6-9p	\$615	Mass Fund., Comm, Kines Lower (may be concurrent)
	On-Site Chair Massage I	Salem	6	Aguayo	Nov 6	Mon 10a-5p	\$165	Massage - Fundamentals
	Palpation Skills	Salem	15	Glover	Sep 28-Oct 26	TH 6-9p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd session)
	Thai Massage - Level I	Salem	16	Weitzer	Oct 13-Oct 15	Fri 6:30-8:30pm; Sat-Sun	\$440	None

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Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

