

OREGON SCHOOL OF MASSAGE

Spring 2023 Class Schedule

Version 2 3/17/2023	Monday 4/3-6/5	Tuesday 4/4-6/6	Wednesday 4/5-6/7	Thursday 4/6-6/8	Friday 4/7-6/9	Sat/Sun
Morning 9am-12pm		Kines-Upper Casey - Portland	Massage Fundamentals ♦ (+Sat 4/29&5/20) Hueller - Salem Business Intro Lee - Salem 4/5-5/3	Pathology 2 Dixon - Online 9:30a-12:30p APS Seminar ▲ Glover - Online 4/6, 5/4, 6/8	REGISTRATION PRIORITY REGISTRATION: February 17th, 2023 OPEN REGISTRATION: February 21st at 10AM CORE REG CLOSES: March 17th, 2023 <u>Tuition is due at time of registration.</u>	
Afternoon 1:30-4:30pm	Communication/Ethics Dixon - Portland 1-4pm	Pathology 1 Dixon - Online 1-4pm Massage - Upper Casey - Portland Anat & Phys 1 Mozingo Goodwin - Online 4/11-6/13 Clinic ▲ Berg - Portland (1-5:30p)	Massage - A&A Hueller - Salem Kines - Lower Lee - Salem Communication/Ethics Glover - Salem	Massage Fundamentals ♦ (+Sat 4/29&5/20) Portland - Feldman Clinic ▲ Glover - Salem (1-5:30p)	Statutes ▲ Aguayo - Online (4/14 & 4/21) 1-4p Hydrotherapy Sinclair - 5/19-5/21 Fri 6-9p Online Sat-Sun 9a-4p Salem Shiatsu I Ward - Portland	
Evening 6-9pm	Anat & Phys 3 Wesley - Online 4/10-6/12		Massage - Lower Glover - Salem	Palpation Skills Glover - Salem 5/18 - 6/15 Massage Theory Dixon - Online 5/18-6/15		

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals** requires TWO Saturday classes 4/29 & 5/20.

BOLD = Core Classes

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part B	Online	30	Ward	Apr 3-Jun 5	MO 6-9p	\$750	ABC's of Chinese Medicine - Part A
	Advanced Foam Rolling	Online	7.5	Dixon	May 9-Jun 6	TU 10-11:30a	\$380	Myofascial Foam Rolling
	Advanced Practice Skills Seminar	Online	6	Glover	Apr 6-Jun 8	TH 9a-12p; 4/6, 5/4, 6/8	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	Mozingo	Apr 11-Jun 13	TU 1:30-4:30p WK 2-11	\$615	None
	Anatomy & Physiology 3	Online	30	Wesley	Apr 10-Jun 12	MO 6-9p WK 2-11	\$615	AP 1
	Body-Based Trauma Relief	Online	4	Dixon	May 12	FR 12-4p	\$105	None
	Building Your Ethical Body	Online	4	Dixon	Apr 28	FR 12-4p	\$105	Comm/Ethics or LMT
	Communicating with Resonance	Online	4	Welton-Miller	May 8	Mo 1-5pm	\$105	None
	Franklin Method for Muscles of Spinal	Online	3	Wesley	May 28	SU 9a-12p	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method: Scapular Motion	Online	3	Wesley	Apr 30	SU 9a-12p	\$75	NONE, Kinesiology recommended, OR LMT
	How to Help Clients Heal After Injuries	Online	3	Sinclair	Apr 28	FR 9-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Hydrotherapy Lecture	Online	3	Sinclair	May 19-May 19	Fri 6-9p	\$326	Mass - Fund., AP I (recommended: APII) Concurrent w 1st
	Massage Theory	Online	14	Dixon	Apr 6-May 4	TH 6-9p WK 1-5	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Apr 4-May 2	TU 10-11:30a WKS 1-5	\$190	None
	Pain and Stress	Online	3	Dixon	May 19	FR 1-4p	\$85	None
	Pain and Inflammation	Online	3	Dixon	May 5	FR 1 - 4p	\$85	None
	Pathology 1	Online	30	Dixon	Apr 4-Jun 6	TU 1-4p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Dixon	Apr 6-Jun 8	TH 9:30a-12:30p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Qigong Basics	Online	3	Dixon	Apr 21	FR 1-4p	\$85	None
	Statutes	Online	6	Aguayo	Apr 14-Apr 21	FR 1-4p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Jun 2	FR 1-4p	\$85	None



Spring 2023 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Bowen Therapy Module 1	Portland	14	DiLorenzo	Apr 29-Apr 30	Sat-Sun 9am-5pm	\$395	Massage Fundamentals, Kines Upp & Low or equiv
Clinic		Portland	45	Berg	Apr 4-Jun 6	TU 1-530p	\$900	Mass Assess/App (concurrent)
	Communication/Ethics	Portland	30	Dixon	Apr 3-Jun 5	MO 1-4p	\$615	Massage Fund (may be concurrent)
	Craniosacral Therapy Introduction	Portland	15	Dixon	Apr 14-Apr 16	FR 6-9p & SA-SU 10a-5p	\$370	None
	Craniosacral Therapy Introduction	Portland	15	Dixon	Apr 7-Apr 9	FR 6-9p & SA-SU 10a-5p	\$370	None
	Cupping Massage: Theory & Application	Portland	6	Lev, LAc	Apr 11-Apr 25	TU 6:15-9:15p	\$150	Mass and Kines Upper&Lower, or LMT
	Foot Reflexology Basics	Portland	7	Butler	May 17-May 18	WE 6:30-9:30p & TH 5:30	\$195	None
	Hot Stone Massage	Portland	14	Fossek	May 13-May 14	Sat&Sun 9am-5pm	\$420	Massage Fundamentals or LMT
	Intro to Aromatherapy	Portland	7	McBride	May 28	SA 9a-5p	\$175	None
	Intro to Sports Event Massage	Portland	6	Verschingel	Apr 23	SU 10am-5pm	\$165	Massage - Fundamentals
	Kinesiology - Upper Body	Portland	30	Casey	Apr 4-Jun 6	TU 9-12p	\$615	AP I, Massage - Fundamentals
	Lymphatic Detox Introduction	Portland	9	Dixon	May 26-May 27	FR 6-9p & SA 10a-5p	\$220	Massage Fundamentals
	Massage for End of Life Care	Portland	6	Casey	Jun 11	SU 900-400p	\$150	Massage Fundamentals
	Massage Basics	Portland	10	Feldman	May 3-May 24	WE 1:30-4p	\$90	None
	Massage Room Design	Portland	5	Smith	Apr 30	SU 10a-3:30p	\$105	
	Massage - Fundamentals	Portland	45	Feldman	Apr 6-Jun 8	TH 1:30-4:30p & SA 4/29 & 5/20	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Upper Body	Portland	30	Casey	Apr 4-Jun 6	TU 1-4p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	Myofascial Massage Introduction	Portland	12	Dixon	May 6-May 7	SA-SU 10a-5p	\$290	Massage Fundamentals
	On-Site Chair Massage I	Portland	6	Aguayo	May 1	Mon 10a-5p	\$165	Massage - Fundamentals
	Reflexology for Women's Health	Portland	3	Davis	Apr 8	Sat 9am-12pm	\$165	None
	Reiki 2nd Degree	Portland	18	Knorr	Jun 2-Jun 4	FR 6-8p & SA-SU 9a-6p	\$450	Reiki 1st Degree (at least 3 mos prior to Reiki 2)
	Shiatsu I - Short Form (Back)	Portland	30	Ward	Apr 7-Jun 9	FR 1:30-4:30p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Apr 7-Jun 9	FR 6-9p	\$750	Shiatsu 1
	Thai Massage - Level II	Portland	30	Weitzer	May 6-May 21	Sat-Sun 9am-5:30pm	\$665	Thai I

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Business of Massage - Introduction	Salem	15	Lee	Apr 5-May 3	WE 9a-12p WK 1-5	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent)
Clinic		Salem	45	Glover	Apr 6-Jun 8	TH 1-530p	\$900	Mass Assess/App (concurrent)
	Hydrotherapy LAB	Salem	12	Sinclair	May 20-May 21	SA-SU 9-4p	\$00	Mass-Fund, AP 1 (rec: AP 2) Must be taken w/ Hydro LEC
	Kinesiology - Lower Body	Salem	30	Lee	Apr 5-Jun 7	WE 1:30-4:30p	\$615	AP I, Massage Fundamentals
	Massage Basics	Salem	10	Hueller	May 2-May 23	TU 9:30a-12p	\$90	None
	Massage for Eye Strain and Upper Body	Salem	7	Sinclair	May 12	FR 9a-5p	\$175	None
	Massage - Assessment & Application	Salem	30	Hueller	Apr 5-Jun 7	WE 1:30-4:30p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
	Massage - Lower Body	Salem	30	Glover	Apr 5-Jun 7	WE 6-9p	\$615	Mass Fund, Comm, Kines Lower (may be concurrent)
	Palpation Skills	Salem	15	Glover	May 18-Jun 15	TH 6-9p	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd series)

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

