

OREGON SCHOOL OF MASSAGE

Fall 2022 Class Schedule

Version 6 9/20/2022	Monday 9/26-11/28	Tuesday 9/27-11/29	Wednesday 9/28-11/30	Thursday 9/29-12/8	Friday 9/30-12/9	Sat/Sun
Morning 9am-12pm		Massage Basics Hueller 9:30a-12p 10/25-11/15 Salem Kines - Upper Casey - Portland 9a-12p	Business Intro Lee - Salem (9/29-10/26) 6-9pm Massage Fundamentals ♦ Hueller(Sats 10/22&11/12) Salem 9a-12p	Massage Theory Dixon - Online 9:30a-12:30p 9/29-10/27 Massage - Upper Glover - Salem 9a-12p	Communication/Ethics Glover 9a-12p Portland	
Afternoon 1:30-4:30pm		Massage - Upper Casey-Portland 1-4p Pathology 2 Dixon - Online 1-4pm Massage - A&A Hueller - Salem 1:30-4:30p	Kines -Lower Lee - Salem 1:30-4:30p Massage Basics Feldman 1:30-4pm 10/26-11/16 Portland Communication/Ethics Glover 1:30-4:30p Salem	Clinic ▲ Cahen - Salem (1-5:30p) Massage - Lower Glover - Salem 1:30-4:30p Massage Fundamentals ♦ 1:30-4:30p(+Sat 10/22&11/12) Portland - Feldman	Shiatsu I Ward - Portland 1:30-4:30p Statutes ▲ Aguayo - Online (10/21 & 10/28) 12-3p Palpation Skills Glover - Portland 9/29-10/28 1:30-4:30pm	
Evening 6-9pm			APS Seminar ▲ Glover - Online 6:30-9:30p 9/28, 10/26, 11/30	Pathology 1 Dixon - Online 4-7pm Anat & Phys 1 Mozingo Goodwin - Online 6-9p Anat & Phys 2 Moore - Online 6-9p	Hydrotherapy Sinclair - 10/7-10/9 Fri 6-9p Online Sat-Sun 9a-4p Salem Shiatsu 2 Ward - Portland 6-9p	

PRIORITY REGISTRATION:
August 12th, 2022

REGISTRATION OPENS:
August 16th at 10AM

CORE REG CLOSES:
September 9th, 2022

Tuition is due at time of registration.

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 10/22 & 11/12.

BOLD = Core Classes

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	ABC's of Chinese Medicine - Part A	Online	30	Ward	Sep 26-Nov 28	MO 6-9p	\$750	None
	Advanced Practice Skills Seminar	Online	6	Glover	Sep 28-Nov 30	WE 630-930p; 9/28, 10/26, 11/29	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	Mozingo	Sep 29-Dec 1	TH 6-9p	\$615	None
	Anatomy & Physiology 2	Online	30	Moore	Sep 29-Dec 1	TH 6-9p	\$615	AP 1
	Body-Based Trauma Relief	Online	3	Dixon	Oct 14	FR 1-4p	\$85	None
	Building Your Ethical Body	Online	4	Dixon	Oct 28	FR 12-4p	\$105	Comm/Ethics or LMT
	Franklin Method for Shoulder Girdle	Online	3	Wesley	Oct 1	Sat 9am - 12pm	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method: Muscles of Healthy	Online	3	Wesley	Nov 12	SA 9-12p	\$75	None, Kines recommended, or LMT
	Franklin Method: Where the Head Meets	Online	3	Wesley	Oct 29	SA 9-12p	\$75	None, Kines recommended, or LMT
	Franklin Method: Arthrokinematics of	Online	3	Wesley	Oct 22	SA 9a-12p	\$75	None, Kines recommended, or LMT
	Hydrotherapy - Lecture	Online	3	Sinclair	Oct 7	FR 6-9p	\$326	Mass - Fund., AP 1 (rec: AP 2) MUST take w/ Hydro LAB
	Rehabilitation After Injury	Online	3	Sinclair	Oct 17	MO 9-12p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Massage Theory	Online	14	Dixon	Sep 29-Oct 27	TH 930-1230p WK 1-5	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Sep 27-Oct 25	TU 10-1130a WKS 1-5	\$190	None
	Pain: Getting Shame Out of Pain	Online	3	Dixon	Nov 3	TH 930a-1230p	\$85	None
	Pain: Moving from Helplessness to Hope	Online	3	Dixon	Sep 30	FR 1-4p	\$85	None
	Pathology 1	Online	30	Dixon	Sep 29-Dec 1	TH 4-7p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Dixon	Sep 27-Nov 29	TU 1-4p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Polyvagal Theory & Bodywork	Online	4	Moore	Oct 8-Oct 9	SA-SU 10a-12p	\$105	AP 3
	Preventing Eye Strain and Upper Body	Online	3	Sinclair	Dec 2	FR 9a-12p	\$105	None
	Qigong Basics	Online	3	Dixon	Nov 10	TH 9:30a-12:30p	\$85	None
	Statutes	Online	6	Aguayo	Oct 21-Oct 28	FR 12-3p	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Oct 7	FR 1-4p	\$90	None



Fall 2022 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Communication/Ethics	Portland	30	Glover	Sep 30-Dec 2	FR 9a-12p	\$615	Massage Fund (may be concurrent)
	Craniosacral Therapy Introduction	Portland	15	Dixon	Nov 11-Nov 13	FR 6-9p & SA-SU 10a-5p	\$370	None
	Cupping Massage: Theory & Application	Portland	6	Lev, LAc	Nov 15-Nov 29	Tue 6-9PM, Nov 15&29	\$150	Mass and Kines Upper&Lower, or LMT
	Foot Reflexology Basics	Portland	7	Butler	Nov 9-Nov 10	WE 630-930p & TH 530-930p	\$195	None
	Insurance Billing for LMTs	Portland	6	Davis	Nov 5	Sat 9am-4pm	\$150	Massage Fundamentals or equivalent.
	Kinesiology - Upper Body	Portland	30	Casey	Sep 27-Nov 29	TU 9-12p	\$615	AP I, Massage - Fundamentals
	Lymphatic Detox Introduction	Portland	9	Dixon	Nov 4-Nov 5	FR 6-9p & SA 10a-5p	\$220	Massage Fundamentals
	Massage for End of Life Care	Portland	6	Casey	Nov 12	SA 900-400p	\$150	Massage Fundamentals
	Massage Basics	Portland	10	Feldman	Oct 26-Nov 16	WE 1:30-4p	\$90	None
	Massage - Fundamentals	Portland	45	Feldman	Sep 29-Dec 1	TH 1:30-4:30p & SA 10/22	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Upper Body	Portland	30	Casey	Sep 27-Nov 29	TU 1-4p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	Myofascial Massage Introduction	Portland	12	Dixon	Oct 15-Oct 16	SA-SU 10a-5p	\$290	Massage Fundamentals
	Palpation Skills	Portland	15	Glover	Sep 30-Oct 28	FR 1:30-4:30p WK 1-5	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd)
	The ReEmbody Method: Module 1	Portland	12.5	Moore	Oct 22-Oct 23	SA-SU 9a-4:30p	\$345	Kinesiology Lower or LMT
	The ReEmbody Method: Module 2	Portland	12.5	Moore	Nov 19-Nov 20	SA-SU 9a-430p	\$345	MOD 1 ReEmbody Method & Kines Lower or LMT.
	Reiki Healing	Portland	18	Knorr	Dec 2-Dec 4	FR 6-8p; SA+SU 9a-600p	\$450	None
	Shiatsu I - Short Form (Back)	Portland	30	Ward	Sep 30-Dec 9	FR 130-430p	\$615	AP 1 (concurrent) or LMT
	Shiatsu II - Short Form (Front)	Portland	30	Ward	Sep 30-Dec 9	FR 6-9p	\$750	Shiatsu 1
	Thai Massage Demo	Portland	2	Weitzer	Oct 14	Fri 6:30-8:30pm	\$20	None
	Thai Massage - Level I	Portland	16	Weitzer	Oct 14-Oct 16	Fri 6:30-8:30pm; Sat-Sun	\$440	None

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
	Business of Massage - Introduction	Salem	15	Lee	Sep 28-Oct 26	WE 9a-12p WK 1-5	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be concurrent)
	Clinic	Salem	45	Cahen	Sep 29-Dec 1	TH 1-530p	\$900	Mass Assess/App (concurrent)
	Communication and Ethics	Salem	30	Glover	Sep 28-Nov 30	WE 1:30-4:30p	\$615	Massage Fund (may be concurrent)
	Hydrotherapy LAB	Salem	12	Sinclair	Oct 8-Oct 9	SA-SU 9-4p	\$00	Mass-Fund, AP 1 (rec: AP 2) Must be taken w/ Hydro LEC
	Kinesiology - Lower Body	Salem	30	Lee	Sep 28-Nov 30	WE 1:30-4:30p	\$615	AP I, Massage Fundamentals
	Massage Basics	Salem	10	Hueller	Oct 25-Nov 15	TU 9:30a-12p	\$90	None
	Massage - Assessment & Application	Salem	30	Hueller	Sep 27-Nov 29	TU 1:30-4:30p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
	Massage - Fundamentals	Salem	45	Hueller	Sep 28-Nov 30	WE 9a-12p & SA 10/22 & 11/12	\$1156	Recom: Concurrent with Comm/Ethics
	Massage - Lower Body	Salem	30	Glover	Sep 29-Dec 1	TH 1:30-4:30p	\$615	Mass Fund, Comm, Kines Lower (may be concurrent)
	Massage - Upper Body	Salem	30	Glover	Sep 29-Dec 1	TH 9a-12p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
	On-Site Chair Massage I	Salem	7	Aguayo	Oct 17	Mon 10a-6p	\$195	Massage - Fundamentals

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

