

OREGON SCHOOL OF MASSAGE

Spring 2022 Class Schedule

Version 2 2/17/2022	Monday 4/4-6/6	Tuesday 4/5-6/7	Wednesday 4/6-6/8	Thursday 4/7-6/9	Friday 4/8-6/10	Sat/Sun
Morning 9am-12pm		Statutes▲ Holden - Online (4/12 & 4/19) 9a-12p APS Seminar ▲ Holden - Online 9a-12p 4/5, 5/3, 6/7	Massage - Lower Glover - Salem 9a-12p Massage Fundamentals♦ Hueller(+Sat 4/30&5/21) Salem 9a-12p Massage Fundamentals♦ Feldman(+Sat 4/30&5/21) Portland 9a-12p	Massage Theory Dixon - Online 9:30a-12:30p 4/7-5/5 -or- 5/12-6/9 Massage - Upper Glover - Salem 9a-12p		
Afternoon 1:30-4:30pm	Kines-Upper Lecture Moore - Online 12-1pm Business Intro Lee - Online (4/4-5/2) 1-4pm	Massage - Upper Davis - Portland 1-4p Clinic ▲ Berg - Portland (1-5:30p) Pathology 1 Dixon - Online 1-4pm Palpation Skills Holden - Salem 2-5pm 5/10-6/7	Kines - Upper Lab A Moore - Portland 2:30-4:30p Kines -Lower Lab B Lee - Salem 1:30-3:30p Kines - Lower Lab D Lee - Salem 4-6p Massage - Lower Davis - Portland 1-4p Shiatsu SF Clinic Ward - Portland 1-5:30p Communication/Ethics Glover 1-4p Salem	Anat & Phys 3 Moore - Online 12-3p Clinic ▲ Cahen - Salem (1-5:30p)	Shiatsu I Ward - Portland 1:30-4:30p	
Evening 6-9pm	Kines - Lower Lecture Lee - Online 5-6pm	Pathology 2 Lev - Online 6-9p	Communication/Ethics Moore - Portland 5-8pm Massage - A&A Holden - Portland 6-9p Shiatsu 3 Ward - Portland 6-9p	Anat & Phys 1 Mozingo Goodwin - Online 5-8p Anat & Phys 2 Moore - Online 5-8p	Palpation Skills Holden - Portland 5-8pm 4/8-5/6 Shiatsu 2 Ward - Portland 6-9p Hydrotherapy Sinclair - 5/6-5/8 Fri 6-9p Online Sat-Sun 9a-4p Salem	

REGISTRATION

PRIORITY REGISTRATION:
February 18th, 2022

REGISTRATION OPENS:
February 22nd, 2022

CORE REG CLOSES:
March 18th, 2022

Tuition is due at time of registration.

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.

♦ **Massage Fundamentals requires** TWO Saturday classes 4/30 & 5/21. **BOLD = Core Classes**

Online	Classes	Location	Hrs	Instructor	Dates	Times	Cost	Prerequisites
	Advanced Foam Rolling	Online	15	Dixon	Apr 5-Jun 7	TU 830-1000a	\$380	Myofascial Foam Rolling
	Advanced Practice Skills Seminar	Online	6	Holden	Apr 5-Jun 7	TU 900-1200p; 4/5, 5/3, 6/7	\$135	Clinic or SF Clinic, Final Quarter Declaration
	Anatomy & Physiology 1	Online	30	Mozingo	Apr 7-Jun 9	TH 500-800p	\$615	None
	Anatomy & Physiology 2	Online	30	Moore	Apr 7-Jun 9	TH 500-800p	\$615	AP 1
	Anatomy & Physiology 3	Online	30	Moore	Apr 7-Jun 9	TH 1200-300p	\$615	AP 1
	Aromatherapy Foundations - Part 1	Online	7.5	Sidlo	Apr 23	SA 900-530p	\$270	None
	Aromatherapy Foundations - Part 4	Online	7.5	Sidlo	May 14	SA 900-530p	\$250	Aromatherapy Part 1, 2, & 3
	Building Your Ethical Body	Online	4	Dixon	May 6	FR 1200-400p	\$105	Comm/Ethics or LMT
	Business of Massage - Introduction	Online	15	Lee	Apr 4-May 2	MO 100-400p WK 1-5	\$325	Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be concurrent)
	Five Elements Qigong:	Online	3	Dixon	May 20	Fri 1-4pm	\$75	None
	Franklin Method: Abdominals	Online	3	Wesley	May 15	SU 900-1200p	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method: Bones & Joints of the	Online	3	Wesley	Apr 2	SA 900-1200p	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method for Muscles of Spinal	Online	3	Wesley	Apr 23	SA 900-1200p	\$75	NONE, Kinesiology recommended, OR LMT
	Franklin Method: Scapular Motion	Online	3	Wesley	Jun 5	SU 900-1200p	\$75	NONE, Kinesiology recommended, OR LMT
	Hydrotherapy - Lecture B	Online	3	Sinclair	May 6	FR 600-900p	\$326	MUST take w/ Hydro LAB B Mass - Fund., AP 1
	Rehabilitation After Injury	Online	3	Sinclair	May 20	FR 900-1200p	\$85	Massage Upper/Lower, Kinesiology Upper/Lower or LMT
	Kinesiology - Lower Body Lecture	Online	10	Lee	Apr 4-Jun 13	MO 500-600p	\$615	MUST take with lab for this class. AP I, Massage Fund
	Kinesiology - Upper Body Lecture	Online	10	Moore	Apr 4-Jun 13	MO 1200-100p	\$615	AP 1, Massage - Fundamentals
	Massage Theory	Online	14	Dixon	Apr 7-May 5	TH 930-1230p WK 1-5	\$305	Fundamentals (may be concurrent)
	Massage Theory	Online	14	Dixon	May 12-Jun 9	TH 930-1230p WK 6-10	\$305	Fundamentals (may be concurrent)
	Myofascial Foam Rolling	Online	7.5	Dixon	Apr 5-May 3	TU 1000-1130a WKS 1-5	\$225	None
	Pain and Stress	Online	3	Dixon	Apr 29	Fri 100-400p	\$85	None
	Pain and Inflammation	Online	3	Dixon	Apr 15-Apr 15	FR 100 - 400p	\$85	None
	Pathology 1	Online	30	Dixon	Apr 5-Jun 7	TU 100-400p	\$615	AP 1 (recommended: AP 2)
	Pathology 2	Online	30	Lev, LAc	Apr 5-Jun 7	TU 600-900p	\$615	AP1, Path 1(recom:AP 2, AP 3)
	Polyvagal Theory & Bodywork	Online	4	Moore	Apr 23-Apr 24	SA-SU 1000 - 1200p	\$105	AP 3
	Preventing Eye Strain and Upper Body	Online	3	Sinclair	Apr 29	FR 900-1200p	\$105	None
	Qigong Basics	Online	3	Dixon	Apr 22	FR 100-400p	\$85	None
	Qigong Sampler	Online	7.5	Dixon	May 10-Jun 7	TU 1000-1130a WKS 6-10	\$205	None
	Statutes	Online	6	Holden	Apr 12-Apr 19	TU 900-1200p WKS 2 & 3	\$130	Comm/Ethics, Clinic (may be concurrent)
	Tai Chi for Better Balance	Online	3	Dixon	Jun 3	FR 9:30-12:30p	\$90	None



Spring 2022 Class Schedule

<u>Portland</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Clinic		Portland	45	Berg	Apr 5-Jun 7	TU 100-530p	\$900	Mass Assess/App (concurrent)
Communication/Ethics		Portland	30	Moore	Apr 6-Jun 8	WE 500-800p	\$615	Massage Fund (may be concurrent)
Craniosacral Therapy Introduction		Portland	15	Dixon	May 13-May 15	FR 6-9p & SA-SU 10a-5p	\$370	None
Kinesiology Upper Lab		Portland	20	Moore	Apr 6-Jun 8	WE 230-430p	\$0	Must be registered in Kines Upper Lecture Online
Lymphatic Detox Introduction		Portland	9	Dixon	Jun 3-Jun 4	FR 6-900p & SA 10-500p	\$220	Massage Fundamentals
Massage - Assessment & Application		Portland	30	Holden	Apr 6-Jun 8	WE 600-900p	\$615	Mass/Kines- Up & Low, Hydro, Path 1
Massage - Fundamentals		Portland	45	Feldman	Apr 6-Jun 8	WE 9a-12p & SA 4/30 & 5/21	\$1156	Recom: Concurrent with Comm/Ethics
Massage - Lower Body		Portland	30	Davis, Angela	Apr 6-Jun 8	WE 100-400p	\$615	Mass Fund, Comm, Kines Lower (may be concurrent)
Massage - Upper Body A		Portland	30	Davis	Apr 5-Jun 7	TU 100-400p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
Myofascial Massage Introduction		Portland	12	Dixon	Apr 23-Apr 24	SA-SU 1000-500p	\$290	Massage Fundamentals
Palpation Skills		Portland	15	Holden	Apr 8-May 6	FR 500-800p WK 1-5	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd session)
Recordkeeping/Tax Reporting		Portland	12	Moore	May 14-May 15	SA-SU 900-400p	\$305	None
The ReEmbody Method: Module 1		Portland	12.5	Moore	May 28-May 29	SA-SU 900-4:30p	\$345	Kinesiology Lower or LMT
The ReEmbody Method: Module 2		Portland	12.5	Moore	Jun 4-Jun 5	SA-SU 900-4:30p	\$345	MOD 1 ReEmbody Method & Kines Lower or LMT.
Shiatsu I - Short Form (Back)		Portland	30	Ward	Apr 8-Jun 10	FR 130-430p	\$615	AP 1 (concurrent) or LMT
Shiatsu II - Short Form (Front)		Portland	30	Ward	Apr 8-Jun 10	FR 600-900p	\$750	Shiatsu 1
Shiatsu III - Long Form (Back)		Portland	30	Ward	Apr 6-Jun 8	WE 600-900P	\$750	Shiatsu II and Shiatsu SF Clinic
Shiatsu Short Form - Tutorial		Portland	3	Ward	Apr 8-Jun 10	TBD	\$115	Must take with Shiatsu SF Clinic.
Shiatsu Short Form Clinic		Portland	45	Ward	Apr 6-Jun 8	WE 100-530p	\$900	Shiatsu II, Comm/Ethics; Path I (concurrent)

<u>Salem</u>	<u>Classes</u>	<u>Location</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Clinic		Salem	45	Cahen	Apr 5-Jun 7	TH 100-530p	\$900	Mass Assess/App (concurrent)
Communication and Ethics		Salem	30	Glover	Apr 6-Jun 8	WE 100-400p	\$615	Massage Fund (may be concurrent)
Hydrotherapy LAB B		Salem	12	Sinclair	May 7-May 8	SA-SU 900-400p	\$00	Must be taken w/ Hydro LEC B
Kinesiology Lower - Lab		Salem	20	Lee	Apr 6-Jun 8	WE 130-330p	\$0	Must be registered in Kines Lower Lecture Online
Kinesiology Lower - Lab		Salem	20	Lee	Apr 6-Jun 8	WE 400-600p	\$0	Must be registered in Kines Lower Lecture Online
Massage - Fundamentals		Salem	45	Hueller	Apr 6-Jun 8	WE 9a-12p & SA 4/30 & 5/21	\$1156	Recom: Concurrent with Comm/Ethics
Massage - Lower Body		Salem	30	Glover	Apr 6-Jun 8	WE 900-1200p	\$615	Mass Fund, Comm, Kines Lower (may be concurrent)
Massage - Upper Body B		Salem	30	Glover	Apr 7-Jun 9	TH 900-1200p	\$615	Mass Fund., Comm, Kines Upper (may be concurrent)
Palpation Skills		Salem	15	Holden	May 10-Jun 7	TU 200-500p WK 6-10	\$326	Mass/Kines Up & Low (may be taken concurrent w/ 2nd session)

Dates and times are subject to change.

Keep your eyes open for updated versions - new classes may be added!

