

OREGON SCHOOL OF MASSAGE

Fall 2020 Class Schedule

| Version 4 10/22/2020 | Monday 10/5-12/7 | Tuesday 10/6-12/8 | Wednesday 10/7-12/9 | Thursday 10/8-12/10 | Friday 10/9-12/11 | Sat/Sun 10/10-12/12 |
|----------------------------------|---|---|--|---|--|------------------------|
| Morning 9am-12pm | APS Seminar ▲ Morin - Online 9a-12p Statutes▲ Morin - Online (10/12 & 10/19) 9a-12p | Massage - Upper Morin-Portland 9a-12p | Massage - Lower Morin - Portland 9a-12p | Massage Theory Dixon - Online 11/5-12/10 (9:30am-12:30pm) Massage Fundamentals♦ Lloyd - Portland 9a-12:30p | <div style="border: 1px solid black; padding: 5px; background-color: #f0f0f0;"> HOLIDAY CLOSURE The school will be closed 6pm Nov 25 through Sun Nov 29th for the Thanksgiving Holiday. Make-up days are Dec 16&17 </div> | |
| Afternoon 1:30-4:30pm | | Clinic ▲ Berg - Portland (1-5:30pm) | Massage - Upper Morin-Portland 1:30-4:30p Kines - Lower Lab A Lee - Salem 1:30-3pm Kines - Lower Lab B Lee - Salem 3:30-5pm | Anat & Phys III Brewer - Online 1:30-4:30p | <div style="border: 1px solid black; padding: 5px; background-color: black; color: white;"> REGISTRATION FINAL QUARTER: & CONTINUING: September 9th, 2020 Tuition is due at time of registration. </div> | |
| Evening 6-9pm | Kines - Lower Lee - Online 6:30-8pm | Pathology II Lev - Online 6-9p Pathology I Nolan - Online 6-9p | Massage - Lower Lloyd - Portland 5:30-8:30pm Business Intro Lee - Online (11/11-12/16) Massage - A&A Scott - Salem | Massage - A&A Scott - Portland 6-9p Anat & Phys I Brewer - Online 6-9p Kines - Upper Hallett - Online (6-7:30pm) | Kines - Upper Lab A Hallett - Portland 4-5:30pm Kines - Upper Lab A Hallett - Portland 6-7:30pm | |

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.
♦ **Massage Fundamentals requires** the Saturday class in Portland(11/14 - 9am-4:30pm) **and** the a weekend TBD.

| Core Classes | Location | Hrs | Instructor | Dates | Times | Cost | Prerequisites |
|--|----------|-----|------------|---------------|-------------------------|--------|--|
| Advanced Practice Skills Seminar | Online | 6 | Morin | Oct 5-Nov 30 | Mon 9:00am - 12:00 | \$125 | Clinic or SF Clinic, Final Quarter Declaration |
| Anatomy & Physiology I | Online | 30 | Brewer | Oct 8-Dec 10 | Thu 6:00 - 9:00pm | \$575 | None |
| Anatomy & Physiology III | Online | 30 | Brewer | Oct 8-Dec 10 | Thu 1:30 - 4:30pm | \$575 | AP I |
| Business of Massage - Introduction | Online | 15 | Lee | Nov 11-Dec 16 | Wed 6:00 - 9:00pm | \$305 | Mass Up & Low (Shiatsu SF Clinic, Clinic, Massage A&A may be Concurrent) |
| Clinic | Portland | 45 | Berg | Oct 6-Dec 8 | Tue 1:00 - 5:30 pm | \$840 | Mass Assess/App (concurrent) |
| Kinesiology Lower - Lab A | Salem | 15 | Lee | Oct 7-Dec 9 | Wed 1:30 - 3:00pm | \$0 | Must be registered in Kinesiology Lecture |
| Kinesiology Lower - Lab B | Salem | 15 | Lee | Oct 7-Dec 9 | Wed 3:30 - 5:00pm | \$0 | Must be registered in Kinesiology Lecture |
| Kinesiology - Lower Body | Online | 15 | Lee | Oct 5-Dec 7 | Mon 6:30 - 8:00pm | \$575 | AP I, Massage - Fundamentals |
| Kinesiology Upper Lab A | Portland | 15 | Lloyd | Oct 9-Dec 11 | Fri 4:00 - 5:30pm | \$0 | Must take concurrent with lecture for UB Kinesiology |
| Kinesiology Upper Lab B | Portland | 15 | Lloyd | Oct 9-Dec 18 | Fri 6:00 - 7:30pm | \$0 | Must take concurrent with lecture for UB Kinesiology |
| Kinesiology - Upper Body | Online | 15 | Hallett | Oct 8-Dec 10 | Thurs 6:30 - 8:00pm | \$575 | AP I, Massage - Fundamentals |
| Massage - Assessment & Application | Salem | 30 | Scott | Oct 7-Dec 9 | Wed 6:00 - 9:00pm | \$575 | Mass/Kines- Up & Low, Hydro, Path I |
| Massage - Assessment & Application | Portland | 30 | Scott | Oct 8-Dec 10 | Thu 6:00 - 9:00pm | \$575 | Mass/Kines- Up & Low, Hydro, Path I |
| Massage - Fundamentals | Portland | 45 | Lloyd | Oct 8-Dec 17 | Thu 9:00am - 12:30pm | \$1080 | Recommended Concurrent with Communication/Ethics |
| Massage - Lower Body | Portland | 30 | Morin | Oct 7-Dec 9 | Wed 9:00am -12:00 | \$575 | Mass - Fund., Comm, Kines Lower (concurrent) |
| Massage - Lower Body | Portland | 30 | Lloyd | Oct 7-Dec 9 | Wed 530p - 830p | \$575 | Mass - Fund., Comm, Kines Lower (concurrent) |
| Massage - Upper Body | Portland | 30 | Morin | Oct 7-Dec 9 | Wed 1:30 - 4:30pm | \$575 | Mass Fund., Comm, Kines Upper (concurrent) |
| Massage - Upper Body | Portland | 30 | Morin | Oct 6-Dec 8 | Tue 9am - 12pm | \$575 | Mass Fund., Comm, Kines Upper (concurrent) |
| Massage Theory | Online | 14 | Dixon | Nov 5-Dec 10 | Thu 9:30 - 12:30 pm | \$285 | Fundamentals (OK, concurrent/ temp waiver (FA 20) |
| Pathology I | Online | 30 | Nolan | Oct 6-Dec 8 | Tue 6:00-9:00pm | \$575 | AP I (recommended: A&P II) |
| Pathology II | Online | 30 | Lev, LAc | Oct 6-Dec 8 | Tue 6:00 - 9:00pm | \$575 | A&P1 , Path I (recommended: AP II, AP III) |
| Statutes | Online | 6 | Morin | Oct 12-Oct 19 | Mon 9:00 -12:00pm | \$120 | Communications/Ethics, Clinic (may be concurrent) |
| Elective Classes | Location | Hrs | Instructor | Dates | Times | Cost | Prerequisites |
| Aromatherapy Foundations - Part II | Online | 7.5 | Sidlo | Oct 10 | Sat 9am-5:30pm | \$270 | Aromatherapy Part I |
| Building Your Ethical Body | Online | 4 | Dixon | Nov 20 | Friday 2-6pm | \$90 | Comm/Ethics or LMT |
| Hydrotherapy after COVID-19 | Online | 3 | Sinclair | Dec 1-Dec 4 | Tue 5pm - 630pm and Fri | \$60 | Mass Fund, AP1 |
| Massage for People Living with Cancer - | Portland | 6 | MacDonald | Oct 20-Dec 8 | Tue 1pm - 4pm | \$0 | Massage - Fundamentals / Must take concurrently with Massage |
| Massage for People Living with Cancer - Live | Portland | 24 | MacDonald | Oct 20-Dec 8 | Tue 1pm - 4pm | \$550 | Massage - Fundamentals |
| Preventing Eye Strain and Upper Body Tension | Online | 2 | Sinclair | Nov 23 | Mon 1:00 pm - 3:00pm | \$50 | None |
| Qigong | Online | 3 | Dixon | Oct 4 | Sun 1-4pm | \$75 | None |
| Recordkeeping/Tax Reporting | Portland | 12 | Bowman | Dec 5-Dec 6 | Sat-Sun 9am-4pm | \$300 | None |

