

# Spring 2020 Class Schedule Portland

Version 3 2/10/2020	Monday 3/30-6/8	Tuesday 3/31-6/2	Wednesday 4/1-6/3	Thursday 4/2-6/4	Friday 4/3-6/5	Sat/Sun 4/4-6/7
<b>Morning</b> 9am-12pm	<b>APS Seminar ▲</b> Melanie Morin (3/30, 4/27 & 6/1)  <b>Statutes▲</b> Melanie Morin (4/6 & 4/13)		<b>Hydrotherapy</b> Cheryl Higgins (4/1-4/29)  <b>Kines - Upper</b> Monica Fong  <b>Pathology II</b> Charles Lev	<b>Palpation Skills</b> Marian Dixon (4/2-4/30) 9:30am-12:30pm)  <b>Massage Theory</b> Marian Dixon (5/7-6/4) 9:30am-12:30pm)  <b>Pathology I</b> Charles Lev	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <b>HOLIDAY CLOSURE</b>             The school will be closed Monday, May 25th for Memorial Day.             Make-up day is June 8th.         </div> <div style="border: 1px solid black; padding: 5px;"> <b>REGISTRATION</b>   <b>FINAL QUARTER:</b> February 18th, 2020   <b>CONTINUING:</b> February 25th, 2020   <b>Tuition is due at time of registration.</b> </div>	
<b>Afternoon</b> 1:30-4:30pm	<b>Shiatsu I</b> Wendy Ward	<b>Clinic ▲</b> Melanie Morin (1-5:30pm)  <b>Anat &amp; Phys III</b> Kirstin Haney	<b>Massage - Upper</b> Melanie Morin	<b>Massage Fundamentals</b> ◆ Lisa Barck Garofalo  <b>Anat &amp; Phys II</b> Kirstin Haney  <b>Shiatsu SF Clinic▲</b> Wendy Ward (1-5:30pm)		
<b>Evening</b> 6:30-9:30pm	<b>Shiatsu II</b> Wendy Ward	<b>Massage - A&amp;A</b> Marian Dixon  <b>Anat &amp; Phys I</b> Kirsten Haney  <b>Kines - Lower</b> Monica Fong	<b>Massage - Lower</b> Melanie Morin	<b>Communication/Ethics</b> Kirsten Haney  <b>Business Intro</b> William Hallett (5/7-6/4))		

▲ Attendance is required at ALL sessions of this class. **Clinic:** We recommend students arrive 15 mins early to set up tables.  
 ◆ **Massage Fundamentals requires** the Saturday class in Portland(4/25 - 9am-4:30pm) **and** the weekend at Breitenbush Hot Springs(5/8-5/10 Fri pm- Sun aft).  
**Advanced Practice Skills Seminar meets:** 3/30 (9:00am-12:00pm), 4/27 (9:00am-11:00am), and 6/1 (9:00am-10:00am). Attendance is **required** at all classes.

Core Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	6	Morin	Mar 30-Jun 8	Mon 9am-12pm	\$125	Clinic or SF Clinic, Final Quarter Declaration
Anatomy & Physiology I	30	Haney	Mar 31-Jun 2	Tue 6:30-9:30pm	\$575	None
Anatomy & Physiology II	30	Haney	Apr 2-Jun 4	Thur 1:30-4:30pm	\$575	AP I
Anatomy & Physiology III	30	Haney	Mar 31-Jun 2	Tue 1:30-4:30pm	\$575	AP I
Business of Massage - Introduction	15	Hallett	May 7-Jun 4	Thur 6:30-9:30pm	\$305	Mass Up & Low (Shiatsu SF Clinic, Clinic,
Clinic	45	Morin	Mar 31-Jun 2	Tue 1-5:30pm	\$840	Mass Assess/App (concurrent),
Communication/Ethics	30	Haney	Apr 2-Jun 4	Thu 6:30-9:30pm	\$575	Massage Fundamentals (may be concurrent)
Hydrotherapy	15	Higgins	Apr 1-Apr 29	Wed 9:00am-12:00pm	\$305	Mass - Fund., AP I (recommended: APII)
Kinesiology - Lower Body	30	Fong	Mar 31-Jun 2	Tue 6:30pm-9:30pm	\$575	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Fong	Apr 1-Jun 3	Wed 9:00am-12:00pm	\$575	AP I, Massage - Fundamentals
Massage - Assessment & Application	30	Dixon	Mar 31-Jun 2	Tue 6:30pm-9:30pm	\$575	Mass/Kines- Up & Low, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Apr 2-Jun 4	Thur 1:30-4:30pm	\$1080	Recommended: Concurrent with
Massage - Lower Body	30	Morin	Apr 1-Jun 3	Wed 6:30-9:30pm	\$575	Mass Fund., Comm, Kines Lower
Massage - Upper Body	30	Morin	Apr 1-Jun 3	Wed 1:30-4:30pm	\$575	Mass Fund., Comm, Kines Upper (concurrent)
Massage Theory	14	Dixon	May 7-Jun 4	Thu 9:30am-12:30pm	\$285	Mass Fund. (concurrent)
Palpation Skills	15	Dixon	Apr 2-Apr 30	Thu 9:30am-12:30pm	\$305	Mass/Kines Up & Low (concurrent w/ 2nd
Shiatsu I - Short Form (Back)	30	Ward	Mar 30-Jun 8	Mon 1:30-4:30pm	\$575	AP I (concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Mar 30-Jun 8	Mon 6:30-9:30pm	\$575	Shiatsu I
Shiatsu Short Form - Tutorial	3	Ward	Mar 30-Jun 8	By Appointment	\$105	Short Form Clinic (concurrent)
Shiatsu Short Form Clinic	45	Ward	Apr 2-Jun 4	Thu 1-5:30pm	\$840	Shiatsu II, Comm/Ethics; Path I (concurrent)
Statutes	6	Morin	Apr 6-Apr 13	Mon 9am-12pm	\$120	Communications/Ethics, Clinic (concurrent)

*(concurrent: taken before or during the same quarter)*

*Dates and times are subject to change.*



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See Reverse for More Classes

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**NOTES:**

**On-Site Chair Massage** counts as a business elective. **Massage Basics & CPR** are Community Education courses and do not count towards program elective hours. *Speak with your Student Services Coordinator for help with planning.*

<u>Elective Classes</u>	<u>Hrs</u>	<u>Instructor</u>	<u>Dates</u>	<u>Times</u>	<u>Cost</u>	<u>Prerequisites</u>
Aromatherapy Foundations - Part II	7.5	Sidlo	May 23	Sat 9am-5:30pm	\$270	Aromatherapy Part I
Body Mechanics for Massage Therapists	8	Lawrence	May 17	Sun 9am-6pm	\$210	Massage - Fundamentals
CPR	4	Hueller	Apr 11	Sat 9:30am-1:30pm	\$85	None
Craniosacral Therapy: Level II	12	Dixon	Jun 6-Jun 7	Sat-Sun 10am-5pm	\$280	Craniosacral I
Craniosacral Therapy: Level I	15	Dixon	Apr 17-Apr 19	Fri 6:30-9:30pm; Sat-Sun 10am-5pm	\$370	Craniosacral Intro or instr permission
Dao Yin Stretch	7	Ward	Apr 2-May 28	Thu 5:30-6:15pm	\$140	None
Ethical Boundary Setting	4	Barck Garofalo	Jun 1	Mon 5:30-9:30pm	\$105	Comm/Ethics or LMT
Ethics, Boundaries, and Communication in Mind-Body	4	Hallett	May 2	Sat 10am-2pm	\$95	Massage A&A or LMT
Foot Reflexology Basics	7.5	Butler	Apr 25	Sat 9am-5:30pm	\$185	None
Massage for People Living with Cancer	24	MacDonald	May 1-May 3	Fri 9:30am-6:30pm; Sat-Sun 9:00am-6:00pm	\$550	Massage - Fundamentals
Massage Basics	10	Higgins	Apr 29-May 20	Wed 1:30-4:00pm	\$90	None
Myofascial Massage - Indirect Method	15	Dixon	May 15-May 17	Fri 6:30-9:30pm; Sat-Sun 10am-5pm	\$370	Myofascial Massage Intro or instr permission
Pregnancy: Bodywork for the New Mother	8	Rhyne	May 30	Saturday 9am-6pm	\$185	Massage - Up or Low, A&P I; Preg Mass recomb.
Qigong	3	Dixon	May 3	Sun 1-4pm	\$75	None
The Reembody Method: Movement Medicine	12.5	Moore	May 6-Jun 3	Wed 1:30pm-4:00pm	\$325	None
Reflexology Variations	7.5	Butler	May 23	Sat 9am-5:30pm	\$185	None
Reiki Healing at Breitenbush	18	Coppieters	May 8-May 10	Fri 6pm-Sun 4pm	\$360	None
Reiki Lodging		Coppieters	May 8-May 10		\$275	
Shiatsu IV - Long Form (Front)	30	Ward	Apr 2-Jun 4	Thu 6:30-9:30pm	\$695	SF Clinic or Shiatsu III
Thai Massage - Level I	16	Weitzer	May 8-May 10	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$420	None
Working with TMD Patients	12	Dixon	Apr 4-Apr 5	Sat-Sun 10am-5pm	\$280	Mass-Up Body, willingness to give/receive

**Keep your eyes open for updated versions - new classes may be added!**

*(concurrent: taken before or during the same quarter)*

*Dates and times are subject to change.*

