

What To Bring To First Day Of CORE Classes

Check the list below for materials and/or assignments for first day of classes

CLASS	MATERIALS FOR FIRST CLASS	ASSIGNMENT FOR FIRST CLASS
AP I	Writing materials, textbook	Ch 1 pp-1-14
AP II	Writing materials, textbook	Ch 1 pp 1-53
AP III	Writing materials, textbook	Ch 1 pp 1-53
Business	Writing materials, textbook	None
Clinic	Writing materials, sheets, face cradle cover, symbol, handouts	See Clinic handout packet- (to be mailed separately)
Communication & Ethics	Writing materials. textbooks	None
Hydrotherapy	Writing materials, textbook	<u>Weekend</u> class: Read handout packet before Fri pm class. (to be mailed with confirmation letter)
Kinesiology Lower Body	Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbook	Biel : Ch 1 & Ch 6 p. 274-299, 309-312, 322-336
Kinesiology Upper Body	Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbook	Biel: Ch 1 & Ch 2 p. 54-76, 79-81. 97-99, 107-114
Massage Assessment/ Applications	Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbook	None
Massage Fundamentals	Writing materials. textbooks	None
Massage Lower Body	Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbooks	Tappan: Review Ch 4, 9,10 Biel: Ch 1
Massage Upper Body	Sheets, face cradle cover, oil/lotion, bolster (opt.), writing materials, textbooks	Tappan: Review Ch 4, 9,10 Biel: Ch 1
Pathology I	Writing materials, textbooks	None
Pathology II	Writing materials, textbooks	None
Shiatsu I	Sheets, blanket, bolster or standard size pillows, writing materials, pillow cases	None
Statutes	Writing materials, textbooks	Read Pages 1-4 of Oregon Blue Book (included with confirmation letter)