



Winter 2017 Core Class Schedule Portland

Dates & times subject to change

Version 4a 12/20/2016	Monday 1/9-3/13	Tuesday 1/10-3/14	Wednesday 1/11-3/15	Thursday 1/12-3/16	Friday 1/13-3/17	Saturday 1/14-3/18
Morning 9am - 12pm			Kinesiology - Lower Anne Solseng Hydrotherapy (2/15-3/15) Kitty Lawrence	Massage - A & A (9:30-12:30) Marian Dixon		
Afternoon 1:30 - 4:30		Anat & Phys II Gay Blackwell Shiatsu Short Form Clinic ▲ 1-5:30pm Wendy Ward Dao Yin - 5:30-6:15pm (1/10-3/7) Wendy Ward	Massage - Lower Kitty Lawrence (1/18-3/22) Pathology I Gay Blackwell	Palpation Skills (2/16-3/16) Dixon Shiatsu II Wendy Ward Swedish Clinic ▲ 1-5:30pm Solseng Massage Theory Barck Garofalo (1/12-2/9)		
Evening 6:30 - 9:30	Communication /Ethics Alan Wells	Business Introduction Julie Campbell (2/14-3/14) Massage Fundamentals ◆ Lisa Barck Garofalo Anat & Phys III Gay Blackwell	Massage - Upper Anne Barber-Shams Anat & Phys I Gay Blackwell APS Seminar Anne Solseng (1/11; 2/8; 3/15)	Shiatsu I Wendy Ward Kinesiology - Upper Anne Solseng Pathology II Gay Blackwell		REGISTRATION FINAL QUARTER: Nov 8, 2016 CONTINUING: Nov 15, 2016 Tuition due at time of registration!

◆ **Massage Fundamentals:** Includes one **required** class Saturday in Portland (2/4 - 9am-4:30pm) **and** one weekend at Breitenbush Hot Springs (2/24-26, Fri pm-Sun aft)

Statutes: March 1 and 8; Wed 6:30-9:30pm
▲ Clinic: Attendance is required at **ALL** classes

Class	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	5	Solseng	Jan 11-Mar 15	Wed 6:30-9:30pm	\$90	Clinic or SF Clinic
Anatomy & Physiology I	30	Blackwell	Jan 11-Mar 15	Wed 6:30-9:30pm	\$505	None
Anatomy & Physiology II	30	Blackwell	Jan 10-Mar 14	Tue 1:30-4:30pm	\$505	AP I
Anatomy & Physiology III	30	Blackwell	Jan 10-Mar 14	Tue 6:30-9:30pm	\$505	AP I
Business of Massage - Introduction	15	Campbell	Feb 14-Mar 14	Tue 6:30-9:30pm	\$270	Mass Up AND Low (Western Focus); Sh SF Clinic (Eastern Focus)
Swedish Clinic	45	Solseng	Jan 12-Mar 16	Thu 1-5:30pm	\$745	Mass Assess/App (may be concurrent)
Communication/Ethics	30	Wells	Jan 9-Mar 13	Mon 6:30-9:30pm	\$505	Massage - Fundamentals (may be concurrent)
Dao Yin Stretch	7	Ward	Jan 10-Mar 7	Tue 5:30-6:15pm	\$120	None
Hydrotherapy	15	Lawrence	Feb 15-Mar 15	Wed 9:30am-12:30pm	\$270	Massage Fund, AP I (AP II recomm.)
Kinesiology - Lower Body	30	Solseng	Jan 11-Mar 15	Wed 9am-12noon	\$505	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Solseng	Jan 12-Mar 16	Thu 6:30-9:30pm	\$505	AP I, Massage Fundamentals
Massage - Assessment & Application	30	Dixon	Jan 12-Mar 16	Thu 9:30am-12:30pm	\$505	Massage- Upper and Lower, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Jan 10-Mar 14	Tue 6:30-9:30pm	\$950	None
Massage - Lower Body	30	Lawrence	Jan 18-Mar 22	Wed 1:30-4:30pm	\$505	Kines Lower (may be concurrent), Mass-Fund., Comm
Massage - Upper Body	30	Barber-Shams	Jan 11-Mar 15	Wed 6:30-9:30pm	\$505	Kines Upper (may be concurrent), Mass Fund., Comm
Massage Theory	14	Barck Garofalo	Jan 12-Feb 9	Thu 1:30-4:30pm	\$250	Massage Fund. (may be concurrent)
Palpation Skills	15	Dixon	Feb 16-Mar 16	Thu 1:30-4:30pm	\$270	Mass/Kines Up & Low - may be concurrent w/2nd series
Pathology I	30	Blackwell	Jan 11-Mar 15	Wed 1:30-4:30pm	\$505	AP I (recommended: A&P II)
Pathology II	30	Blackwell	Jan 12-Mar 16	Thu 6:30-9:30pm	\$505	Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Jan 12-Mar 16	Thu 6:30-9:30pm	\$505	AP I (may be concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Jan 12-Mar 16	Thu 1:30-4:30pm	\$505	Shiatsu I
Shiatsu Short Form Clinic	45	Ward	Jan 10-Mar 14	Tue 1-5:30pm	\$745	Shiatsu II, Comm/Ethics; Path I-may be concurrent
Shiatsu Short Form Clinic Tutorial	3	Ward	Jan 10-Mar 14	By Appointment	\$90	To be taken concurrently with Shiatsu Clinic
Statutes	6	Solseng	Mar 1 and 8	Wed 6:30-9:30pm	\$110	Communication/Ethics

There will be a 4% Tuition Increase effective Summer 2017.

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• Elective classes are on the back •
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Winter 2017 Elective Class Schedule Portland

Version 4a
12/20/2016

Class	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Alexander Method Introduction	4	Harrison	Jan 28	Sat 9am-1pm	\$90	None
Aromatherapy Foundations - Part I	7.5	Roemmel	Feb 11	Sat 9am-5:30pm	\$240	None
Barefoot Shiatsu	15	Ward	Mar 5, 12, 19	Sun 9:30am-3pm	\$325	None
Body Mechanics for Massage Therapists	8	Lawrence	Mar 11	Sat 9am-6pm	\$175	Massage - Fundamentals
Chiropractic Assistant Certification Class	12	Pleau	Feb 25-Feb 26	Sat-Sun 9am-4pm	\$240	None, AP I recommended
CPR	3	Hueller	Jan 28	Sat 9:30-12:30pm	\$35	None
CPR	3	Hueller	Jan 28	Sat 1:30-4:30pm	\$35	None
Couples Massage	7	Garofalo	Feb 11	Sat 10am-6pm	\$150/couple	None
Craniosacral Therapy Introduction	15	Dixon	Jan 20-22	Fri 6:30-9:30pm; Sat -Sun 9am-4pm	\$325	None
Cupping & Gua Sha - Theory and Techniques	15	King	Jan 21-22	Sat-Sun 9am-5:30pm	\$350	Massage Fund or Shiatsu I
Dao Yin Stretch	7	Ward	Jan 10-Mar 7	Tue 5:30-6:15pm	\$120	None
Ethical Boundary Setting	4	Wells	Jan 7	Sat 9am-1pm	\$90	Comm/Ethics or LMT
Ethical Boundary Setting	4	Wells	Mar 20	Mon 5-9pm	\$90	Comm/Ethics or LMT
Feelings in the Body	4	Welton-Miller	Feb 8	Wed 9am-1pm	\$85	None
Insurance Billing for LMTs	6	Campbell	Mar 18	Sat 9:30am-4pm	\$135	Massage Fund. or equivalent.
Intro to Chinese Medicine (formerly ABCs-Pt A)	30	King	Jan 11-Mar 15	Wed 9:30am-12:30pm	\$640	None
Lymphatic Detox Introduction	9	Dixon	Mar 3-4	Fri 6:30-9:30pm; Sat 10am-5pm	\$180	Massage - Fundamentals
Neuromuscular Therapy Introduction	3	Pleau	Jan 23	Mon 6:30-9:30pm	\$65	AP I, Kines-Upper or Lower or equiv
Neuromuscular Therapy - Cervical Spine	15	Pleau	Feb 4-Feb 5	Sat-Sun 9am-5:30pm	\$325	NMT Intro, AP I, Kines-Upper or equiv.
Massage Basics	no CEs	Alexander-Hensley	Feb 1-22	Wed 6-8:30pm	\$80	None
Massage for People Living with Cancer	24	MacDonald	Mar 3-5	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	\$490	Massage - Fundamentals
Myofascial Massage Introduction	12	Dixon	Feb 18-19	Sat-Sun 10am-5pm	\$250	Massage - Fundamentals
On-Site Chair Massage I	7	Solseng	Mar 18	Sat 9am-5pm	\$150	Massage - Fundamentals
Polarity Therapy	16	Finn	Feb 25-26	Sat-Sun 9am-6pm	\$335	None
Power of Conscious Engagement	4	Welton-Miller	Feb 7	Tue 9am-1pm	\$85	None
Qigong	3	Dixon	Jan 29	Sun 1-4pm	\$65	None
Recordkeeping/Tax Reporting	12	Bowman	Jan 21-22	Sat-Sun 9am-4pm	\$260	None
Reflexology for Women's Health	7	Goetz	Feb 26	Sun 9am-5pm	\$150	None
Reiki Healing - 1st Degree	18	Coppieters	Feb 17-19	Fri 6-8pm; Sat-Sun 9am-6pm	\$305	None
Shiatsu I - Short Form (Back)	30	Ward	Jan 12-Mar 16	Thu 6:30-9:30pm	\$505	AP I (may be concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Jan 12-Mar 16	Thu 1:30-4:30pm	\$505	Shiatsu I
Shiatsu Short Form Clinic	45	Ward	Jan 10-Mar 14	Tue 1-5:30pm	\$745	Shiatsu II, Comm/Ethics; Path I-may be concurrent
Shiatsu III - Long Form (Back)	30	Ward	Jan 9-Mar 13	Mon 6:30-9:30pm	\$615	Shiatsu II and SF Clinic
Thai Massage - Level I	16	Weitzer	Feb 10-12	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$375	None

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 : Keep your eyes open for updated versions! :
 : New classes will be added. :

There will be a 4% Tuition Increase effective Summer 2017.

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Tuition is due at time of registration. This includes first payment of Tuition Agreements.