

Summer 2017 Class Schedule Portland

Version 4 6/15/17	Monday 6/26-8/28	Tuesday 6/27-9/5	Wednesday 6/28-8/30	Thursday 6/29-8/31	Friday 6/30-9/1	Sat/Sun 7/1-9/2
Morning 9am-12pm			Hydrotherapy Kitty Lawrence (Jun 28-Jul 26) (9:30a-12:30p) Kines - Lower Anne Conary	Massage - A&A Marian Dixon (9:30a-12:30p)		
Afternoon 1:30-4:30pm		Anat & Phys II Gay Blackwell Massage Theory Lisa Barck Garofalo (Aug 1-29) Shiatsu SF Clinic▲ Wendy Ward (1-5:30pm) Dao Yin Stretch Wendy Ward (5:30-6:15pm)	Massage - Lower Kitty Lawrence Pathology I Gay Blackwell	Shiatsu II Wendy Ward APS Seminar ▲ Anne Conary (6/29, 7/27, 8/31) Statutes Anne Conary (7/13 & 7/20)		
Evening 6:30-9:30pm	Comm/Ethics Alan Wells	Anat & Phys III Gay Blackwell Business Intro Julie Campbell (Aug 1-29) Palpation Skills Marian Dixon (Aug 1-29)	Massage Fundamentals♦ Lisa Barck Garofalo Massage - Upper Shannon Hallberg Pathology II Gay Blackwell	Anat & Phys I Gay Blackwell Kines - Upper Anne Conary Shiatsu I Wendy Ward Clinic ▲ Alan Wells (5-9:30pm)		

HOLIDAY CLOSURES

We will be closed Tuesday, July 4 in observance of Independence Day. Make-up day is on Tuesday, September 5.

REGISTRATION

**FINAL QUARTER:
MAY 16, 2017**

**CONTINUING:
MAY 23, 2017**

Tuition is due at time of registration.

♦ **Massage Fundamentals:** Includes one **required** class Saturday in Portland (7/22 - 9am-4:30pm) **and** one weekend at Breitenbush Hot Springs (8/4-8/6, Fri pm-Sun aft) ▲ Attendance is **required** at ALL classes

NOTES:
Shiatsu II and **Dao Yin** can be taken as electives in the Western focus **Massage A&A** can be taken as an elective in the Eastern focus

Core Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	6	Conary	Jun 29-Aug 31	Thu 1:30-4:30pm	\$115	Clinic or SF Clinic
Anatomy & Physiology I	30	Blackwell	Jun 29-Aug 31	Thu 6:30-9:30pm	\$530	None
Anatomy & Physiology II	30	Blackwell	Jun 27-Sep 5	Tue 1:30-4:30pm	\$530	AP I
Anatomy & Physiology III	30	Blackwell	Jun 27-Sep 5	Tue 6:30-9:30pm	\$530	AP I
Business of Massage - Introduction	15	Campbell	Aug 1-Aug 29	Tue 6:30-9:30pm	\$280	Mass Up & Low (Western); Shiatsu Clinic (Eastern)
Clinic	45	Wells	Jun 29-Aug 31	Thu 5-9:30pm	\$775	Mass Assess/App (concurrent)
Communication/Ethics	30	Wells	Jun 26-Aug 28	Mon 6:30-9:30pm	\$530	Massage - Fundamentals (may be concurrent)
Dao Yin Stretch	7	Ward	Jun 27-Aug 29	Tue 5:30-6:15pm	\$125	None
Hydrotherapy	15	Lawrence	Jun 28-Jul 26	Wed 9:30am-12:30pm	\$280	Mass - Fundamentals, AP I (AP II recomm.)
Kinesiology - Lower Body	30	Conary	Jun 28-Aug 30	Wed 9am-12noon	\$530	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Conary	Jun 29-Aug 31	Thu 6:30-9:30pm	\$530	AP I, Massage Fundamentals
Massage - Assessment & Application	30	Dixon	Jun 29-Aug 31	Thu 9:30am-12:30pm	\$530	Massage- Upper and Lower, Hydro, Path I
Massage - Fundamentals	45	Barck Garofalo	Jun 28-Aug 30	Wed 6:30-9:30pm	\$995	None
Massage - Lower Body	30	Lawrence	Jun 28-Aug 30	Wed 1:30-4:30pm	\$530	Mass Fund., Comm, Kines Lower (concurrent)
Massage - Upper Body	30	Hallberg	Jun 28-Aug 30	Wed 6:30-9:30pm	\$530	Mass Fund., Comm, Kines Upper (concurrent)
Massage Theory	14	Barck Garofalo	Aug 1-Aug 29	Tue 1:30-4:30pm	\$260	Mass Fund - may be concurrent
Palpation Skills	15	Dixon	Aug 1-Aug 29	Tue 6:30-9:30pm	\$280	Mass/Kines Up & Low - concurrent w/ 2nd
Pathology I	30	Blackwell	Jun 28-Aug 30	Wed 1:30-4:30pm	\$530	AP I (recommended: A&P II)
Pathology II	30	Blackwell	Jun 28-Aug 30	Wed 6:30-9:30pm	\$530	Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Jun 29-Aug 31	Thu 6:30-9:30pm	\$530	AP I (may be concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Jun 29-Aug 31	Thu 1:30-4:30pm	\$530	Shiatsu I
Shiatsu Short Form - Tutorial	3	Ward	Jun 27-Sep 5	By Appointment	\$95	Concurrent with Short Form Clinic
Shiatsu Short Form Clinic	45	Ward	Jun 27-Sep 5	Tue 1-5:30pm	\$775	Shiatsu II, Comm/Ethics; Path I (concurrent)
Statutes	6	Conary	Jul 13-Jul 20	Thu 1:30-4:30pm	\$110	Communications/Ethics

(concurrent: taken before or during the same quarter)

Dates and times are subject to change.



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See Reverse for More Classes

Summer 2017 Class Schedule Portland

NOTES:

Thai II meets over 2 weekends - Sep 9-10 and Sep 23-24 at David's Yoga Yurt in Beaverton. **Insurance Billing & On-Site Chair I** count as business electives. **Massage Basics & CPR** are Community Education courses and do not count towards program elective hours.

Elective Classes	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Active Isolated Stretching-Lower Body	16	Morton	Jul 1-Jul 2	Sat-Sun 9am-6pm	\$370	Massage-Lower or LMT
Alexander Method Introduction	4	Harrison	Sep 9	Sat 9am-1pm	\$95	None
Body Mechanics for Massage	8	Lawrence	Jul 29	Sat 9am-6pm	\$195	Massage - Fundamentals
Body Mechanics for Massage	8	Lawrence	Sep 9	Sat 9am-6pm	\$195	Massage - Fundamentals
Chiropractic Assistant Certification	12	Pleau	Aug 12-Aug 13	Sat-Sun 9am-4pm	\$250	None, AP I recommended
CPR	3	Hueller	Jul 8	Sat 1:30-4:30pm	\$35	None
CPR	3	Hueller	Jul 8	Sat 9:30am-12:30pm	\$35	None
Ethical Boundary Setting	4	Wells	Sep 11	Mon 5:30-9:30pm	\$95	Comm/Ethics or LMT
Foot Reflexology Basics	7.5	Butler	Sep 10	Sun 9am-5:30pm	\$170	None
Heart Centered Ethics	7	Ireland	Sep 9	Sat 9am-5pm	\$160	Communication/Ethics or LMT
Hot Stone Massage	15	Earl	Jun 24-Jun 25	Sat 9am-6pm; Sun 9am-5pm	\$360	Massage Fundamentals or LMT
Insurance Billing for LMTs	6	Campbell	Jul 29	Sat 9:30am-4pm	\$140	Massage Fundamentals or equivalent.
Lymphatic Detox Introduction	9	Dixon	Aug 18-Aug 19	Fri 6:30-9:30pm; Sat 10am-5pm	\$190	Massage - Fundamentals
Massage for People Living with Cancer	24	MacDonald	Sep 15-Sep 17	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	\$490	Massage - Fundamentals
Massage Basics	10	Alexander-	Aug 16-Sep 6	Wed 6-8:30pm	\$85	None
Mind Body Connection	4	Ireland	Sep 10	Sun 9am-1pm	\$90	None
Myofascial Massage - Indirect Method	15	Dixon	Jul 14-Jul 16	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$340	Massage - Fundamentals
Myofascial Trigger Point Therapy	15	Libby	Aug 5-Aug 6	Sat-Sun 9am-5:30pm	\$340	Kinesiology - Upper or Lower Body
Neuromuscular Therapy Introduction	3	Pleau	Sep 12	Tue 6:30-9:30pm	\$70	AP I, Kines-Upper or Lower or equivalent
Neuromuscular Therapy - The Spine	15	Pleau	Sep 16-Sep 17	Sat-Sun 9am-5:30pm	\$340	NMT Intro, AP I, Kines-Upper or equivalent
On-Site Chair Massage I	7	Conary	Aug 12	Sat 9am-5pm	\$165	Massage - Fundamentals
On-Site Chair Massage II	9	Conary	Jul 7-Jul 8	Fri 4-6pm; Sat 9am-6pm	\$180	On-Site I
Polarity Therapy - II	16	Finn	Jul 29-Jul 30	Sat-Sun 9am-6pm	\$350	Polarity - I or instructor approval
Reiki Healing at Breitenbush	18	Coppieters	Aug 4-Aug 6	Fri 6pm-Sun 4pm	\$540	None
Shiatsu III - Long Form (Back)	30	Ward	Jun 27-Sep 5	Tue 6:30-9:30pm	\$635	Shiatsu II and Shiatsu SF Clinic
Shiatsu Introduction	4	King	Sep 10	Sun 2-6pm	\$95	None
Shiatsu Long Form Tutorial	4	Ward	Jun 27-Sep 5	TBD	\$120	Shiatsu LF Clinic - may be concurrent
Shiatsu Long Form Clinic	40	Ward	Jun 27-Sep 5	Tue 1-5pm	\$700	Shiatsu III and IV
Tax Highlights for LMTs	4	Bowman	Sep 9	Sat 2-6pm	\$90	None
Thai Massage - Level I	16	Weitzer	Aug 25-Aug 27	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	\$390	None
Thai Massage - Level II	30	Weitzer	Sep 9-Sep 24	Sat-Sun 9am-5:30pm	\$615	Thai I
Building Your Ethical Body	4	Dixon	Aug 6	Sun 1-5pm	\$90	Comm/Ethics or LMT
Building Your Ethical Body	4	Dixon	Sep 10	Sun 2-6pm	\$90	Comm/Ethics or LMT
Zero Balancing® Introduction for	7	Zenger	Sep 10	Sun 9am-5pm	\$150	Massage Fundamentals or health care
Zero Balancing® Level 1	25	Zenger	Sep 21-Sep 24	Thu-Sat 9am-5:30pm; Sun 9am-1pm	\$595	Massage Fund. or health care practitioner

Classes in **bold type** have been added since the last version of this schedule was printed.

Classes held **September 8-10** are part of the **Massage & Wellness Weekend** event. They can be taken individually or as a package. Contact Nicole Spears at 503-244-3420 for package information.

Keep your eyes open for updated versions - new classes may be added!

(concurrent: taken before or during the same quarter)

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