



# Spring 2017 Core Class Schedule Portland

Dates & times subject to change

Version 4 3/7/2017	Monday 4/3-6/12	Tuesday 4/4-6/6	Wednesday 4/5-6/7	Thursday 4/6-6/8	Friday 4/7-6/9	Saturday 4/8-6/17
<b>Morning 9am - 12pm</b>			<b>Kinesiology - Upper</b> Anne Conary			
<b>Afternoon 1:30 - 4:30</b>		<b>Anat &amp; Phys III</b> Gay Blackwell <b>Shiatsu Short Form Clinic ▲</b> 1-5:30pm Wendy Ward	<b>Massage - Upper</b> Kitty Lawrence <b>Pathology II</b> Gay Blackwell	<b>Palpation Skills</b> (5/11-6/8) Dixon <b>Shiatsu I</b> Wendy Ward <b>Swedish Clinic ▲</b> 1-5:30pm Anne Conary <b>Dao Yin - 5:30-6:15pm</b> (4/6-6/1) Wendy Ward	<b>HOLIDAY CLOSURES</b> Please remember the school will be closed beginning 6pm May 26 - May 29 for the Memorial Day Holiday.	
<b>Evening 6:30 - 9:30</b>	<b>Communication /Ethics</b> Alan Wells	<b>Massage Fundamentals ◆</b> Calli Alexander-Hensley <b>Anat &amp; Phys II</b> Gay Blackwell <b>Business Introduction</b> Julie Campbell (4/4-5/2) <b>Massage Theory</b> Lisa Barck Garofalo (5/9-6/6)	<b>Massage - Lower</b> Kitty Lawrence <b>Anat &amp; Phys I</b> Gay Blackwell <b>APS Seminar</b> Anne Conary (4/5, 5/3, 6/7 )	<b>Massage - A &amp; A</b> Marian Dixon <b>Shiatsu II</b> Wendy Ward <b>Kinesiology - Lower</b> Anne Conary <b>Pathology I</b> Gay Blackwell	<b>REGISTRATION</b>  <b>FINAL QUARTER:</b> Feb 21, 2017  <b>CONTINUING:</b> Feb 28, 2017  <u>Tuition due at time of registration!</u>	

◆ **Massage Fundamentals:** Includes one **required** class Saturday in Portland 4/29 - 9am-4:30pm) **and** one weekend at Breitenbush Hot Springs (5/12-14, Fri pm-Sun aft) **Hydrotherapy Weekend** Apr 7-9 - Fri 6:30-9:30pm; Sat -Sun 9am-4pm  
**Statutes:** May 24 and 31; Wed 6:30-9:30pm  
**▲ Clinic:** Attendance is required at **ALL** classes

Class	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	5	Conary	Apr 5-Jun 7	Wed 6:30-9:30pm	\$90	Clinic or SF Clinic
Anatomy & Physiology I	30	Blackwell	Apr 5-Jun 7	Wed 6:30-9:30pm	\$505	None
Anatomy & Physiology II	30	Blackwell	Apr 4-Jun 6	Tue 6:30-9:30pm	\$505	AP I
Anatomy & Physiology III	30	Blackwell	Apr 4-Jun 6	Tue 1:30-4:30pm	\$505	AP I
Business of Massage - Introduction	15	Campbell	Apr 4-May 2	Tue 6:30-9:30pm	\$270	Mass Up AND Low (Western Focus); Sh SF Clinic (Eastern Focus)
Swedish Clinic	45	Conary	Apr 6-Jun 8	Thu 1-5:30pm	\$745	Mass Assess/App (may be concurrent)
Communication/Ethics	30	Wells	Apr 3-Jun 12	Mon 6:30-9:30pm	\$505	Massage - Fundamentals (may be concurrent)
Dao Yin Stretch	7	Ward	Apr 6-Jun 1	Thu 5:30-6:15pm	\$120	None
Hydrotherapy	15	Lawrence	Apr 7-9	Fri 6:30-9:30pm; Sat -Sun 9am-4pm	\$270	Massage Fund, AP I (AP II recomm.)
Kinesiology - Lower Body	30	Conary	Apr 6-Jun 8	Thu 6:30-9:30pm	\$505	AP I, Massage Fundamentals
Kinesiology - Upper Body	30	Conary	Apr 5-Jun 7	Wed 9am-12noon	\$505	AP I, Massage Fundamentals
Massage - Assessment & Application	30	Dixon	Apr 6-Jun 8	Thu 6:30-9:30pm	\$505	Massage- Upper and Lower, Hydro, Path I
Massage - Fundamentals	45	Alexander-Hensley	Apr 4-Jun 6	Tue 6:30-9:30pm	\$950	None
Massage - Lower Body	30	Lawrence	Apr 5-Jun 7	Wed 6:30-9:30pm	\$505	Kines Lower (may be concurrent), Mass-Fund., Comm
Massage - Upper Body	30	Lawrence	Apr 5-Jun 7	Wed 1:30-4:30pm	\$505	Kines Upper (may be concurrent), Mass Fund., Comm
Massage Theory	14	Barck Garofalo	May 9-Jun 6	Tue 6:30-9:30pm	\$250	Massage Fund. (may be concurrent)
Palpation Skills	15	Dixon	May 11-Jun 8	Thu 1:30-4:30pm	\$270	Mass/Kines Up & Low - may be concurrent w/2nd series
Pathology I	30	Blackwell	Apr 6-Jun 8	Thu 6:30-9:30pm	\$505	AP I (recommended: A&P II)
Pathology II	30	Blackwell	Apr 5-Jun 7	Wed 1:30-4:30pm	\$505	Path I (recommended: AP II, AP III)
Shiatsu I - Short Form (Back)	30	Ward	Apr 6-Jun 8	Thu 1:30-4:30pm	\$505	AP I (may be concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Apr 6-Jun 8	Thu 6:30-9:30pm	\$505	Shiatsu I
Shiatsu Short Form Clinic	45	Ward	Apr 4-Jun 6	Tue 1-5:30pm	\$745	Shiatsu II, Comm/Ethics; Path I-may be concurrent
Shiatsu Short Form Clinic Tutorial	3	Ward	Apr 4-Jun 6	By Appointment	\$90	To be taken concurrently with Shiatsu Clinic
Statutes	6	Conary	May 24 & 31	Wed 6:30-9:30pm	\$110	Communication/Ethics

There will be a 4% Tuition Increase effective Summer 2017.

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• Elective classes are on the back •  
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# Spring 2017 Elective Class Schedule Portland

Version 4  
3/7/2017

Class	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Active Isolated Stretching Upper Body	16	Morton	Apr 22-23	Sat-Sun 9am-6pm	\$355	Massage-Upper or LMT
CPR	3	Hueller	May 20	Sat 9:30-12:30pm	\$35	None
CPR	3	Hueller	May 20	Sat 1:30-4:30pm	\$35	None
Craniosacral Therapy Introduction	15	Dixon	Jun 16-18	Fri 6:30-9:30pm; Sat -Sun 9am-4pm	\$325	None
Craniosacral Therapy: Level I	15	Dixon	Apr 28-30	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$325	Craniosacral Intro or equivalent
Cupping & Gua Sha - Theory & Techniques	15	King	Jun 3-Jun 4	Sat-Sun 9am-5:30pm	\$350	Massage Fund. or Shiatsu I
Dao Yin Stretch	7	Ward	Apr 6-Jun 1	Thu 5:30-6:15pm	\$120	None
Deep Massage - the Lauterstein Method	20	Lauterstein	Jun 16-18	Fri-Sat 9am-5pm; Sun 9am-4pm	\$400	Massage Up & Low or equivalent
Deep Massage - Level II	20	Lauterstein	Jun 16-Jun 18	Fri-Sat 9am-5pm; Sun 9am-4pm	\$400	Deep Massage-the Lauterstein Method
Ethical Boundary Setting	4	Wells	Jun 19	Mon 5-9pm	\$90	Comm/Ethics or LMT
Feelings in the Body	4	Welton-Miller	May 10	Wed 9am-1pm	\$85	None
Foot Reflexology Basics	7.5	Butler	May 6	Sat 9am-5:30pm	\$165	None
Insurance Billing for LMTs	6	Campbell	Jun 10	Sat 9:30am-4pm	\$135	Massage Fund. or equivalent.
Massage Basics	no CEs	Alexander-Hensley	May 10-31	Wed 6-8:30pm	\$80	None
Mind Body Connection	4	Ireland	Apr 7	Fri 5:30-9:30pm	\$90	None
Neuromuscular Therapy Introduction	3	Pleau	May 2	Tue 6:30-9:30pm	\$65	AP I, Kines-Up or Low or equivalent
Neuromuscular Therapy - Hip, Thigh & Knee	15	Pleau	May 6-7	Sat-Sun 9am-5:30pm	\$325	NMT Intro, Massage & Kines-Lower or equivalents
On-Site Chair Massage II	9	Conary	May 12-13	Fri 7-9pm; Sat 9am-6pm	\$180	On-Site I
Polarity Therapy I	16	Finn	May 20-21	Sat-Sun 9am-6pm	\$335	None
Power of Conscious Engagement	4	Welton-Miller	May 11	Thu 9am-1pm	\$85	None
Pregnancy: Prenatal Bodywork Certification	32	Stager	Jun 2-5	Fri-Mon 9am-6pm	\$695	Mass - Up & Low or equivalent
Pregnancy: Massage & Acupressure for Birth	4.5	Stager	Jun 1	Thu 1-5:30pm	\$125	None.
Pregnancy: Massage Fundamentals	8	Stager	Jun 2	Fri 9am-6pm	\$185	Massage Fundamentals
Pregnancy: New Mother	8	Rhyne	Jun 10	Sat 9am-6pm	\$185	Mass Up or Low, AP I
Reflexology Variations	7.5	Butler	Jun 3	Sat 9am-5:30pm	\$165	None
Reiki Healing at Breitenbush	18	Coppieters	May 12-14	Fri 6pm-Sun 4pm	\$495	None
Seasons & Elements for Business Growth	15	King	Apr 19-26 & May 17-31	Wed 9am-12pm	\$270	Business Intro
Shiatsu I - Short Form (Back)	30	Ward	Apr 6-Jun 8	Thu 1:30-4:30pm	\$505	AP I (may be concurrent) or LMT
Shiatsu II - Short Form (Front)	30	Ward	Apr 6-Jun 8	Thu 6:30-9:30pm	\$505	Shiatsu I
Shiatsu Short Form Clinic	45	Ward	Apr 4-Jun 6	Tue 1-5:30pm	\$745	Shiatsu II, Comm/Ethics; Path I-may be concurrent
Shiatsu IV - Long Form (Front)	30	Ward	Apr 3-Jun 12	Mon 6:30-9:30pm	\$615	Shiatsu II and SF Clinic
Soft Tissue Intensive for CCAs & LMTs	4	Pleau	May 21	Sun 1-5pm	\$100	CCA or Mass-Fund. Kines Upper rec.
Tapping into the Body Wisdom	6	Ireland	Apr 22	Sat 9am-4pm	\$130	Massage Fund or equivalent
Working with TMD Patients	12	Dixon	May 20-21	Sat-Sun 10am-5pm	\$260	Mass - Upper Body, willingness to give and receive intraoral massage
Your Ethical Body	4	Dixon	May 7	Sun 1-5pm	\$85	Comm/Ethics or LMT

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 : Keep your eyes open for updated versions! :  
 : New classes will be added. :  
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There will be a 4% Tuition Increase effective Summer 2017.

Dates and times subject to change

Tuition is due at time of registration. This includes first payment of Tuition Agreements.