



# Fall 2016 Core Class Schedule Portland

Dates & times subject to change

Version 5a 8/19/16	Monday 9/26-11/28	Tuesday 9/27-11/29	Wednesday 9/28-12/7	Thursday 9/29-12/8	Friday 9/30-12/9	Saturday 10/1-12/10
<b>Morning 9am - 12pm</b>			<b>Kinesiology - Upper</b> Anne Solseng			<b>Clinic ▲</b> 8:30 - 1pm Jonathan Berg
<b>Afternoon 1:30 - 4:30</b>		<b>Shiatsu Clinic - Short Form ▲</b> 1-5:30pm Wendy Ward <b>Anat &amp; Phys III</b> Gay Blackwell <b>Dao Yin - 5:30-6:15pm</b> (9/27-11/22) Wendy Ward	<b>Massage - Upper</b> Kitty Lawrence) <b>Massage Fundamentals ◆</b> Lisa Barck Garofalo <b>Pathology II</b> Gay Blackwell	<b>Clinic ▲</b> 1-5:30pm Anne Solseng <b>Shiatsu I</b> Wendy Ward		<b>HOLIDAY CLOSURES</b> Please remember the school will be closed beginning 6pm Nov 23 - Nov 27 for the Thanksgiving Day Holiday.
<b>Evening 6:30 - 9:30</b>	<b>Communication/Ethics</b> Alan Wells <b>Palpation Skills</b> Gary Hulett (10/31-11/28)	<b>Business Introduction</b> Julie Campbell (9/27-10/25) <b>Massage Fundamentals ◆</b> Calli Alexander-Hensley <b>Anat &amp; Phys II</b> Gay Blackwell	<b>Adv Prac Skills</b> Anne Solseng (9/28, 10/26, 11/30) <b>Massage - Lower</b> Anne Barber-Shams <b>Anat &amp; Phys I</b> Gay Blackwell <b>Massage Theory</b> Lisa Barck Garofalo (9/28-10/26)	<b>Massage - A &amp; A</b> Marian Dixon <b>Kinesiology - Lower</b> Anne Solseng <b>Pathology I</b> Gay Blackwell <b>Shiatsu II</b> Wendy Ward		<b>REGISTRATION</b> <b>FINAL QUARTER:</b> August 9, 2016 <b>CONTINUING:</b> August 16, 2016 <b>Tuition due at time of registration!</b>

◆ **Massage Fundamentals:** Includes one **required** class Saturday in Portland 10/22 - 9am-4:30pm) **and** one weekend at Breitenbush Hot Springs (11/4-6, Fri pm-Sun aft)

**Hydrotherapy:** Weekend format - Oct 7-9 (Fri 6:30-9:30; Sat-Sun 9am-4pm)  
**▲ Clinic:** Attendance is required at **ALL** classes  
**Statutes:** Nov 1 & 8 Tue 6:30-9:30pm

Class	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Advanced Practice Skills Seminar	5	Solseng	Sep 28-Nov 30	Wed 6:30-9:30 pm	\$90	Clinic or SF Clinic, meet w/Amy Stark
Anatomy & Physiology I	30	Blackwell	Sep 28-Dec 7	Wed 6:30-9:30 pm	\$505	None
Anatomy & Physiology II	30	Blackwell	Sep 27-Nov 29	Tue 6:30-9:30 pm	\$505	AP I
Anatomy & Physiology III	30	Blackwell	Sep 27-Nov 29	Tue 1:30-4:30 pm	\$505	AP I
Business of Massage - Introduction	15	Campbell	Sep 27-Oct 25	Tue 6:30-9:30 pm	\$270	Massage Upper and Lower (Western) Shiatsu SF Clinic (Eastern)
Clinic	45	Solseng	Sep 29-Dec 8	Thu 1-5:30 pm	\$745	Mass Assess/App (may be concurrent)
Clinic	45	Berg	Oct 1-Dec 10	Sat 8:30-1pm	\$745	Mass Assess/App (may be concurrent)
Communication/Ethics	30	Wells	Sep 26-Nov 28	Mon 6:30-9:30pm	\$505	Massage Fund. (may be concurrent)
Dao Yin Stretch	7	Ward	Sep 27-Nov 22	Tue 5:30-6:15 pm	\$120	None
Hydrotherapy	15	Lawrence	Oct 7-9	Fri 6:30-9:30 and Sat-Sun 9am-4pm	\$270	Massage Fund, AP I (AP II recomm.)
Kinesiology - Lower Body	30	Solseng	Sep 29-Dec 8	Thu 6:30-9:30 pm	\$505	Massage Fundamentals, AP I
Kinesiology - Upper Body	30	Solseng	Sep 28-Nov 30	Wed 9am-12pm	\$505	Massage Fundamentals, AP I
Massage - Fundamentals	45	Alexander-Hensley	Sep 27-Nov 29	Tue 6:30-9:30 pm	\$950	None
Massage - Fundamentals	45	Garofalo	Sep 28-Nov 30	Wed 1:30-4:30 pm	\$950	None
Massage - Lower Body	30	Barber-Shams	Sep 28-Dec 7	Wed 6:30-9:30 pm	\$505	Kines Lower (concurrent),Mass-Fund, Comm
Massage - Upper Body	30	Lawrence	Sep 28-Nov 30	Wed 1:30-4:30pm	\$505	Kines Upper (concurrent),Mass-Fund, Comm
Massage - Assessment & Application	30	Dixon	Sep 29-Dec 8	Thu 6:30-9:30pm	\$505	Mass Up & Low, Hydro, Pathology I
Massage Theory	14	Garofalo	Sep 28-Oct 26	Wed 6:30-9:30pm	\$250	Massage Fund. (may be concurrent)
Palpation Skills	15	Hulett	Oct 31-Nov 28	Mon 6:30-9:30pm	\$270	Kines/Mass Up & Low-may be concurrent w/ 2nd courses
Pathology I	30	Blackwell	Sep 29-Dec 8	Thu 6:30-9:30 pm	\$505	AP I (recommended: AP II)
Pathology II	30	Blackwell	Sep 28-Nov 30	Wed 1:30-4:30 pm	\$505	Path I (recommended: AP III)
Shiatsu I	30	Ward	Sep 29-Dec 8	Thu 1:30-4:30 pm	\$505	AP I (may be concurrent)
Shiatsu II	30	Ward	Sep 29-Dec 8	Thu 6:30-9:30 pm	\$505	Shiatsu I
Shiatsu Short Form Clinic	45	Ward	Sep 27-Nov 29	Tue 1pm-5:30pm	\$745	Shiatsu II, Comm/Ethics; Path I-may be concurrent
Shiatsu Short Form Clinic Tutorial	3	Ward	Sep 27-Nov 29	By Appointment	\$90	To be taken concurrently with Shiatsu Clinic
Statutes	6	Solseng	Nov 1 & Nov 8	Tue 6:30-9:30 pm	\$110	Communication/Ethics

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• Elective classes are on the back •  
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# Fall 2016 Elective Class Schedule Portland

Version 5a  
8/19/2016

Class	Hrs	Instructor	Dates	Times	Cost	Prerequisites
Active Isolated Stretching-Lower Body	16	Morton	Oct 1-2	Sat-Sun 9am-6pm	\$355	Massage-Lower or LMT
Advanced Bodywork for Women's Health	14	Stager	Nov 12-13	Sat-Sun 9am-5pm	\$325	LMT or instructor approval
CPR	3	Hueller	Oct 15	Sat 9:30-12:30pm	\$35	None
CPR	3	Hueller	Oct 15	Sat 1:30-4:30pm	\$35	None
Cupping & Gua Sha - Theory and Technique	15	King	Nov 12-13	Sat-Sun 9am-5:30pm	\$350	Mass Fund or Shiatsu I
Dao Yin Stretch	7	Ward	Sep 27-Nov 22	Tue 5:30-6:15 pm	\$120	None
Ethical Boundary Setting	4	Wells	Sep 19	Mon 5:30-9:30pm	\$90	Comm/Ethics or LMT
Ethical Boundary Setting	4	Wells	Dec 12	Mon 5:30-9:30pm	\$90	Comm/Ethics or LMT
Foot Reflexology Basics	7.5	Butler	Oct 1	Sat 9am-5:30pm	\$165	None
Hakomi - Tapping into the Body Wisdom	6	Ireland	Nov 6	Sun 9am-4pm	\$130	Massage Fundamentals or equivalent
Heart Centered Ethics - Part I	6	Ireland	Oct 23	Sun 9am-4pm	\$130	Communication/Ethics or LMT
Insurance Billing for LMTs	6	Campbell	Oct 15	Sat 9:30am-4pm	\$135	Massage Fund or equivalent.
Lymphatic Detox Introduction	9	Dixon	Oct 21-22	Fri 6:30-9:30pm; Sat 10am-5pm	\$180	Massage - Fundamentals
Lymphatic Massage for Lower Extremities	15	Dixon	Sep 30-Oct 2	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$325	Lymph Intro or equivalent
Manual Ligament Therapy Introduction	8	Morton	Sep 30	Fri 9am-6pm	\$175	None, API recommended
Massage Basics	no CEs	Alexander-Hensley	Oct 5-26	Wed 6-8:30pm	\$80	None
Massage for People Living with Cancer	24	MacDonald	Nov 18-20	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	\$490	Massage - Fundamentals
Myofascial Massage - Direct Method	15	Dixon	Nov 4-6	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	\$325	Massage Fundamentals
Myofascial Trigger Point Therapy	15	Libby	Oct 29-30	Sat-Sun 9am-5:30pm	\$325	Kines - Upper or Lower Body
Neuromuscular Therapy Introduction	3	Pleau	Oct 3	Mon 6:30-9:30pm	\$65	AP I, Kines-Up or Low or equivalent
Neuromuscular Therapy - Shoulder & Arm	15	Pleau	Oct 8-9	Sat-Sun 9am-5:30pm	\$325	NMT Intro
Positional Release for CCAs/LMTs	3	Pleau	Nov 6	Sun 1:30-4:30pm	\$65	CCA or Mass-Fund. Kines Up rec
Power of Conscious Engagement	4	Welton-Miller	Oct 18	Tue 9am-1pm	\$85	None
Pregnancy: Massage Fundamentals	8	Stager	Nov 4	Fri 9am-6pm	\$185	Massage Fundamentals
Pregnancy: Prenatal Bodywork Certification	32	Stager	Nov 4-7	Fri-Mon 9am-6pm	\$695	Massage - Upper and Lower Body or equivalent
Pregnancy: Massage & Acupressure for Birth	4.5	Stager	Nov 9	Wed 1-5:30pm	\$125	None.
Pregnancy: Bodywork for the New Mother	8	Stager	Nov 11	Fri 9am-6pm	\$185	Massage - Upper or Lower, A&P I; Preg Mass recomb.
Qigong	3	Dixon	Oct 9	Sun 1-4pm	\$65	None
Reflexology Variations	7.5	Butler	Dec 3	Sat 9am-5:30pm	\$165	None
Reiki Healing - 1st Degree	18	Coppieters	Oct 28-30	Fri 6-8pm; Sat-Sun 9am-6pm	\$305	None
Reiki 2nd Degree at Breitenbush	18	Coppieters	Nov 4-6	Fri 6pm-Sun 3:45pm	\$595	Reiki 1st degree (at least 6 months prior)
Shamanism Today	18	Coppieters	Dec 9-11	Fri 6-8pm; Sat-Sun 9am-6pm	\$380	None
Shiatsu I	30	Ward	Sep 29-Dec 8	Thu 1:30-4:30 pm	\$505	AP I (may be concurrent)
Shiatsu II	30	Ward	Sep 29-Dec 8	Thu 6:30-9:30 pm	\$505	Shiatsu I
Shiatsu Short Form Clinic	45	Ward	Sep 27-Nov 29	Tue 1pm-5:30pm	\$745	Sh II, Comm/Ethics; Path I -may be concurrent
Shiatsu III - Long Form (Back)	30	Ward	Sep 27-Nov 29	Tue 6:30-9:30pm	\$615	SF Clinic
Shiatsu Long Form Clinic	40	Ward	Sep 27-Nov 29	Tue 1:30-5:30pm	\$680	Shiatsu III and IV
Thai Massage - Level II	30	Weitzer	Nov 5-Nov 20	Sat-Sun 9am-5:30pm	\$590	Thai I (held at Yoga Yurt)
Vision Issues & Chronic Upper Body Tension	13	Sinclair	Nov 19-20	Sat-Sun 9am-5pm	\$285	LMT
Working with TMD Patients	12	Dixon	Dec 3-4	Sat-Sun 10am-5pm	\$260	Mass - Upper Body, willingness to

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 : Keep your eyes open for updated versions! :  
 : New classes may be added. :  
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Tuition is due at time of registration. This includes first payment of Tuition Agreements.