



# Oregon School of Massage ~ Winter 2019 Book List



## CORE CLASSES - REQUIRED TEXTS

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I, II & III	<i>Anatomy &amp; Physiology, 3rd ed.</i>	Premkumar	\$89.95	978-0-7817-5922-9
	<i>Anatomy Coloring Book, 4th ed.</i>	Kapit	\$24.50	978-0-321-83201-6
	<i>API - Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	Sohnen-Moe	\$35.00	978-188290-8059
Clinic	<i>Recommended: Save your Hands!</i>	Greene & Goggins	\$39.95	978-0-9679549-1-2
Communication/Ethics	<i>People Skills</i>	Bolton	\$16.00	978-0-671-62248-0
	<i>Educated Heart 4th ed.</i>	McIntosh	\$62.39	978-1-4963-4731-2
Hydrotherapy	<i>Modern Hydrotherapy for the Massage Therapist</i>	Sinclair	\$58.00	978-0-7817-9209-7
Kinesiology Upper & Lower	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide Student Workbook, 5th ed.</i>	Biel	\$24.95	978-0-9829786-6-5
	<i>Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Massage Assessment & Application	<i>Clinical Massage Therapy</i>	Rattray & Ludwig	\$99.50	0-9698177-1-1
	<i>Recommended: Hands Heal 4th ed.</i>	Thompson	\$45.00	978-1609133870
Massage Fundamentals	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	Pearson Custom Library	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	Benjamin	\$98.95	978-0-13-408269-1
Massage Theory	<i>Recommended: Discovering the Body's Wisdom</i>	Knaster	\$22.95	978-0-553373-271
Massage Upper and Massage Lower	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	Pearson Custom Library	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	Benjamin	\$98.95	978-0-13-408269-1
Palpation Skills	<i>Trail Guide to the Body 5th ed.</i>	Biel	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide to Movement</i>	Biel	\$45.95	978-0-9914666-2-7
Pathology I & II	<i>Massage Therapists Guide to Pathology 6th ed.</i>	Werner	\$84.00	978-1-4963-1082-8
Shiatsu I & II	<i>Shiatsu I &amp; II: Shiatsu Short Form Handbook</i>	Cleaver	\$25	N/A

**CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS**

<b>Course</b>	<b>Textbook</b>	<b>Author</b>	<b>Price</b>	<b>ISBN#</b>
Aromatherapy Foundations - Part II & IV	<i>Required: Aromatherapy for Body Workers</i>	<i>Shutes &amp; Weaver</i>	\$77.00	978-0-1317373-7-2
	<i>Recommended: Jennscents</i>	<i>Pressimone</i>	\$45.00	978-0-9971463-0-1
	<i>Recommended: The Complete Guide to Aromatherapy</i>	<i>Battaglia</i>	\$87.50	978-0-6464289-6-3
Building Your Ethical Body	<i>Recommended: Body Mechanics and Self Care Manual</i>	<i>Dixon</i>	\$57.50	0-8385-0747-6
Craniosacral Therapy Introduction	<i>Recommended: Myofascial Massage</i>	<i>Dixon</i>	\$58.95	0-7817-4832-1
	<i>Recommended: Heart of Listening Vol 1</i>	<i>Milne</i>	\$29.95	978-1556432798
	<i>Recommended: Heart of Listening Vol 2</i>	<i>Milne</i>	\$35.00	978-1556432804
Ethical Boundary Setting	<i>Recommended: Educated Heart 4th ed.</i>	<i>McIntosh</i>	\$62.39	978-1-4963-4731-2
Lymphatic Detox Introduction	<i>Recommended: Body Mechanics and Self Care Manual</i>	<i>Dixon</i>	\$57.50	0-8385-0747-6
Massage for People Living with Cancer	<i>Required: Medicine Hands</i>	<i>MacDonald</i>	\$39.95	978-1-84409-639-8
Myofascial Massage - Intro	<i>Required: Myofascial Massage</i>	<i>Dixon</i>	\$58.95	0-7817-4832-1
	<i>Recommended: Body Mechanics and Self Care Manual</i>	<i>Dixon</i>	\$57.50	0-8385-0747-6
NMT- Intro / The Spine	<i>Required: Any Kinesology Text</i>	<i>Various</i>	<i>Various</i>	<i>Various</i>
Recordkeeping / Tax Reporting	<i>Recommended: Can I Deduct That?</i>	<i>Bowman</i>	\$8.55	N/A
Shiatsu III	<i>Required: Shiatsu Long Form Handbook</i>	<i>Clever</i>	\$25.00	N/A
Working with TMD Patients	<i>Recommended: Myofascial Massage</i>	<i>Dixon</i>	\$58.95	0-7817-4832-1
	<i>Recommended: Body Mechanics and Self Care Manual</i>	<i>Dixon</i>	\$57.50	0-8385-0747-6