

## OREGON SCHOOL OF MASSAGE ~ Fall 2020 Book List

Course	Textbook	Author	Price	ISBN#
Anatomy & Physiology - I, II & III	<i>Anatomy &amp; Physiology, 3rd ed.</i>	<i>Premkumar</i>	\$89.95	978-0-7817-5922-9
	<i>Anatomy Coloring Book, 4th ed.</i>	<i>Kapit</i>	\$24.50	978-0-321-83201-6
	<i>AP I - Recommended: Trail Guide to Movement</i>	<i>Biel</i>	\$45.95	978-0-9914666-2-7
Business of Massage - Introduction	<i>Business Mastery, 5th ed.</i>	<i>Sohnen-Moe</i>	\$35.00	978-188290-8059
Clinic	<i>Recommended: Save your Hands!</i>	<i>Greene &amp; Goggins</i>	\$39.95	978-0-9679549-1-2
Kinesiology Upper & Lower	<i>Trail Guide to the Body 5th ed</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>Recommended: Trail Guide Student Workbook, 5th ed.</i>	<i>Biel</i>	\$24.95	978-0-9829786-6-5
	<i>Recommended: Trail Guide to Movement</i>	<i>Biel</i>	\$45.95	978-0-9914666-2-7
Massage Assessment & Application	<i>Clinical Massage Therapy</i>	<i>Rattray &amp; Ludwig</i>	\$99.50	0-9698177-1-1
	<i>Recommended: Hands Heal 4th ed.</i>	<i>Thompson</i>	\$45.00	978-1609133870
Massage Theory	<i>Recommended: Discovering the Body's Wisdom</i>	<i>Knaster</i>	\$22.95	978-0-553373-271
Massage Upper and Massage Lower	<i>Trail Guide to the Body 5th ed.</i>	<i>Biel</i>	\$64.95	978-0-9829786-5-8
	<i>OSM Healing Massage Techniques OR</i>	<i>Pearson Custom Library</i>	\$60.00	1-323-34918-9
	<i>Tappan's Handbook of Massage Therapy, 6th ed.</i>	<i>Benjamin</i>	\$98.95	978-0-13-408269-1
Pathology I & II	<i>Massage Therapists Guide to Pathology 6th ed.</i>	<i>Werner</i>	\$84.00	978-1-4963-1082-8

### CE/ELECTIVE CLASSES - REQUIRED & RECOMMENDED TEXTS

Course	Textbook	Author	Price	ISBN#
Aromatherapy Foundations - Part II	<i>Aromatherapy for Body Workers</i>	<i>Shutes &amp; Weaver</i>	\$77.00	978-0-1317373-7-2
	<i>Recommended: Jennscents</i>	<i>Pressimone</i>	\$45.00	978-0-9971463-0-1
	<i>Recommended: The Complete Guide to Aromatherapy</i>	<i>Battaglia</i>	\$87.50	978-0-6464289-6-3

## What to Bring First Day of Class

CLASS	MATERIALS FOR FIRST CLASS	ASSIGNMENT for FIRST CLASS
API	Writing materials, textbooks	Premkumar: Ch. 1 pp 1-15 (3rd ed)
AP III	Writing materials, textbooks	Premkumar: Ch. 1 pp 1-41 (3rd ed)
Clinic	Writing materials, textbooks	Clinic handout packet to be mailed
Business	Writing materials, textbooks	None
Kinesiology Lower	Sheets, face cradle cover, oil/lotion, bolster (opt.) , writing materials, text	Biel: Ch. 1 & Ch. 6, pp. 276-305, 315-318, 328-331
Kinesiology Upper	Sheets, face cradle cover, oil/lotion, bolster (opt.) , writing materials, text	Biel: Ch. 1 & Ch. 2, pp. 46-68, 71-73, 89-91, 9-106
Massage Assessment and Application	Sheets, face cradle cover, oil/lotion, bolster (opt.) , writing materials, text	Rattray: Ch. 9 and 17
Massage Upper	Sheets, face cradle cover, oil/lotion, bolster (opt.) , writing materials, text	Tappan: Review Ch. 9, read Ch. 15. Custom: review medical terminology. Read Regional Application-Upper Body, and Biel: Ch. 1
Massage Lower	Sheets, face cradle cover, oil/lotion, bolster (opt.) , writing materials, text	Tappan: Review Ch. 9, read Ch. 16. Custom: review medical terminology. Read Regional Application - Lower Body, Biel: Ch. 1
Pathology 1	Writing materials, textbook	Werner: xi-xxii (5th) or Werner xii-xix (6th)
Pathology 1	Writing materials, textbook	Werner: Ch. 6
Statutes	Writing materials	Read Pages 1-4 of Oregon Blue Book (To be emailed with Statues confirmation letter.)