

WESTERN FOCUS: COURSE HOURS AND TRACKING GUIDE

Core Courses (Prerequisites)	Hrs	1	2	3	4	5	6	7	8
Anat & Phys I	30								
Anat & Phys II (A&P I)	30								
Anat & Phys III (A&P I)	30								
Kinesiology Upper (A&P I)	30								
Kinesiology Lower (A&P I)	30								
Pathology I (A&P I, <i>recommended</i> : A&P II)	30								
Pathology II (Path I, <i>recommended</i> : A&P II, A&P III)	30								
Massage Fundamentals	45								
Massage Upper (Kines Upper - <i>may be concurrent</i> , Mass I, AP I, Comm)	30								
Massage Lower (Kines Lower - <i>may be concurrent</i> , Mass I, AP I, Comm)	30								
Massage Assessment (Path II - <i>may be concurrent</i> , Hydro, Mass Upper & Lower)	30								
Shiatsu I (None)	30								
Hydrotherapy (Mass I, Intro to A&P or equiv., rec: A&PII) *	15								
Communication/Ethics (Mass Fundamentals - <i>may be concurrent</i>)	30								
Clinic (Mass Assessment - <i>may be concurrent</i>)	45								
Business of Massage (Mass Upper & Mass Lower) **	15								
Statutes (<i>recommended</i> : End of Program) ***	5								
Total Health Sciences & Bodywork	485								
Electives									
Elective Total	70								
Total	555								

* Hydrotherapy is offered in 5-Week or Weekend Intensive Formats

**Business of Massage is offered in a 5-Week Format

***Statutes is offered in a 2-Session Format