

EASTERN FOCUS: COURSE HOURS AND TRACKING GUIDE

Courses (Prerequisites)	Hrs	1	2	3	4	5	6	7	8
Anat & Phys I	30								
Anat & Phys II (A&P I)	30								
Anat & Phys III (A&P I)	30								
Kinesiology Upper (A&P I)	30								
Kinesiology Lower (A&P I)	30								
Pathology I (A&P I, recommended : A&P II)	30								
Pathology II (Path I, recommended : A&P II, A&P III)	30								
Communication/Ethics (Mass Fundamentals - may be concurrent)									
Business of Massage (Mass Upper & Mass Lower or Shiatsu SFC) **	15								
Statutes (recommended : End of Program) ***	5								
Massage Fundamentals (None)									
Massage Upper (Kines Up - may be concurrent ,Mass I, AP I, Comm)	30								
Massage Lower (Kines Low - may be concurrent ,Mass I, AP I, Comm)	30								
Hydrotherapy (Mass I, API, rec: A&PII) *	15								
Eastern Focus Classes									
Shiatsu I (None)	30								
Shiatsu II (Shiatsu I)	30								
Shiatsu Short Form Clinic (Shiatsu II, Comm/Ethics, Path I)	45								
Tutorial (Short Form Clinic)	3								
Shiatsu III (Short Form Clinic) - Offered Every Spring, Some Fall	30								
Shiatsu IV (Shiatsu III) - Offered Every Summer, Some Winter	30								
Dao Yin or Tai Chi (None)	7								
Total	555								

* Hydrotherapy is offered in a 5-Week or Weekend Intensive Format

** Business of Massage is offered in a 5-Week Format

*** Statutes is offered in a 2-Session Format