



Portland Campus

9500 SW Barbur Blvd #100, Portland, OR 97219 • 1-800-844-3420

September	CLASS	INSTRUCTOR	TIME	CEs	PRICE
Sep 10-11	Natural Vision Improvement and Self Healing	*Schneider	Sat-Sun 10am-5:30pm	14**	\$325
Sep 16-18	Craniosacral Therapy: Level I	Dixon	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	15**	\$325
Sep 17	Alexander Method Introduction *	Harrison	Sat 9am-1pm	4	\$90
Sep 19	Ethical Boundary Setting	Wells	Mon 5:30-9:30pm	4	\$90
Sep 27-Nov 29	Shiatsu III - Long Form (Back)	Ward	Tue 6:30-9:30pm	30**	\$615
Sep 29-Dec 8	Shiatsu I - Short Form (Back)	Ward	Thu 1:30-4:30pm	30**	\$505
Sep 29-Dec 8	Shiatsu II - Short Form (Front)	Ward	Thu 6:30-9:30pm	30**	\$505
Sep 30-Oct 2	Lymphatic Massage for Lower Extremities	Dixon	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	15**	\$325
Sep 30	Manual Ligament Therapy Introduction	Morton	Fri 9am-6pm	8	\$175
October	CLASS	INSTRUCTOR	TIME	CEs	PRICE
Oct 1	Foot Reflexology Basics *	Butler	Sat 9am-5:30pm	7.5**	\$165
Oct 1-2	Active Isolated Stretching - Lower Body	Morton	Sat-Sun 9am-6pm	16**	\$355
Oct 3	Neuromuscular Therapy Introduction	Pleau	Mon 6:30-9:30pm	3**	\$65
Oct 5-26	Massage Basics *	Alexander-Hensley	Wed 6-8:30pm	No CEs	\$80
Oct 8-9	Neuromuscular Therapy - Shoulder & Arm	Pleau	Sat-Sun 9am-5:30pm	15**	\$325
Oct 9	Qigong *	Dixon	Sun 1-4pm	3	\$65
Oct 15	CPR * (2 sections 9:30-12:30 or 1:30-4:30)	Hueller	Sat am or pm	3	\$35
Oct 15	Insurance Billing for LMTs	Campbell	Sat 9:30am-4pm	6**	\$135
Oct 18	Power of Conscious Engagement *	Welton-Miller	Tue 9am-1pm	4**	\$85
Oct 21-22	Lymphatic Detox Introduction	Dixon	Fri 6:30-9:30pm; Sat 10am-5pm Sun 9am-4pm	9**	\$180
Oct 23	Heart Centered Ethics - Part I	Ireland	Sun 9am-4pm	6**	\$130
Oct 28-30	Reiki Healing - 1st Degree *	Coppieters	Fri 6-8pm; Sat-Sun 9am-6pm	18**	\$305
Oct 29-30	Myofascial Trigger Point Therapy	Libby	Sat-Sun 9am-5:30pm	15**	\$325
November	CLASS	INSTRUCTOR	TIME	CEs	PRICE
Nov 4-6	Myofascial Massage - Direct Method	Dixon	Fri 6:30-9:30pm; Sat-Sun 9am-4pm	15**	\$325
Nov 4	Pregnancy Massage: Fundamentals	Stager	Fri 9am-6pm	8**	\$185
Nov 4-7	MotherTouch™ Prenatal Bodywork Certification	Stager	Fri-Mon 9am-6pm	32**	\$695
Nov 4-6	Reiki 2nd Degree at Breitenbush *	Coppieters	Fri 6pm-Sun 3:45pm	18**	\$595
Nov 5-Nov 20	Thai Massage - Level II	Weitzer	Sat-Sun 9am-5:30pm	30**	\$590
Nov 6	Hakomi - Tapping into the Body Wisdom	Ireland	Sun 9am-4pm	6**	\$130
Nov 6	Positional Release for CCAs & LMTs	Pleau	Sun 1:30-4:30pm	3**	\$65
Nov 9	Pregnancy Massage & Acupressure for Birth *	Stager	Wed 1-5:30pm	4.5**	\$125
Nov 11	Pregnancy Massage: Bodywork for New Mother	Stager	Fri 9am-6pm	8**	\$185
Nov 12-13	Advanced Bodywork for Women's Health	Stager	Sat-Sun 9am-5pm	14**	\$325
Nov 12-13	Cupping & Gua Sha - Theory and Techniques	King	Sat-Sun 9am-5:30pm	15	\$350
Nov 18-20	Massage for People Living with Cancer	MacDonald	Fri 9:30am-6:30pm; Sat-Sun 9am-6pm	24**	\$490
Nov 19-20	Vision Issues & Chronic Upper Body Tension	Sinclair	Sat-Sun 9am-5pm	13	\$285
December	CLASS	INSTRUCTOR	TIME	CEs	PRICE
Dec 3	Reflexology Variations *	Butler	Sat 9am-5:30pm	7.5**	\$165
Dec 3-4	Working with TMD Patients	Dixon	Sat-Sun 10am-5pm	12**	\$260
Dec 9-11	Shamanism Today *	Coppieters	Fri 6-8pm; Sat-Sun 9am-6pm	18	\$380
Dec 12	Ethical Boundary Setting	Wells	Mon 5:30-9:30pm	4	\$90

Call 1-800-844-3420 to register for classes!

We encourage you to register at least 10 days prior to start date to ensure class availability.

Salem Campus

2111 Front St NE #3-101, Salem, OR 97301 • 1-877-588-8912

September	CLASS	INSTRUCTOR	TIME	CEs	PRICE
Sep 11	Soft Tissue Intensive for CCAs & LMTs	Pleau	Sun 1-5pm	4**	\$100
Sep 28-Nov 23	Dao Yin Stretch *	Zermer	Wed 5:15- 6pm	7**	\$120
Sep 28-Dec 7	Shiatsu II - Short Form (Front)	Zermer	Wed 6:30-9:30pm	30**	\$505
October	CLASS	INSTRUCTOR	TIME	CEs	PRICE
Oct 7-9	Tension Headache Treatments	Barber-Shams	Fri 6:30-8:30pm; Sat-Sun 9:30am-5:30pm	16**	\$340
Oct 15	Body Mechanics for Massage Therapists	Lawrence	Sat 9am-6pm	8**	\$175
Oct 15-Nov 5	Massage Basics *	Williams	Sat 10:30am-1pm	No CEs	\$80
Oct 21-23	Thai Massage - Level I	Weitzer	Fri 6:30-8:30pm; Sat-Sun 9am-5pm	16**	\$375
Oct 28	Mind Body Connection - Hakomi *	Ireland	Fri 6:30-9:30pm	3**	\$65
November	CLASS	INSTRUCTOR	TIME	CEs	PRICE
Nov 5	On-Site Chair Massage I	Solseng	Sat 9am-5pm	7**	\$150
Nov 5-6	Recordkeeping/Tax Reporting	Bowman	Sat-Sun 9am-4pm	12**	\$260
Nov 12-13	Polarity Therapy - I *	Finn	Sat-Sun 9am-6pm	16	\$335
Nov 19-20	Chiropractic Assistant Certification Class (6 hrs apply for LMT CEs)	Pleau	Sat-Sun 9am-4pm	12**	\$240
Nov 19	CPR *	Hueller	Sat 9:30-12:30pm	3	\$35
December	CLASS	INSTRUCTOR	TIME	CEs	PRICE
Dec 3	Aromatherapy Foundations - Part I *	Roemmel	Sat 9am-5:30pm	7.5**	\$240

* Indicates Community Education Class

** Indicates NCBTMB Approved



CLASS SPOTLIGHT - NEW CLASSES!

Advanced Bodywork for Women's Health

Nov 12-13 Sat-Sun 9am-5pm 14CEs \$325
Utilizing various bodywork techniques, including cranial-sacral therapy, acupressure, scar tissue work, myofascial release, Swedish massage we address women's health concerns as follows: **Abdominal Massage:** Abdominal massage helps support intestinal peristalsis, respiratory diaphragm release, reduction of scar tissue, and centering and rooting into one's core. **Bodywork for the Womb and Pelvic Organs:** Learn to palpate uterus and ovaries, round ligaments, and other pelvic structures and apply deep and subtle abdominal techniques to help nourish and mobilize the womb, increase circulation and address infertility, menstrual cramps, pelvic pain, mild organ prolapse, adhesions. **Bodywork for the Sacrum/Pelvis:** Techniques to enhance mobility, balance, and comfort to sacro-iliac joint, sacrum, pelvic floor attachments. Communication and ethical considerations for this work are covered in 4 hours of this class. NCBTMB Approved.
Leslie Stager RN, LMT #3472

Cupping & Gua Sha - Theory and Techniques

Nov 12-13 Sat-Sun 9am-5:30pm 15CEs \$350
In this 15 hour class we explore the simple, yet profound techniques of Cupping and Gua Sha. Cupping has become increasingly popular as an adjunct therapy to relieve pain and promote healing. Gua Sha is a traditional Chinese method of addressing muscular tension and supporting immune function. This course will include both lecture and practical application. We will cover indications for both techniques as well as contraindications. This will include a very basic introduction to Chinese Medicine theory, so that a student can understand the context of the traditional use for these adjunct therapies. At the end of this weekend workshop a student will be able to appropriately apply both Cupping and Gua Sha techniques, within their scope of practice. Tuition includes a set of cups and pump.
Harry King, L.Ac.

Please note there is a \$25 fee charged for dropping a class once registered.

OSM Events

LMT Gathering - Sept 9 at 7pm - FREE
Vision for Life with Meir Schneider - SALEM CAMPUS

Know Somebody Interested in Massage?

We have the perfect way to learn more about this rewarding and handmade career. OSM offers a fun, informative 2-hour Preview as an introduction to our unique massage training program. Discover how OSM teaches students to listen to the body with Hands, Heart, and Mind. All attendees will receive a gift certificate to enroll in a free Massage Basics Class. Please call to RSVP for an upcoming Preview: 1-800-844-3420 (Portland) or 1-877-588-8912 (Salem).

Upcoming Massage Training Previews

Portland Salem

Sat, Sep 10 at 10am	Sat, Sep 17 at 10am
Sat, Oct 22 at 10am	Thu, Oct 27 at 6:30pm
Wed, Nov 16 at 6:30pm	Sat, Nov 19 at 10am
Sat, Dec 10 at 10am	Thu, Dec 8 at 6:30pm
Tue, Jan 3 at 6:30pm	Wed, Jan 4 at 6:30pm

Upcoming Terms: Fall—Sep 26; Winter—Jan 9; Spring—Apr 3

OSM STORE SALE — October 26 & 27

20% OFF *Select items only while supplies last*

SALE ITEMS INCLUDE: Bolsters, holsters, linens, fleece covers, table warmers, massage lotions, oils and creams, music and DVDs.



The OSM store carries a wide selection of products for bodywork students, practitioners and the general public. In addition to our comprehensive collection of reference and special-topic books, Oregon School of Massage features massage tables and chairs for sale and rent.

BRANDS WE CARRY: Biotone, Pure Pro, Sacred Earth, BioFreeze, Sombra, Prossage, Earthlite, Stronglite and more!

Oregon School of Massage is committed to providing a holistic education that integrates the body, mind, heart and spirit.

FALL 2016 CE CALENDAR

Oregon School of Massage
9500 SW Barbur Blvd. #100
Portland, OR 97219



Accredited by
Advanced[™]

www.OregonSchoolofMassage.com



OREGON SCHOOL of MASSAGE
FALL 2016
Continuing Education Calendar



**Marian Wolfe Dixon,
MA, LMT, CHT**

Marian Wolfe Dixon, MA, LMT, CHT

Marian currently practices massage and hypnotherapy and teaches qigong/tai chi in SE Portland and is the author of *Myofascial Massage*, *Bodylessons* and *Body Mechanics and Self-Care Manual*. Marian's bodywork practice focuses on people with medically complex profiles including people with cancers, MVA recovery, MS, Parkinson's and pre- and post-surgery issues. She regularly incorporates myofascial, craniosacral & lymphatic techniques with her patients. She has been teaching critical thinking, palpatory acuity, ease and efficiency through classes in Massage, Craniosacral, Lymphatic, Myofascial, TMD techniques, Prenatal Massage and Movement Therapies, and Anatomy and Physiology since 1992. This Fall Marian is offering 2 new classes at OSM. We invite you to experience this wise and engaging instructor!

Myofascial Massage - Direct Method

Nov 4-6 **Fri 6:30-9:30pm; Sat-Sun 9am-4pm** 15CEs \$325

In this course, students will learn an ordered and systematic way of applying sustained and focused pressure to achieve connective tissue release for each region of the body. Adaptations for specific complaints will be discussed. Communication and body mechanics are important components of the direct method and will also be practiced in class as part of the work. (NCBTMB Approved)

Lymphatic Massage for Lower Extremities

Sep 30-Oct 2 **Fri 6:30-9:30pm; Sat-Sun 9am-4pm** 15CEs \$325

This class focuses on rejuvenating and detoxifying the Lower Extremities, including the abdomen. A simple protocol to drain the lower body of toxins is taught and students are reminded of self-care practices to enhance detoxification and speed healing - moving, stretching and breathing and the application of cold and heat therapy. (NCBTMB Approved)

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